

CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

 [Listen to this newsletter](#)

OPPORTUNITIES

 The Summer break is in sight! If you're wondering how you can use your spare time over the break to get ahead with exploring and planning options for the future, look no further. We have included a range of ideas and resources below.

College & Sixth Form Exploration

 If you are currently in Year 10 and considering what your options are for the end of Year 11, you can go to each college / sixth forms website in September to see when their open day takes place. Remember, you can apply to as many sixth forms / colleges as you like and do not need to make your final decision until results day in August 2027.

 This guide from the National Careers Service explains the different types of courses you can take at the end of Year 11. Please make sure you refer to each college / sixth forms website to find the list of courses they offer.

University Exploration

 If you are currently in Year 12 and considering your options for the end of Year 13, it is likely that university is one of your areas of exploration. Here are some helpful guides:

- [The pros and cons of university](#)
- [Uni Compare Quiz - What degree should I study?](#)
- [How to choose the right undergraduate course for you](#)
- [Dates and deadlines for the UCAS process](#)

 In order to research different courses, you may want to take part in online taster lectures, virtual open days or in person open days (if you can't find the university you want to visit, just search the name of the uni followed by "open day" to find the date / registration page on their website). Remember, you can find incentives on the UniTasterDays, which shows discounts to help cover your travel to open days.

 When reviewing university websites, you will quickly realise that they say they're really great places to study. This can make it hard to choose which one is best for you. You can use Unibuddy to get honest opinions from current uni students. You can use League Tables (such as Complete Uni Guide) to compare things like student satisfaction and graduate prospect figures.

JOB OF THE WEEK



[Commerical Diver](#)

A commercial diver is a trained professional who performs heavy labour and technical tasks underwater for industrial, construction, or scientific purposes. Unlike recreational scuba diving, commercial diving is a demanding trade requiring specialised equipment, rigorous safety protocols, and strict certification standards.

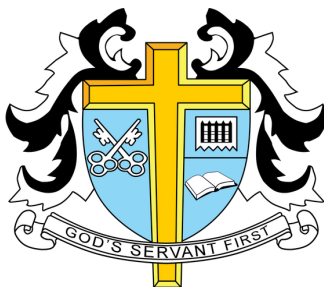
LABOUR MARKET INFORMATION FACT

Specialist medical practitioners show the highest demand across all occupations.

A further 5 occupations are also in critical demand: IT business analysts, architects and systems designers, chief executives and senior officials; senior care workers; brokers; medical radiographers.

[Source](#)

If you have any questions please email
Mrs Bradley at kbradley@st-thomasmore.southend.sch.uk



CAREERS NEWSLETTER

OPPORTUNITIES

Apprenticeship Exploration

If you're not sure that university is for you, Apprenticeships are another great way to obtain a degree whilst earning (and the employer pays for your tuition!). Apprenticeships are highly competitive so be ready to work hard and complete several applications. This article explains the different levels of apprenticeships. The following websites will also be useful: Not Going to Uni, OuterCircle, UCAS Apprenticeships, Get My First Job, Amazing Apprenticeships, Gov Apprenticeship site.

Gap Year Exploration

A well planned gap year can help you develop yourself and your skills before your next step. You cannot take a gap year at the end of Year 11, only the end of Year 13 (or even when you graduate university, before entering the workplace). Read the National Careers Service guide here to understand the benefits.

Industry Exploration

Picking which pathway you want to go down is really difficult if you're not sure what industry to focus on. So this summer, why not spend some time exploring your options? It is a good idea to consider what you enjoy, what you're good at, what the world needs and what you can be paid for. If you can find something that meets all of these things, you're on to a winner! This method is based around Ikigai.

These websites and opportunities can help:

- UCAS industry guides
- DayOfWrk
- ERIC App
- BBC Career Quiz

Industry Experience

In person work experience is a great way to see if you really enjoy an industry. If there is anyone you can work with over the summer, even if it is unpaid, do it! You will learn soft skills and workplace etiquette, even if it isn't the exact industry you want to go to into.

You can also find virtual work experience opportunities on Springpod and Futures for All.

EMPLOYER SPOTLIGHT

"Being a Civil Service apprentice means joining a community of passionate and engaged people all committed to improving the lives of people across the UK.

