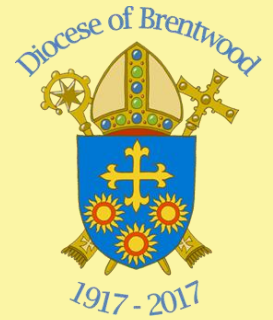


# CONTACT

*No. 1439 – Friday 28<sup>th</sup> September 2018*



Dear Parents and Pupils,

**House Assemblies** - This week saw the first House assemblies of this academic year. Thank you to House Captains, Chaplaincy Captains and Sports Captains for leading these assemblies, encouraging House spirit, sharing House news, leading prayers and launching this year's House based charities. The recently elected leaders in Years 7 and 12 were presented with their badges of office.

Congratulations to:

Student Name	Yr	Role	House
Trent Luby	7	Form Leader	St Andrew's
Salvador Loureiro	7	Chaplaincy Leader	St Andrew's
Lucas Alcantara Littlejohns	7	Sports Leader	St Andrew's
Sebbie Joslin	7	Form Leader	St David's
Henry Bagnall	7	Chaplaincy Leader	St David's
Afi Adebayo	7	Sports Leader	St David's
Owen Storey	7	Form Leader	St George's
Andrew McFaweya	7	Chaplaincy Leader	St George's
David Ibikunle	7	Sports Leader	St George's
Leo Scott	7	Form Leader	St Patrick's
Kieran Slaven	7	Chaplaincy Leader	St Patrick's
Alexander Eklund	7	Sports Leader	St Patrick's
Daniel Noreika	7	Form Leader	St Sebastian's
Ryan Obi	7	Chaplaincy Leader	St Sebastian's
Emmanuel Nwachokor	7	Sports Leader	St Sebastian's
James Hallett	7	Form Leader	New House
Ryan Reid	7	Chaplaincy Leader	New House
Deshan Muruganathan	7	Sports Leader	New House

And in Year 12

Student Name	Yr	Role	House
Isabelle Phipps	12	Form Leader	St Andrew's
Ella Hughes	12	Chaplaincy Leader	St Andrew's
Harvey Green	12	Sports Leader	St Andrew's
Christopher Kayo	12	Form Leader	St David's
Lily Taylor	12	Chaplaincy Leader	St David's
Teejay Chiororo	12	Sports Leader	St David's

Nchimunya Mwaijumba	12	Form Leader	St George's
Dade Mullis	12	Chaplaincy Leader	St George's
Edward Asaman	12	Sports Leader	St George's
Emanuela Lika	12	Form Leader	St Patrick's
Emeka Ogbonna	12	Chaplaincy Leader	St Patrick's
Jonathon Hannon	12	Sports Leader	St Patrick's
Christopher Ndlovu	12	Form Leader	St Sebastian's
Creflo Ijiwola-George	12	Chaplaincy Leader	St Sebastian's
Oliver Poskitt-Richardson	12	Sports Leader	St Sebastian's

At Headteacher's assembly on Tuesday Mrs Ackred presented Oliver Berridge 7A with his badge of office as School Council representative for Year 7. Well done Oliver for showing initiative and uploading your video manifesto to the VLE

**Weekly Mass** – Forms 12P & 13P gathered together in the Chapel to celebrate their Form Mass at lunchtime. We were pleased to welcome Father Jeff Woolnough. My thanks to all the students who led us in prayer and proclaimed the readings.

**Year 12 Retreat – 25th September 2018** – The BCYS team who are from Walsingham House @ Abbotswick came into school and presented this day as part of the General RE Programme to encourage students to integrate into Sixth Form at STM, reflect upon their spiritual development and allow some space in school to address 'life questions' and build relationships with others. Students worked with their Form in various workshops, moving to each workshop throughout the day and then met at the end of the day celebrate Mass together with Fr. Jeff Woolnough. Students enjoyed the day and I will be looking through the evaluation forms to gain some feedback. My thanks to the Team at Walsingham House @ Abbotswick, Fr. Jeff and the students who took part in the Mass. Mrs. Maxfield (Chaplaincy Co-ordinator).

