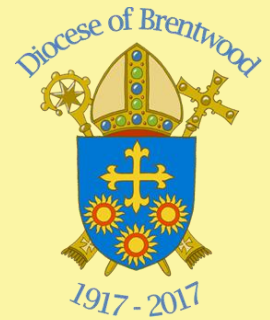


# CONTACT

No. 1455 – Friday 8<sup>th</sup> February 2019



Dear Parents and Pupils,

**Year 8 Options Information Evening** - Thank you to all the parents, carers and students who attended our Year 8 Options Information Evening last night. We hope you found this evening useful, but if you have any questions regarding the options process please do not hesitate to contact me.

Email: [ahardiman@st-thomasmore.southend.sch.uk](mailto:ahardiman@st-thomasmore.southend.sch.uk)

Just a reminder of the following key dates in the options process:

- Thursday 14th March – Year 8 Parents' Evening
- Monday 18th March – Deadline for handing in Options Choice Form to the Data Office.

## *Weekly Prayer*

*Dear Jesus,*

*I want to follow you in the way I live my life and in the way I treat others.*

*Help me to keep close to you and to believe in myself.*

*Give me the courage to speak up, even if it's hard.*

*Amen*

**Weekly Mass** – Students from Form 9A gathered together in the Chapel to celebrate their Mass at lunchtime along with members of staff. We were pleased to welcome Father Graham Smith. My thanks to all the students who led us in prayer, served at Mass and proclaimed the readings.

**Year 8 Retreat 26 Feb (8A & 8S), 27 Feb (8D & 8P) and 28 Feb (8G)** - A reminder to all parents/carers that the Year 8 Retreats start after the half term break. More details to follow in Contact next week. As mentioned before, **ALL** students are expected to attend this Retreat. Any queries, please do not hesitate to contact me.

**Youth Mass – Brentwood Cathedral (BCYS)** - A group of 10 students from Year 11/12 & 13 attended the Youth Mass at Brentwood Cathedral last night and our group were joined by a student from Year 11 at St. Bernard's. This Mass is a great opportunity for young people to come together for prayer and reflection but also a chance for them to form new friendships and get involved in other events that BCYS run. My thanks to all the students who attended and supported this Mass and to Mr. Maxfield for driving the minibus.

**Back row:** Aaron, Tom, Reuben, Lily, Ed, Lydia, Becky (St. Bernard's), Reuben

**Front row:** Darcy, Scarlett, Blythe



**Lenten Retreat (BCYS)** - 9<sup>th</sup> – 11<sup>th</sup> April 2019 at Walsingham House, Abbotswick. As most young people will be on school holidays during this week, this is a chance to

reflect deeply on the meaning of Lent in the beautiful surroundings of Abbotswick, led by the Walsingham House team. The retreat is open to those in Years 10-13. Please contact Gabriella Fusi on the following email for more details: Gabriella Fusi [GabriellaFusi@dioceseofbrentwood.org](mailto:GabriellaFusi@dioceseofbrentwood.org)> Mrs Maxfield, Chaplaincy Co-ordinator'

**Rotary Youth Speaks Competition** On Wednesday evening three members of Year 9 travelled to Chelmsford with Mrs Webb and Mrs Kadwill to compete in the District Final of the Rotary Youth Speaks Competition. Our team of three included Cornelius Olaniyi-Oduntan as chairperson, Jesse Ofosu as speaker and Korede Odubango as the proposer of the vote of thanks. Together with six other teams, the boys addressed a large adult audience in the imposing Council Chambers. They showed great tenacity in preparation and made an excellent presentation on the night. Jesse gave a moving speech about the dangers of drill music which was much talked about during refreshments. It was particularly pleasing to note the courtesy and graciousness of our students. They did St Thomas More High School proud. Well done boys! They are pictured here with the Deputy Lord Lieutenant of Essex who presented the boys with their certificates.



**KS3 English Booster Class** - KS3 English Booster Class will run on Tuesday 12 February in E4 (and the library for the initial group of five readers) next week between 3.30pm and 4.15pm. Mr Robinson & Mrs Caten

The **Word of the Week** is proving popular with students in all year groups, please do encourage your child to use it at home and in their school work. In next week's Contact I shall be highlighting a few pupils who have been using the words most effectively. Thank you for your continued support. Mr Jenkins, Teaching and Learning Leader.