You might be working to support delivery of frontline services that are critical to members of the public, helping to shape government policy on any number of topics or working in one of our corporate services to provide the right tools and expertise to other civil servants."

UNI SPOTLIGHT

"Choosing the University of Glasgow gives you access to a world top-100 institution. Renowned for academic prestige, a stunning historic campus (frequently likened to Hogwarts), and a vibrant, affordable student life in one of the UK's friendliest cities. Over 95% of our graduates enter employment or further study shortly after leaving."

You can learn more about the University of Glasgow here.

If you have any questions please email
Mrs Bradley at kbradley@st-thomasmore.southend.sch.uk



Mike Clark

I left St Thomas More High School in 2010 and went on to study International Business Management at the University of Kent, graduating with a 2:1. Like many graduates, I didn't have a completely clear idea of my long term career path, but I was eager to get started in a sales role.

My career began in telesales for a real estate media title in central London at Estates Gazette. Over the ten years I spent there I progressed from Sales Executive to Head of Business Development, gaining invaluable experience in sales, commercial strategy and leadership. During that time I also married my long term partner and we had two amazing children, which has hands down been the

most rewarding part of my journey so far.

Four years ago I made the move to CBRE, the world's largest commercial real estate advisory firm. I initially joined as a Director leading the Tech, Media and Telecom sector for the UK. Recently I was promoted to Head of Growth for London, a role focused on driving strategy and identifying opportunities across one of the most dynamic commercial real estate markets in the world. Throughout my career I've learned a huge amount about sales, but equally about **leadership**, **collaboration** and **building strong teams**.



PROFILE:

NAME: Mike Clark

JOB: Head of Growth,
London Markets, CBRE

SUBJECTS studied at A
LEVEL: Business Studies,
Geography and ICT

What next? University of
Kent, International Business
Management 2:1

YEAR left STM: 2010



ALUMNUS OF THE MONTH

JUNE 2026



Outside of my day job, I've always had an **entrepreneurial streak**, something that runs in my family. Around 18 months ago a friend and I launched the *It's Only Kids Football Podcast*, which focuses on parenting and coaching in grassroots football and aims to improve the experience for kids, parents and coaches. What started as a passion project has grown quickly and recently ranked in the **Top 50 Football Podcasts in the UK**. Watching the podcast and wider business grow month by month has been hugely rewarding.

Looking back, my time at St Thomas More helped lay many of the foundations that shaped my career. I gained many qualities that have stayed with me throughout my professional life. Those early lessons around **resilience**, **teamwork** and **ambition** have played a big role in how I approach both business and leadership today.

Quote I live by:

***"Embrace what you don't know, especially in the beginning, because what you don't know can become your greatest asset."** — Sara Blakely*



Students Gain Valuable Interactive Careers Day at Southend Civic Centre



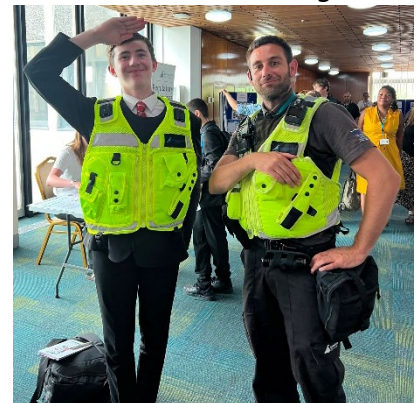
This week, students attended an interactive careers event at Southend Civic Centre, where they explored a range of career opportunities within the council and the wider community. The morning included sessions on Housing, Adult Social Care and a speed networking activity, helping students develop their communication skills while learning about different career pathways.



Students also had the opportunity to meet and question a variety of employers and organisations, including Royal Mail, Youth Voice Council, Auburn Group, The Song School, ARU, SEC, Trading Standards, South Essex College, Marlborough, SUEZ and EFRCS. Through these conversations, students gained first-hand insight into different industries, training routes and the skills employers value most.

The key message from the day was that there are many routes to success and that confidence, curiosity and a willingness to learn can open doors to a wide range of opportunities.

"I enjoyed speaking to different employers because it helped me learn about careers I'd never thought about before and gave me ideas for my future." – Year 9 Student participant



We would like to thank all the employers, volunteers and organisers who helped make the event such an informative and inspiring experience for our students.