**House Debating Competition** - Last Friday's debate saw a lively exchange between St Andrew's and St George's on the motion: This House would ban music containing lyrics which glorify violent or criminal lifestyles. Speaking for St Andrew's House were Harrison Frost, Sean Auton and Marcus Allard and for St George's, Daniel Ratcliff, George Pierre and Toby Fane. The debate was well attended and there were some impressive floor speeches too. The debate teams are judged on their content, strategy and style and there is also a vote taken. The judges declared St Andrew's House to be the winning team but the floor vote went with the opposition and the motion was defeated. Star debater was George Pierre. Well done to all speakers. Today's debate between St David's and St Patrick's debated the merits of lowering the voting age to 16. Results in next week's Contact.

**English Speaking Union Sixth Form Public Speaking Competition** - St Thomas More High School has been invited to take part in this prestigious competition and it is hoped that two teams of three students will compete on Tuesday 9<sup>th</sup> October at 5pm. We are hoping to host the event and any student who is interested in public speaking and would like to attend is very welcome. If you would like to help out by giving service, welcoming our visitors from other schools, please see Mrs Webb early next week.

### Weekly Prayer

*Dear Jesus,*

*help me to find time to be alone with you this week in a way that works for me.*

*When I get up, help me to remember to offer my day to you and to reflect on the day prayerfully with you in the evening.*

*Help me to be more open to you and your love.*

*AMEN*



**Library Appeal** - We are still in urgent need of books to fill our shelves in readiness for the grand opening of the Library. We are looking for donations of books both fiction and non-fiction in good condition suitable for readers aged 11 through to 18 to help fill our

shelves. If you have any books which you or your children have finished with, we would be really grateful for any donations. Donations can be left in Reception.

Thank you in anticipation for your support. Mrs D Cotgrove, Head of English and Media.

**Scholastic Book Club** - In conjunction with the opening of our brand new library we are pleased to offer parents the opportunity to purchase books for your children through Scholastic Book Club. Not only do Scholastic offer all the latest titles at reasonable prices to encourage even the most reluctant readers – but the school library will also benefit from every order placed! This month's book club is up and running and can be accessed here: <http://scholastic.co.uk/st-thomas-more-boys-high> For every £1 spent, our school will earn 25p in rewards!

All year 7 and 8 boys will be coming home with a Scholastic leaflet or you can order directly online – just make sure that you add St Thomas More on your order form if ordering to your home address. Orders can be placed up until 20th October.



**The Great 'House' Bake-Off** - Bake and decorate a cake or cupcakes in the theme of your school house or to represent a school subject. Cakes are to be brought into school on Monday 29th October for judging along with your entry form at the bottom of this leaflet stating which category you are entering. The cakes will cut up and available to be sampled on Tuesday 30th October (donations will go to the winning house's chosen charity – there will be a minimum donation per slice) unless you state you want to take it home. Please bring all entries in a named container and leave in the Food Technology room before school.

**Some reminders** – It has come to my attention that some students have been wearing trainers and white socks in school. A reminder that suitable school shoes and black socks are to be worn. A reminder also that headphones and mobile phones are not permitted to be used in school and around school and will be confiscated. Mr Mason, Director of Learning i/c Pupil Behaviour and Safety.

**Lost Property** – All named lost property found in school so far this term has been placed in Form Trays ready for the student to collect.

**Year 11 trips to Westcliff Synagogue** - This week all students from Year 11 took part in a number of trips to Westcliff Orthodox Synagogue. The trip was run in preparation for their upcoming GCSE exam where they will focus on Judaism as their other world religion. Students were shown around the meeting and prayer areas of the synagogue and got an insight into the religious practices of Judaism. Students covered their heads as a sign of respect to God inside the synagogue (hence the hats in the photo!) and learnt about a number of important items and rituals. All students were a credit to the school and asked some insightful questions about the differences between the Catholic and Jewish faiths. Many thanks to all staff who were involved in shuttling students down to the synagogue and to the boys for their enthusiasm and interesting choice of headwear!



**Quiz Night** – A reminder that the Friends of St Thomas More Quiz Night takes place on Friday 5<sup>th</sup> October at 7pm in the school's assembly hall. See attached poster for further information!



**A Level Biology Trip to Flatford Mill** - Welcome back to our Y13 Biologists, who spent a three day residential field trip studying ecology at Flatford Mill field centre. Staying in the historic Willy Lott's house famously featured John Constable's Haywain, students immersed themselves in the Ecology of the area. They completed a range of investigations including using transects to study succession on Holbrook Saltmarsh. You get what you put in, our students put in a huge amount and showed themselves to be intelligent, thoughtful and resilient. Well done guys! Mr Jones.

