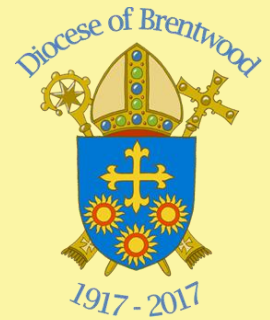


CONTACT

No. 1456 – Friday 15th February 2019



Dear Parents and Pupils,

Half-Term Holiday - A reminder that we break up for the half-term holiday at 3.30pm today following our much anticipated House Music Competitions which we shall report on after the half term break. It has been a busy concluding day with 40 of our students joining the national student protest on climate change by taking time in school to organise their protest. They will be using their skills of persuasive writing to draw the attention of their local MPs to ensure their voice is heard on an important issue for this generation, as reflected in the focus for student voice in our school this year. I hope that you all have a restful and blessed half term break and encourage all students to make use of the time to organise their studies and undertake active study and planned revision in order to prepare for forthcoming examinations, especially for those who are preparing to sit public examinations next term. The second half of the term begins on Monday 25th February, (Timetable Week 2).

Weekly Prayer

*Thank you, Jesus, for accepting me just as I am.
Thank you for being by my side throughout each day.
Help me to see with your eyes,
judge all things in your light and act with love in my heart.
Amen*

Weekly Mass – Students from Form 9D gathered together in the Chapel to celebrate their Mass at lunchtime along with members of staff. We were pleased to welcome Father Jeff Woolnough. My thanks to all the students who led us in prayer, served at Mass and proclaimed the readings.

consist
- verbs: comprise, contain, include, incorporate

Science: The compound calcium carbonate consists of one calcium atom, one carbon atom and three oxygen atoms.
Religious Studies: The Islamic faith has five constituent parts, called the five pillars: Shahada, Salah, Zakat, Sawm and Hajj.

con-sist
Latin: con (with or together) Latin: sistere (stand)

Who might use this word? material engineer, nutritionist, upholsterer.

Word of the Week: Special congratulations this week to: Otis Smith, Robert Wickham, Montgomery Durski, Marcus Pooley, Kenneth Mercado and Adesoji Adesola for their use of the words of the week in a range of lessons over the past fortnight. Keep up the good work! Mr Jenkins, Teaching and Learning Leader

Year 8 Retreat - A reminder that Year 8 Retreats will be taking place after half term, **please note that 8A and 8P** have changed their day:-

- Tuesday 26th February 2019 Form 8P and Form 8S
- Wednesday 27th February 2019 Form 8D and Form 8A
- Thursday 28th February 2019 Form 8G

Clothing: Students need to come to school in non-uniform for their retreat day. The team at Abbotswick have suggested that comfortable clothes and old trainers are to be worn as students will be allowed outside for break and lunch, so inexpensive clothes or shoes, which you won't mind getting muddy.

Lunch: Each student to bring a packed lunch

Mobile phones: There is no need for students to have their phones on them during the day at Abbotswick. It is a retreat day and normal school rules apply. Any student who does not follow this rule, may have their phone confiscated. Please reiterate this message to your son before his retreat day. Mrs Maxfield, Chaplaincy Co-ordinator.

KS3 English Booster Class will run on Tuesday 26 February in E4 (and the library for the initial group of five readers) between 3.30pm and 4.15pm. We hope that you have a relaxing and fulfilling half-term. Mr Robinson & Mrs Caten



Go Green and Recycle - The schools recycling initiative is now well under way and we are looking at how parents can help us with this scheme. When you send your son or daughter to school with drinks, snacks or packed lunch, do you consider the packaging you use? Instead of sending in shop bought bottles of water/cans or bottles being purchased from school and then immediately after being chucked away, why not invest in a reliable and sustainable water bottle that can be reused through-out your child's school life, saving both money and helping the environment at the same time. Whilst single use bottles can be recycled often the plastic is a

low grade so it cannot be re-used for drink products again.

Packed lunch boxes are also the perfect piece of equipment to use for break and lunch times. Instead of using cling film, tin foil or plastic sandwich bags, that end up on the floor or going to landfill, why not look at the huge range of improved lunch boxes that are now available on the market. So many of them now have separate compartments for different food types, plastic knife and forks so lunch doesn't have to be the same sandwich every day and can keep food warm.

The water bottles and packed lunch boxes can be bought from so many different places now, so next time you are out shopping or online, why not make that small change, a little difference becomes big difference when we all help.