The Sixth Formers' Guide Degree Apprenticeships

Over **3,000 degree apprenticeships** available for students leaving school or sixth form college in the **summer of 2026**.

Researching Degree Apprenticeships - Summer Checklist

Summer holidays are just around the corner, and the long break is the perfect time to get ahead with degree apprenticeship research and planning.

[The Sixth Formers' Guide to Degree Apprenticeships](#) brings together a wealth of information for anyone interested in exploring this route, and our summer checklist highlights some simple steps to take over the next few weeks to feel more prepared before applications open in the autumn.

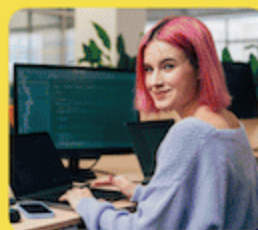
[Read the Guide](#)



2026
EDITION

The Sixth Formers' Guide Degree Apprenticeships

Over **3,500 degree apprenticeships** available for students leaving school or sixth form college in the **summer of 2026**.



Get Ahead this Summer

The Sixth Formers' Guide to Degree Apprenticeships has pulled together a list of key actions to put in place over the summer. Not everything has to be completed at once, but even ticking off a few of these steps will be great preparation for future applications for degree apprenticeship opportunities.

- **Read the Guide:** The guide highlights a range of opportunities with leading UK employers across a variety of exciting industries, including [accounting, engineering, construction, law, technology and business & management](#).
- **Watch the Programmes:** Our accompanying [TV programmes](#) explore key questions such as 'What is a degree apprenticeship?' alongside insights from recruiters and apprentices at **Barclays, KPMG, PwC** and **AtkinsRéalis**.
- **Research Application Processes:** Different employers recruit in different ways. Use the guide to [understand the stages of a typical application process](#) and what employers look for when recruiting their degree apprentices.
- **Create an Employer Shortlist:** Explore our [Employer Profiles](#) and [A-Z of Degree Apprenticeship Employers](#) to identify organisations and programmes that are of interest. Shortlisting employers now can help make the application process more manageable later on.
- **Build a CV:** All experience counts, whether it is a part-time job, volunteering or formal work experience. Identify the key skills and knowledge gained from each experience to help develop useful examples to use in future applications and interviews.
- **Engage with Employers:** Some employers offer events and activities to help sixth-form students learn more about degree apprenticeship programmes. For example, law firm, [A&O Shearman](#), are hosting a Schools Open Day on 22nd July and [ICAEW](#) offer the 'Step Inside Accountancy' virtual work experience programme for Year 10-13 students.
- **Register Interest Early:** Many employers featured in the guide open for applications in the autumn or have early closing dates. Several organisations, including [Barclays](#), [JPMorganChase](#), [EY](#), [KPMG](#) and [BAE Systems](#), encourage students to register their interest over the summer and be the first to know when applications go live.
- **Connect on Social Media:** Follow us on [Instagram](#) or [LinkedIn](#) to receive the latest employer updates, application information and apprenticeship insights.



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Thank you for your continued support

We are very grateful for your continued support of ***The Sixth Formers' Guide to Degree Apprenticeships***. As ever, we hope you'll find the guide useful - and we'd be pleased if you could share the guide with your Year 12 students and their parents.

We hope you have a great summer break, and look forward to launching the 2027 edition in the new academic year.

Many thanks,

Zoe Gordon

[The Sixth Formers' Guide to Degree Apprenticeships](#)

zoe.gordon@sixthformersguide.co.uk

If you would prefer not to receive these emails, [unsubscribe here](#)

JULY 2026

BRITISH ARMY CAREERS NEWSLETTER



This newsletter shares helpful updates, resources, and opportunities from the British Army to support young people as they explore career options and build skills.

- British Army Supporting Education



APPRENTICESHIPS & CAREERS

GET SKILLED QUALIFIED CONFIDENT STARTED

COMMUNICATIONS ENGINEER

Become a communications expert across the battlefield and protect the Army's critical networks. As a Communications Engineer, you'll master cutting-edge technology to install, maintain, and defend systems that secure operations across Defence.