**New House Assembly** - With the exciting expansion of year 7, from 5 to 6 forms and 180 boys in year 7, it was great to present the student of the new 'yet to be named' house in their first house assembly. The sixth form Captains led the assembly and new house name and colour were discussed, as well as charity activities and organisations to support. Mr Ackred and Mr Maxfield look forward to the growth and success of the new house in

the future.



**BANK, CAMERA, ACTION** - The Bank of England is looking for secondary schools and colleges from Southend West to take part in a digital media competition called '**Bank, Camera, Action**'.

Students aged 11-18 are invited to submit a short film on topics which will change from year to year. This year's title is 'What will money be like in the future'.

Most of us use money on a daily basis, whether it's to buy things, get paid, or transfer money to a friend. Through the ages, money has taken various forms – from bartering goods, through gold and silver coins to the banknotes that we use today. Money does not just mean cash. There are over £600bn electronic payments made in the UK every single day.

But what will money be like in the future?

So we are giving schools the opportunity to create a film that communicates the subject in an interesting and imaginative way. Taking part will give teams the chance to showcase their talents and will appeal to students studying a broad range of subjects.

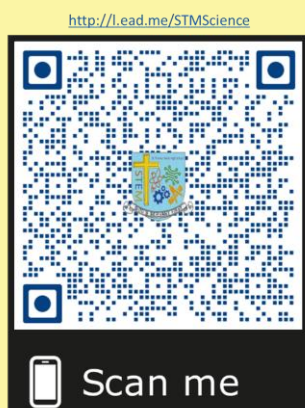
Students are free to use dance, music, poetry, rap, animation, graphics, cartoons, interviews, news items or any other fantastic ideas you may have. It's completely up to them, the more creative the better!

Expensive technology is not required to enter. Films can be submitted from a phone, tablet or camera and should be between 1 and 3 minutes. There will be prizes for both schools and individual team members. The winning films will be made available on the Bank website and shared through our social media channels.

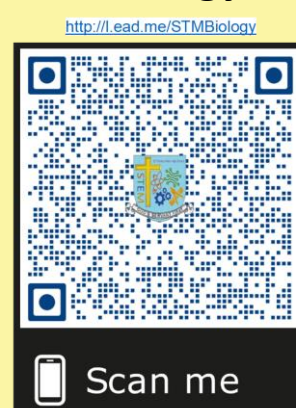
**The closing date for film entries is 10 December.** Mrs Napper (Enrichment Coordinator).

**Year 11 Revision Timetable** – Please see the final page of Contact for a detailed Year 11 Revision timetable.

## GCSE Science Revision



## A-Level Biology Revision



## Maths Study Club

- Monday at 2pm in M2 with Ms Clarke
- Wednesday at 1.35–2pm in M6 with Mrs Wilson
- Friday at 1.35–2pm in M1 with Mr O’Connell

## Open to all year groups

- Quiet space to complete maths ELT
- Support with maths ELT
- Support with individual maths revision
- Support with class work

More sessions may become available later in the term. NB. Only students with a good attitude to learning will be welcome!

## Year 11 Maths revision

### Starting now:

Day	Time	Set	Location	Teacher
Monday	3.35(week 1 only)	Foundation	Lab 7	Mr Vitone
Tuesday	3.35	Sets 3 & 4	M5	Mr Lonergan

### Start date to be advised:

Monday	3.35	Set 1 only	M2	Mr O’Hara
Tuesday	3.35	Higher tier	6	Mrs Wilson

Further sessions may become available.

NB. All students welcome to attend study clubs for help with individual revision.

**Year 11 Business Studies REVISION – Tuesday 3.35 – 4.35 in BS1** - I would like to invite anyone who would like to get extra help with work and to attend revision sessions for GCSE Business Studies. This will be on a Tuesday after school with Mrs Lindsay. We will cover topics covered as well as help with exam practice.

Mrs Lindsay

**Year 12 and 13 Business Studies DROP IN – Monday 3.35 – 4.35 in BS1** - I would like to invite anyone who would like to get extra help with work and to attend revision sessions for A LEVEL Business Studies. This will be on a Monday after school with Mrs Lindsay. We will cover topics covered as well as help with exam practice. Mrs Lindsay.

## Business Studies TWITTER page

If there is anyone interested in Business and are on twitter, please follow Mrs Lindsay for up to date business news, exam information and interesting articles from all aspects of Business. @Alindsay100.