Miss Myhill, School Recycling Committee Lead



Photography Club – Pupils in all year groups and staff are invited to join a new photography club. We will learn the basics of camera use, the composition of images and eventually photo manipulation through editing. The club will be held every Week 2 Wednesday at 3:30pm for an hour. We will initially meet in G3, although over the course of the year we will make the most of the school grounds with potential extra-curricular trips. The first meet will be Wednesday 27th February, this will be for 30 minutes with no need to bring a camera into school. Mr West.

Performing Shakespeare Competition - Students across year 7 and 8 competed in the first round of the Performing Shakespeare competition. We were astounded by the level of talent on display and the hard work that had gone into learning their lines! The audience were delighted with monologues from The Merchant of Venice, Othello and A Midsummer Night's Dream. Well done to all our performers: Ryan Obi, Isaac Nai, Owen Storey and, our winner, Don Sunil. Don will now go through to the next round of the competition in London! A special mention to Peter Monk and Clare Mason for taking time out of their busy schedules to judge this round of the competition and to Mrs Caten and Mr Jenkins for their continued support in running this competition.



Public Speaking - This week our KS4 public speaking team travelled to Anglia Ruskin University to compete in the second round of the English Speaking Union Public Speaking event. Our speaker, George Pierre, eloquently delivered a speech on the subject of Veganism and making small changes to our everyday habits. Our chair and questioner also performed well on the night with our questioner, Mads Bowden, winning the prize for best speaker. I would like to congratulate Mads Bowden, George Pierre and James Anderson for their success in public speaking. Pictured is George Pierre presenting Mrs Kadwill with a token of appreciation given to teachers by the ESU to the coaches who had helped to prepare students for competition.



Spanish Spelling Bee - Yesterday, we had the Spanish Spelling Bee Competition with the participation of Y7 students: Salvador Louveiro 7A and Joshua Erbynn 7A.

The students were very competitive, performed well and they achieved points for their Houses and a Certificate of participation. Well done boys!

Special thanks to some of the boys from Y10B Sp1; Joe Dowler, David Ohemeng, Flynn Tucker and our star photographer Owen Spooner.

This has been a cross curricular activity with History and ICT about the Spanish Armada. Our next event will be about story telling in Spanish a cross curricular activity with the English Department in the summer term. Well done to all those involved. Mrs Williams (Spanish teacher)

World Book Day - To celebrate world book day we have some exciting events coming up which include Extreme reading challenge for students and teachers, design a National book token competition which has fabulous prizes for both the students and the school (£100 book token for child, £250 for the School).

EXTREME READING CHALLENGE FOR WORLD BOOK DAY
7 MARCH 2019

Remember to include your name and form!

AMAZON GIFT VOUCHER FOR BEST PHOTO!

Have Fun!

YOU MUST NOT PUT YOURSELF OR ANYONE ELSE IN DANGER!

Enter your 'Extreme Reading' photo to Mrs Courtney in the Library
or email them to: acourtney@st-thomasmore.southend.sch.uk

Reminder to Year 12 parents - Trip to University and Apprenticeship Fair at the Emirates - We plan to take Year 12 students to the UK University Search Fair London. This is being hosted at the Emirates Stadium, on Friday 1st March and is free to enter. This exciting and informative event will provide attendees with the opportunity to speak to a multitude of universities; including Oxford, Russell Group, red brick and modern institutions. A wide variety of the UK's best apprenticeship providers, HE colleges, specialist institutions, and student related organisations will also attend. Exhibitors will be featured in three huge halls overlooking the famous pitch. Seminars will take place within a large theatre style space. The fair is for students of all ability ranges and aims to widen participation as well as cater for higher academic achievers. Deadline for places 26th February on the school gateway.



GCSE French Revision Sessions- Year 11

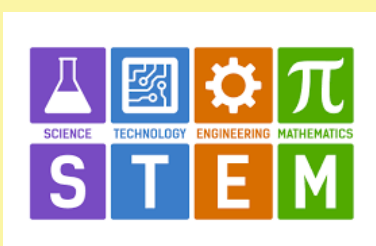
GCSE French revision sessions with Mr Anno that is on every Monday (week 1 and 2) and Wednesday (week 1)/Thursday (week 2) during lunchtime in BS1. Please encourage your son to attend as he is going through some valuable skill based material. Mrs Lindsay/Mr Anno.



A Fantastic Summer Holiday Volunteering Opportunity for Young People aged 14 and over in Southend-on-Sea Borough Council Libraries - Southend-on-Sea Libraries are inviting students aged 14 and over to volunteer in their local library during the summer holidays. Their role will be to encourage children to participate in the annual **Summer Reading Challenge** and talk to them about the books they are reading. The volunteering hours can be put towards Youth Award Schemes such as the Duke of Edinburgh award and can be included on CV's and Personal Statements. For more information and an application form [click here](#) Deadline for applications is Friday 7th June 2019.