An infographic for the word 'consequent'. At the top, the word 'consequent' is written in a large, white, serif font. Below it, a definition is given: '- adjective: following, resultant, ensuing, sequential'. To the right, three examples are provided: 'PSHCE: If we don't change people's views about racism, the consequences could be dire.', 'Business Studies: Falling sales and a consequent loss of profits forced the company to lay off more workers.', and 'ICT: There have been several consequential innovations in computer software.' In the center, the word 'con-se-quent' is broken down into three parts: 'con-', 'se-', and 'quent'. Below these parts are two boxes: 'Latin: con (with)' and 'Latin: sequi (to follow)'. At the bottom, a question asks 'Who might use this word?' followed by the answer 'data analyst, computer software engineer, solicitor'. The Adobe Spark logo is in the bottom right corner.

### Apprenticeship Opportunities -

<https://www.allaboutschooleavers.co.uk/> has added more Apprenticeship opportunities to their website including Degree Apprenticeships within different areas of BMW and Rolls Royce. These and more can also be found on the Government website: <https://www.findapprenticeship.service.gov.uk/apprenticeshipsearch> . Deadlines are closing for applications and therefore anyone looking for an Apprenticeship needs to be actively applying now.

**Careers in Medicine** - There are a number of Medical Open days for students interested in a Career in Medicine. **Operating Theatre Live** are taking bookings for their tour which comes to Harris Academy, Chafford Hundred on 6<sup>th</sup> July 2019. For more information and to book tickets visit <https://www.operatingtheatrelive.co.uk/homepage>.

**Medic Mentors** are holding a National Healthcare Weekend in March, for students in yrs10-12. Described as a 2 day conference for 'aspiring Dentists, Medics and Vet's' there is the opportunity to attend on one or both days. For more information see [www.medicmentor.co.uk](http://www.medicmentor.co.uk)



## **GCSE French Revision Sessions- Year 11**

GCSE French revision sessions with Mr Anno that is on every Monday (week 1 and 2) and Wednesday (week 1)/Thursday (week 2) during lunchtime in BS1. Please encourage your son to attend as he is going through some valuable skill based material. Mrs Lindsay/Mr Anno.

## Spanish Club

<b>Practise your Spanish language in MFL1</b>			
Club	Day	Time	Who for
Spanish Beginners	Monday	1.35-2.00	Y7-Y8
Spanish Grammar	Tuesday	1.35-2.00	Y9-11
Spanish Revision	Tuesday	3.30-4.30	Y13
Spanish Conversation	Wednesday	1.35-2.00	Y11-Y13
Spanish Revision	Wednesday	3.30-4.30	Y11
Spanish Grammar	Thursday	1.35-2.00	Y8-Y10
Spanish Revision	Thursday	3.30-4.30	Y11

# STEM CLUBS

ALL STUDENTS WELCOME



- problem solving
- creativity
- critical analysis
- teamwork
- independent thinking
- initiative
- communication
- digital literacy.

STEM CLUB	Teacher	When	Where	STEM CLUB	Teacher	When	Where
Astronomy	A. Pierce	Thursday 3.45 - 4.45	Lab 2	Guardians	S. Jones	Tuesday 3.45 - 4.45	Lab 6
Programmers	J. Marshall	Tuesday 1.30- 2.30	CR5	Pathology	J. Dibbens & E. Jones	Tuesday 3.45 - 4.45	Lab 5
Creative	A. Ackred	Thursday 1.30- 2.30	LAB 9	<b>GREAT NEW CLUBS FOR 2019</b>			

## SPORTS NEWS

**PE Student of the Week** - The winner this week is Henry Bagnall of Year 7. Henry was one of the boys who represented the school at the Indoor Athletics tournament this week and impressed in his races. Henry has also worked very hard in PE this year and deserves recognition for that too.