## Spanish Club

Practise your Spanish – Writing and Speaking skills with señora Williams in MFL1			
Club	Day	Time	Who for
Spanish Beginners	Monday	1.35-2.00	Yrs 7 & 8
Spanish Conversation	Tuesday	3.30-4.30	KS5
Spanish Grammar Skills	Thursday	1.35-2.00	KS4/ KS5
Spanish Conversation	Thursday	3.45-4.45	Yr 9-11 (KS4)



**KUDOS** – This week saw the turn of 8D begin their Kudos journey. By the end of their session they had all logged on and had begun to build their profiles and career ideas were ranging from Air Traffic Controllers, Lawyers and Kennel hands! They will have the opportunity to continue during form time next Wednesday but please encourage them to log on at home and explore further.

<https://kudos.cascaid.co.uk/#/>

### Opportunities for Students Planning a Career as a Doctor:

#### Careers Morning:

**When:** Every February

**Target Audience:** Year 11-13 with a keen interest in study medicine.

**About:** A morning of talks, providing the audience with an insight into the life of a doctor at different stages of their medical/surgical careers.

**Applications** will be via Mrs Griffiths, Careers Co-ordinator in November.

#### Medical Insight Day:

**When:** Every April

**Target Audience:** Year 11-13 with a keen interest in studying medicine.

**About:** A day hosted by Junior Doctors, providing students with an opportunity to have a taster medical school day via practical sessions during the morning. In the afternoon, the students are split into year groups to focus on topics suited to their year group, eg applying to medical school

**Applications** will be via Mrs Griffiths, Careers Co-ordinator in January.

#### Work shadowing Programme:

**When:** All year

**Target Audience:** Students aged 17+ who would like a career as a doctor and can realistically achieve the grades to do so.

**About:** A 3 day (maximum) placement for students (17+) to shadow a doctor in a variety of departments.

**Application:** Students would apply as early as possible to enable us to schedule their placement during the academic year. Places get filled very quickly and we try to ensure that students have experience ahead of their deadline for application to Medical School in October. Students can apply at the age of 16, but the placement will be scheduled after the 17<sup>th</sup> birthday. An application form can be found at: <http://www.southend.nhs.uk/join-us/work-experience/>

**PLEASE NOTE** - The work shadowing placements are a great opportunity but would need to be applied for quickly. Alternatively if you are year 12 or 13 and would like other work shadowing experiences (eg Physiotherapy, Occupational Therapy, Radiography), you can contact [Nathan.Creckendon@btuh.nhs.uk](mailto:Nathan.Creckendon@btuh.nhs.uk)

## SPORTS NEWS



**PE Student of the Week** - There can be only one winner of the award this week and it must go to Callum McSweeney of Year 8 for his fantastic goalkeeping display in the Essex Cup match against St Clare's this week. Not only did he keep the team in the tie with some great saves during normal time, he saved two penalties in the shootout and stepped up to score the winning penalty for the team. Callum is the first boy to be a double winner of this award as he won it previously in Year 7 for his goalkeeping efforts. Well done Callum!

**Updated Extra-Curricular timetable for sport** - To incorporate some more/extra sessions for different sports/squads throughout the week, the PE department have altered the extra-curricular timetable slightly. Year 7 football is the only squad not to have a set training but this will be negotiated on a week-by-week basis with Mr Hardiman as the lead coach and the PE department. Please come along, try new sports and develop your skills!

### **Year 8 Football vs Southend High – Friendly – Lost 3-1**

Storm Alison really didn't help this game flow. A blustery first 11 a side game for the year 8's transitioning from 9 aside was a well contested game with a few new introductions to the team this year. Harry Weaver-Eggleton produced a solid display with new centre back partner Harry Williams. Sean Uisso and Jonah Vesey slotted in nicely, respectively filling the left and right full back positions. The game was dominated by the wind. Southend score 2 very good goals from long range assisted by the wind as did we. Ben Farmer netting with a lovely side footed finish. A pleasing overall performance with much to look forward this season. Mr Spillett

### **Year 8 Football vs St.Clere's – Essex Cup 1st Round – 1-1 a.e.t (STM won on penalties 8-7)**

St. Clere's were a really tough opponent and opened the scoring early on. They dominated the first half, creating lots of chances. Our keeper Callum McSweeney made a host of saves and kept us in the game. We came out for the second half re-invigorated and took the game to them, having more of the ball and using it much more positively. Ben Farmer scored his second of the season playing a lovely half volley over the keeper to equalise. The rest of the game was tentative. Both sides created chances in the final stages of the game and extra time. Penalties prevailed and an early save from McSweeney gave us the advantage. Needing to score our 5th penalty to win, Harry Weaver-Eggleton's was saved meaning it was all to play for. Another McSweeney save allowed the opportunity for the goalkeeper to take the next penalty in which he calmly converted to win the game. Mr Spillett.