NHS Careers Morning - On Tuesday students from yrs11 & 12 interested in studying medicine, attended a Careers Morning at Southend University Hospital. Aimed at aspiring Doctors they were given the unique opportunity to gain an insight into the life of a Medical student, a GP, Junior Doctors and Consultant Surgeons. Set in the Hospitals Education Centre Lecture Theatre, the students listened to presentations by various doctors within the NHS, each sharing their experiences from the importance of GCSE & A-Levels to Medical school and the routes that they have taken to get them where they are today, each concluding with a Q & A session. All the Doctors were honest and frank about the hard work and dedication needed but equally spoke about the rewards of being able to make a difference to people's lives. For an opportunity to attend another Medical Insight day please [click here](#) where you will find a form to register your interest for one being held on Saturday 27th April 2019. Mrs Griffiths Careers Coordinator.



Guest Speaker – EDT - This week we were joined by guest speaker Nigel Futter from The Engineering Development Trust (EDT) who gave a presentation during assembly for yrs 11 & 12. EDT delivers over 40,000 STEM (science, technology, engineering and mathematics) experiences each year, for young people aged 9 -21 across the UK. Their range of work related learning schemes provides opportunities for young people to enhance their technical, personal and employability skills through industry-

led projects, industrial placements. **Headstart** and **Inspire** offer residential and non-residential taster courses throughout the summer for students who have a passion for Engineering and Science.

More information about EDT and the summer courses 2019 are on the VLE>Assembly speakers [click here](#)

Work Experience - Thank you to students in yrs 10 & 12 who have returned their forms for Work Experience. For those who have not yet secured a placement please continue to enquire through friends, family and local businesses. Work Experience is compulsory and therefore students should be actively looking. Deadline for the return of completed forms is 22nd March 2019.

Spanish Club

Practise your Spanish language in MFL1			
Club	Day	Time	Who for
Spanish Beginners	Monday	1.35-2.00	Y7-Y8
Spanish Grammar	Tuesday	1.35-2.00	Y9-11
Spanish Revision	Tuesday	3.30-4.30	Y13
Spanish Conversation	Wednesday	1.35-2.00	Y11-Y13
Spanish Revision	Wednesday	3.30-4.30	Y11
Spanish Grammar	Thursday	1.35-2.00	Y8-Y10
Spanish Revision	Thursday	3.30-4.30	Y11

STEM CLUBS

ALL STUDENTS WELCOME



- problem solving
- creativity
- critical analysis
- teamwork
- independent thinking
- initiative
- communication
- digital literacy.

STEM CLUB	Teacher	When	Where	STEM CLUB	Teacher	When	Where
Astronomy	A. Pierce	Thursday 3.45 - 4.45	Lab 2	Guardians	S. Jones	Tuesday 3.45 - 4.45	Lab 6
Programmers	J. Marshall	Tuesday 1.30- 2.30	CR5	Pathology	J. Dibbens & E. Jones	Tuesday 3.45 - 4.45	Lab 5
Creative	A. Ackred	Thursday 1.30- 2.30	LAB 9	GREAT NEW CLUBS FOR 2019			

SPORTS NEWS



Golf News - Congratulations to Year 9 student, Joshua Johnson, who had a drive off with the new men's Captain at Rochford 100 at the weekend as he starts his year as cadet captain. He outdrove him by 214 yards!

Year 7 Athletics - A big congratulations to the year

7s who competed at Lee Valley recently, the A team on the day have qualified for the semi-final round taking place after half-term! All of the boys performed excellently on the day, but now the hard work starts again! Training will resume from the **Monday 25th February** which is the first day back after the half-term break and is open to any year 7 boys who wish to attend – the team is not fixed and can definitely change between now and the next competition so come along and get involved!

SPORTS FIXTURES

DATE	FIXTURE	STAFF
25/02/2019	NO FIXTURES	
26/02/2019	Year 13 Futsal - 3:30-5:00pm	3:50 – 5pm
27/02/2019	1st XI Football v Beauchamps (HOME)	2:15pm k/o
28/02/2019	GCSE Practical moderation grading day Year 11 Football v Eastwood (HOME)	4:00pm k/o
01/03/2019	NO FIXTURES	