**Y8 Basketball v Eastwood** - Our final game of the borough league took place on Tuesday with a repeat fixture against Eastwood from earlier in the year. Having worked hard in our training sessions and with a strong squad on the day the boys were confident they could put in a good performance. A slower start than we would have wanted saw us go 10 points down at the end of the first quarter – something this squad seems to almost enjoy doing to give ourselves a target to chase! Some good impact performances from the bench from Garen, Rohan and Daniel saw us close the gap closer in quarters 2 and 3. Going into the 4<sup>th</sup> quarter, it really was either team's game to lose. Some great effort from the whole squad, in particular Harry W and Calton making nuisances of themselves in defence and allowing some of the other boys plenty of opportunities to score. Unfortunately, it just wasn't enough and Eastwood took the win on the day, although it must be said that from the start to the end of this season with the year 8 boys has seen them come on in leaps and bounds on the basketball court and they have all done themselves extremely proud. MVP for the game was Harry W.



**Y7 Athletics @ Lee Valley Indoor** - On Wednesday, Mr Binstead and Mr Lettieri took down a handful of enthusiastic year 7 athletes for their first athletics competition of the year. The boys all done themselves extremely proud, they all worked very hard to get themselves selected for this event and worked even harder during their events to put in a great all-round team performance. Some standouts on the day in particular was Emmanuel in the 200m, Afi in the 800m and the A-team relay who won their race! We are awaiting any information as to whether our teams qualified for the next round but regardless, this should be a very promising athletics season for our year 7s across the board!! Athletics training officially begins towards Easter some stay aware for updates to the extra-curricular timetable. Sessions are running on

Thursday's after-school at the moment (dependent on other fixtures) for any students who wish to get an early start for certain events!

## SPORTS FIXTURES

DATE	FIXTURE	TIME
11/02/2019	NO FIXTURES	
12/02/2019	NO FIXTURES	
13/02/2019	1st XI Football v Westcliff (AWAY) Year 9 Basketball Final @ Eastwood Year 8 Basketball v Southchurch (AWAY)	2:00pm 4:00pm 4:00pm
14/02/2019	Year 10 Futsal	3:30 – 5:00pm
15/02/2019	NO FIXTURES	

## PE Extra-curricular Timetable Spring 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8.00 - 8.30am</b>	PE DEPARTMENT MEETING	Year 9-11 Handball <b>(SB/CB)</b>	All Years Fitness <b>(CB/SB)</b> Year 7 Futsal <b>(NS)</b>	Year 10 Futsal <b>(EK/SB)</b> GCSE PE Revision <b>(CR8 - CB)</b>	Year 7 & 8 Basketball <b>(CB)</b>
<b>1.40 - 2.20pm</b>	Year 7 & 8 Cricket - Sports Hall <b>(SB/EK)</b> GCSE PE Revision <b>(CR8 - CB)</b>	Sport Scholars Fitness <b>(CB)</b> Year 7, 8 & 9 Table Tennis <b>(SB)</b>	Year 9 Basketball <b>(GL)</b>	Year 7 & 8 Basketball <b>(SB/CB)</b>	Sport Scholar Meeting <b>(CR8 - CB)</b> Racquet Sports <b>(NS)</b>
<b>3.30 - 5.00pm</b>	Year 7 & 8 Rugby <b>(CB)</b> Year 10 & 11 Basketball <b>(GL)</b>	Year 9 Basketball <b>(GL)</b> Year 7 A & Year 8 A Team Football Training <b>(MH/NS/EK/CB)</b>	Year 9 & 10 Football - Week 1 <b>(TW/GD/GW)</b> Year 7 & 8 Rugby <b>(CB)</b> Year 7, 8 & 10 Southend Football - Astro	Athletics Training <b>(CB)</b> Hurdles & Track - Week 1 Throws/Jumps - Week 2	Badminton Club (Week 1 - Years 10 & 11) (Week 2 - Years 7, 8 & 9) <b>(SG/JM)</b>