### **Year 8 Football vs Belfair's – South East Essex Cup – Won 7-5**

A whirlwind of a game started with us straight on the back foot against a Belfairs side with only 10 men. 2-0 down in the first 5 minutes didn't make for easy watching, a trait we have been consistent in, conceding early in matches this year. The comeback was sparked by a brilliant William Edwards freekick, followed by a host of other goals to take us up to 6-2. We decided once again to switch off and some very strong play from Belfair's striker took the score to 6-5. James O'Brien finished the game off netting our 7th, with only minutes to play. Man of the match was William Ladepo, who worked the right channel well all game, scoring and making us tick the whole game. Mr Spillett

**Year 10 football** – We approached the new year with a fresh start, a new unproven managerial pairing with myself and Mr Bowdery taking the helm. It has been a busy start to the season for our year 10s, trials were held 2 weeks ago with over 60 boys attending, we had a tough task to whittle this number down to 20 and would like to thank all year 10 who attended, it was a quick trial but all played well.

Within the last two weeks we have already played 3 fixtures with another few approaching quickly. We had our first home friendly against Southend High School for Boys, played in extremely windy conditions. The boys were encouraged to worry more about how they were playing than the final result, encouraging them to keep the ball on the floor and try and maintain possession in dangerous areas. We were unlucky to go 2-0 down with 2 screamers that caught the wind. We brought it back to 2-1 with a really well worked goal, Emmanuel Poku playing the ball out wide, Tyrese with the whipped cross in and Wheatley at the far post sending it back across the keeper to nestle in the bottom corner. We got a foothold in the game but unfortunately the quality of Southend shone through and they ended the match 3-1 winners.

We played an enjoyable friendly against our year 9 team, the boys were in fantastic spirits and took to the challenge well, the game ended 1-1 after some dodgy decisions from our referee, Mr Binstead. In Carabao cup style the game went straight to penalties with the year 10s coming out on top.

We were unfortunately knocked out of the cup by Westcliff on Monday. Credit to the boys, we played some fantastic football and I really believe we should have and could have won the game. The boys are getting used to playing alongside each other and the comradery is so in line with the Tommy More spirit. It is incredibly difficult to pick a stand out player when all of the boys gave their all in the game but James Magee getting his first goal was a highlight, he did not stop running all game and defended very well from the front, congratulations to Leo Palmer too for also scoring his first goal. We lost this game 3-2 in the end, we had opportunities to score more but we are confident we will improve!

The team are still awaiting their first win but we are playing some brilliant football, it is only a matter of time! A huge thank you to the parents for coming to support and getting right behind the team and the PE department for helping us behind the scenes as well as turning up to encourage the boys. Mr West.

**1st XI Football 5-3 Plume** - After a successful pre-season, the eagerly anticipated league fixture against last year's runners up was upon us this year. Having stressed the importance of a fast start, the team did exactly that, racing to a 4-0 lead within the first 25 minutes. Conceding on the stroke of half time wasn't ideal but the earlier goals from O'Kane,

Zachary Wing, Aaron Akoman and Teejay Chiororo set up a positive first half. As expected Plume started fast in the second half. A penalty and a well taken goal gave then an unlikely route back into the game but a well worked goal from Akoman rounded off the victory, a much closer one than it should have been. A great three points to start the season.

**Twitter** - A reminder that Twitter uses can follow the PE Department's Twitter handle @PEDeptSTM to keep up to date with news, fixtures, results and links to content for exam preparation.



**PE kit** - In partnership with the English Schools Football Association, we have been given the opportunity to have a school shop created with their kit provider, Pendle Sportswear. Having used Pendle Sportswear to purchase kit for our football and rugby tours this year, we were impressed by the quality and the professional style of the kit and so far it has been a real success with the boys who went on the trips. As a result, we are introducing a selection of items through the St Thomas More High School 'school shop' on the Pendle website as an optional extra alongside our current PE kit. Please note, the kit is not replacing any current kit, it is available alongside the items of PE kit available now.