PE Extra-curricular Timetable Spring 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 8.30am	PE DEPARTMENT MEETING	Year 9-11 Handball (SB/CB)	All Years Fitness (CB/SB) Year 7 Futsal (NS)	Year 10 Futsal (EK/SB) GCSE PE Revision (CR8 - CB)	Year 7 & 8 Basketball (CB)
1.40 - 2.20pm	Year 7 & 8 Cricket - Sports Hall (SB/EK) GCSE PE Revision (CR8 - CB)	Sport Scholars Fitness (CB) Year 7, 8 & 9 Table Tennis (SB)	Year 9 Basketball (GL)	Year 7 & 8 Basketball (SB/CB)	Sport Scholar Meeting (CR8 - CB) Racquet Sports (NS)
3.30 - 5.00pm	Year 7 & 8 Rugby (CB) Year 10 & 11 Basketball (GL)	Year 9 Basketball (GL) Year 7 A & Year 8 A Team Football Training (MH/NS/EK/CB)	Year 9 & 10 Football - Week 1 (TW/GD/GW) Year 7 & 8 Rugby (CB) Year 7, 8 & 10 Southend Football - Astro	Athletics Training (CB) Hurdles & Track - Week 1 Throws/Jumps - Week 2	Badminton Club (Week 1 - Years 10 & 11) (Week 2 - Years 7, 8 & 9) (SG/JM)

YEAR 11 REVISION TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Computer Science - 8.00-8.45am (CR5)	KS5 Spanish - 3.30-4.30 (MFL1) TECH - 8.00-8.30am (TEC3) Computer Science - 8.00-8.45am (CR5)	RE (Judaism & The Themes) - 8.00-8.30 Maths - 8.30-9.05 (sets 2&3)	English - All levels 8.00-8.30am (E5) GCSE/BTEC PE - 8.00-8.30 (CR8) KS4 Spanish - 3.30-4.30 (MFL1)	English - All levels 8.00-8.30am (E1)
LUNCH	English - "Aiming for a level 5" 1.30-2.00pm (E3) Chemistry 1.35-2.05pm (LAB3) GCSE PE – 1:45 – 2:15 (CR8)	Media - Drop in 2.00-2.30pm (CR7) Science - Drop in 1.35-2.10pm (LAB 8)	D&T 1.35-2.20pm (CR8) Biology for Triple Science students - 1.40-2.20pm (LA7) English 2.00-2.25pm (MS1) Maths Set 1 drop in 1:35 – 2:05 (M4)	Science - Drop in 1.35-2.10pm (LAB 8) Geography – 1:45 – 2:30 (G1)	English - Poetry Revision 1.30-2.00pm (TR7) Maths - 'Study club for all' 1.35-2.00pm (M1)
AFTER-SCHOOL	English - All levels 3.30-4.30pm (E5) English - Drop in 3.30-4.30pm (E4) D&T 3.30-4.30 (TEC1 & TEC2) ICT coursework 3.30-4.30pm (CR3) Maths - Foundation 3.30-4.30pm (LAB7) <i>Week 1 only</i> Maths - Set 1 3.30-5.00pm (M2) RE (Catholic Christianity) - 3.30-4.15 (RE3)	English - Drop in 3.30-4.30pm (BS3) English - Levels 5-9 3.30-4.30pm (MS1) Business Studies 3.30-4.30pm (BS1) Business Studies BTEC 3.30-4.30pm (BS2) Food Prep 3.30-4.30pm (Food tech) Maths - Set 3 3.30-5.00pm (M1) Maths - Higher Tier 3.30-4.30pm (M6) Media – 3:30 – 4:30 (E5) D & T - 3:30 – 4:30 (TEC1 & TEC2)	English - All levels 3.30-4.30pm (E6) ICT coursework 3.30-4.30pm (CR3) Food Prep 3.30-4.30pm (Food tech) Maths - Set 2 & 4 3.30-4.30pm (M5) D & T 3:30 – 4:30 (TEC1 & TEC2)	Business Studies 3.30-4.30pm (BS1) Science 3.30-4.40pm (LAB6) Maths - Set 3 3.30-5.00pm (M1) Spanish 3.30-4.30pm (MFL1)	

Week Beginning: 25th February

Rehearsal and Practise Room timetable

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<i>Events</i>		<i>Year 11 GSE recording day (all day)</i>			<i>Variety Show (7pm)</i>
Break	OPEN FOR ALL	Year 11 GCSE Music only	Closed	Closed	Variety Show only
1st Half Lunch	Closed	<i>Lit Choir</i>	Closed	Variety Show	Closed
2nd Half Lunch	Closed	Year 11 GCSE Music only	Closed	Closed	Closed
After School		Music Academy Week 6	Music Academy Week 6		Variety Show

Upcoming Dates: *1st March* – BTEC Music Hand in Day, *4th April* – Lent Service