## YEAR 11 REVISION TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	<b>Computer Science</b> - 8.00-8.45am (CR5)	<b>KS5 Spanish</b> - 3.30-4.30 (MFL1) <b>TECH</b> - 8.00-8.30am (TEC3) <b>Computer Science</b> - 8.00-8.45am (CR5)	<b>RE (Judaism &amp; The Themes)</b> - 8.00-8.30 <b>Maths</b> - 8.30-9.05 (sets 2&3)	<b>English</b> - All levels 8.00-8.30am (E5) <b>GCSE/BTEC PE</b> - 8.00-8.30 (CR8) <b>KS4 Spanish</b> - 3.30-4.30 (MFL1)	<b>English</b> - All levels 8.00-8.30am (E1)
LUNCH	<b>English</b> - "Aiming for a level 5" 1.30-2.00pm (E3) <b>Chemistry</b> 1.35-2.05pm (LAB3) GCSE PE – 1:45 – 2:15 (CR8)	<b>Media</b> - Drop in 2.00-2.30pm (CR7) <b>Science</b> - Drop in 1.35-2.10pm (LAB 8)	<b>D&amp;T</b> 1.35-2.20pm (CR8) <b>Biology for Triple Science students</b> - 1.40-2.20pm (LA7) <b>English</b> 2.00-2.25pm (MS1) <b>Maths</b> Set 1 drop in 1:35 – 2:05 (M4)	<b>Science</b> - Drop in 1.35-2.10pm (LAB 8) <b>Geography</b> – 1:45 – 2:30 (G1)	<b>English</b> - Poetry Revision 1.30-2.00pm (TR7) <b>Maths</b> - 'Study club for all' 1.35-2.00pm (M1)
AFTER-SCHOOL	<b>English</b> - All levels 3.30-4.30pm (E5) <b>English</b> - Drop in 3.30-4.30pm (E4) <b>D&amp;T</b> 3.30-4.30 (TEC1 & TEC2) <b>ICT</b> coursework 3.30-4.30pm (CR3) <b>Maths</b> - Foundation 3.30-4.30pm (LAB7) <i>Week 1 only</i> <b>Maths</b> - Set 1 3.30-5.00pm (M2) <b>RE (Catholic Christianity)</b> - 3.30-4.15 (RE3)	<b>English</b> - Drop in 3.30-4.30pm (BS3) <b>English</b> - Levels 5-9 3.30-4.30pm (MS1) <b>Business Studies</b> 3.30-4.30pm (BS1) <b>Business Studies BTEC</b> 3.30-4.30pm (BS2) <b>Food Prep</b> 3.30-4.30pm (Food tech) <b>Maths</b> - Set 3 3.30-5.00pm (M1) <b>Maths</b> - Higher Tier 3.30-4.30pm (M6) <b>Media</b> – 3:30 – 4:30 (E5) <b>D &amp; T</b> - 3:30 – 4:30 (TEC1 & TEC2)	<b>English</b> - All levels 3.30-4.30pm (E6) <b>ICT</b> coursework 3.30-4.30pm (CR3) <b>Food Prep</b> 3.30-4.30pm (Food tech) <b>Maths</b> - Set 2 & 4 3.30-4.30pm (M5) <b>D &amp; T</b> 3:30 – 4:30 (TEC1 & TEC2)	<b>Business Studies</b> 3.30-4.30pm (BS1) <b>Science</b> 3.30-4.40pm (LAB6) <b>Maths</b> - Set 3 3.30-5.00pm (M1) <b>Spanish</b> 3.30-4.30pm (MFL1)	

## Week Beginning: 11<sup>th</sup> February

### Rehearsal and Practise Room timetable

<b>Time</b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Break</b>	OPEN FOR ALL	OPEN FOR ALL	OPEN FOR ALL	<b>Closed</b>	OPEN FOR ALL
<b>1<sup>st</sup> Half Lunch</b>	St Andrews House Music	<i>Lit Choir</i> & St David's House Music	St Georges House Music	St Patricks House Music & Variety Show	<b>Closed</b>
<b>2<sup>nd</sup> Half Lunch</b>	St Andrews House Music	St David's House Music	St Georges House Music	St Patricks House Music & Variety Show	<b>Closed</b>
<b>After School</b>		Music Academy <i>Week 5</i>	Music Academy <i>Week 5</i>		

**Upcoming Dates: 15<sup>th</sup> February - House Music, 26<sup>th</sup> February – Year 11 Recording Day, 1<sup>st</sup> March – Variety Show**