Items are available which are already set up for customisation and just require the initials of the student. The items include:

- White t-shirt
- Black sweatshirt
- Drawstring bag
- Rucksack
- Woolly hat
- Tracksuit top
- Baselayers
- Shorts
- Football socks



You can access our school shop using the following link <https://st-thomas-more-high-school.footballkit.co.uk/kits/football-training-wear/> to search items or purchase any kit you would like from the school shop.

### SPORT FIXTURES

DATE	FIXTURE	TIME
01/10/2018	Year 8/9 Table Tennis vs SHSB (HOME)	4:00pm
02/10/2018	Year 7 Rugby vs Westcliff (HOME) Year 8 Rugby vs Westcliff (HOME) Year 9 Rugby vs Westcliff (AWAY)	4:00pm 4:00pm 4:00pm
03/10/2018	Year 8 Rugby festival @ Barking 1st XI Football vs SHSB (AWAY)	1:00pm 2:00pm
04/10/2018	Year 11 Football vs Chase (HOME) Year 8 Football vs Eastwood (HOME) Year 9 Essex Cup Rugby vs Anglo European (AWAY)	4:00pm 4:00pm Depart 2:30pm
05/10/2018	Year 7 Football v Westcliff (AWAY) Year 10 v Cecil Jones (AWAY)	4:00pm 4:00pm

## PE Extra-curricular Timetable Winter 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 8.30am	PE DEPARTMENT MEETING	Year 9 Futsal	All Years Cross Country Year 8 Football	Year 10 Futsal SNR Rugby	Year 7 & 8 Basketball
1.40 - 2.20pm	Year 7 Basketball Year 9 Rugby	Sport Scholars Fitness	Year 7 & 8 Rugby Year 9 Basketball	Year 8 Basketball	Sport Scholar Meeting Racquet Sports
3.30 - 5.00pm	Year 7 & 8 Rugby Year 10 & 11 Basketball Year 11 & VI Form Football Training	Year 9 Rugby Year 9 Basketball	Yr 10 Football - Week 1 SNR Rugby Year 7, 8 & 10 Southend Football - Astro	Year 7 & 8 Rugby Year 9 Football	Badminton Club (Wk 1 - Years 10 & 11) (Wk 2 - Years 7, 8 & 9)

## YEAR 11 REVISION TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM				<b>English</b> - All levels 8.00-8.30am (E5)	<b>English</b> - All levels 8.00-8.30am (E1)
LUNCH	<b>English</b> - "Aiming for a level 5" 1.30-2.00pm (E3) <b>Chemistry</b> 1.35-2.05pm (LAB3)	<b>Media</b> - Drop in 2.00-2.30pm (CR7) <b>Science</b> - Drop in 1.35-2.10pm (LAB 8)	<b>D&amp;T</b> 1.35-2.20pm (CR8)	<b>Science</b> - Drop in 1.35-2.10pm (LAB 8)	<b>English</b> - Poetry Revision 1.30-2.00pm (TR7)
AFTER-SCHOOL	<b>English</b> - All levels 3.30-4.30pm (E5) <b>English</b> - Drop in 3.30-4.30pm (E4) <b>D&amp;T</b> 3.30-4.30 (TEC1 & TEC2) <b>ICT</b> coursework 3.30-4.30pm (CR3) <b>Maths</b> - Foundation 3.30-4.30pm (LAB7) <u>Week 1 only</u> <b>Maths</b> - Set 1 3.30-4.30pm (M2) <u>Start date TBC</u>	<b>English</b> - Drop in 3.30-4.30pm (BS3) <b>English</b> - Levels 5-9 3.30-4.30pm (MS1) <b>Business Studies</b> 3.30-4.30pm (BS1) <b>Food Prep</b> 3.30-4.30pm (Food tech) <b>Maths</b> - Set 3 3.30-5.00pm (M1) <b>Maths</b> - Set 2 & 4 3.30-4.30pm (M5) <b>Maths</b> - Higher Tier 3.30-4.30pm (M6) <u>Start date TBC</u>	<b>English</b> - All levels 3.30-4.30pm (E6) <b>ICT</b> coursework 3.30-4.30pm (CR3)	<b>Business Studies</b> 3.30-4.30pm (BS1) <b>Science</b> 3.30-4.40pm (LAB6) <b>Maths</b> - Set 3 3.30-5.00pm (M1) <b>Spanish</b> 3.30-4.30pm (MFL1)	