APPRENTICESHIP GAINED

Start a Level 4 Network Engineer apprenticeship, lasting at least **24 months and offering pay over £27,200**, giving you practical skills, real experience and a foundation for your future.

MASTER YOUR CRAFT



VIRTUAL EVENTS

VIRTUAL HARROGATE OPEN DAY



WEDNESDAY 8 JULY
18:00 - 19:00

REGISTER TODAY >

BRITISH ARMY INSIGHT: PARENT VOICES



THURSDAY 17 SEPT
18:00 - 19:00

REGISTER TODAY >

BREAKING DOWN THE ARMY ASSESSMENT



TUESDAY 22 SEPT
18:00 - 19:00

REGISTER TODAY >

FREE RESOURCES

NEW AUTUMN TERM PLANNER

Get ready for the autumn term with fresh, ready-to-use content designed to save you time and engage your students. In partnership with Amazing Apprenticeships, this pack brings together events, lessons, awareness days and resources you can drop straight into your planning - helping you inspire, inform and support every learner with confidence.

DOWNLOAD TODAY >

Amazing Apprenticeships



HAVE YOU THOUGHT ABOUT JOINING: THE INTELLIGENCE CORPS

OPERATOR MILITARY INTELLIGENCE (OPMI)



As an Intelligence Operative, you could be working from headquarters, supporting government teams, or out on the ground building a clear picture of what's happening. One day you might brief senior leaders or politicians.

DOWNLOAD OPMI FACTSHEET >



OPERATOR TECHNICAL INTELLIGENCE (OPTI)

Everyone starts by learning the basics of Signals Intelligence, with the chance to specialise in Cyber or develop a foreign language to a high level. You don't need any technical experience or language skills to apply.

DOWNLOAD OPMI FACTSHEET >



SEARCH
ARMY
JOBS

WANT TO BOOK A TALK, REQUEST MATERIALS OR ASK A QUESTION?

Call your local office or email the Army Outreach team at: rg-nrcoutreachadmin@mod.gov.uk

SEARCH ARMY JOBS



BASE
BRITISH ARMY
SUPPORTING
EDUCATION

ARMY APPLICATION AT A GLANCE

Catch up anytime with our on-demand session and get a clear, honest look at the Army Assessment Centre. We walk you through every stage, what to expect, and how to prepare with confidence.

SEPTEMBER

22

IF YOU'D LIKE TO JOIN US LIVE, YOU CAN REGISTER NOW FOR OUR NEXT SESSION IN SEPTEMBER.

REGISTER HERE



WHAT PEOPLE SAID ABOUT THE EVENT



EVERYTHING DISCUSSED WAS WELL PRESENTED AND INSIGHTFUL.



THIS WAS VERY INFORMATIVE. I AM ACTUALLY REJOINING THE ARMY. I FIRST WENT THROUGH THE PROCESS IN 2012 & IT HAS IMPROVED SO MUCH FROM THE LAST TIME. I FEEL MUCH BETTER SUPPORTED & LOVE HOW EASY IT IS TO GET ANY QUESTIONS ANSWERED. THANKS FOR EVERYTHING.

BREAKING DOWN THE ARMY ASSESSMENT - ON DEMAND



CATCH UP ON DEMAND

ALIGNING WITH GATSBY BENCHMARKS

FREE LESSON LIBRARY

Explore our free Lesson Library with over 35 adaptable assemblies, activities, lesson plans and schemes of work - all designed to support careers education.

PLAN YOUR NEXT LESSON



EMPLOYER TALKS (YEARS 9+/S3/S4)

Use our interactive presentation to explore the wide range of Army roles. It's a simple, engaging way to help students learn about Army life and the different career paths available.

REQUEST A TALK



CAREERS FAIR (YEARS 9+/S3/S4)

We can visit your school's careers fair to talk with students about Army roles, apprenticeships, sponsorship options and what Army life involves, helping them explore opportunities with confidence.

CONTACT THE OUTREACH TEAM



ARRANGE A WORKSHOP (YEARS 9+/S3/S4)

This hands-on workshop helps students build confidence, resilience and communication skills through engaging team challenges, giving them a practical way to develop key skills they can use in and beyond school.

BOOK A WORKSHOP



WORK EXPERIENCE (YEARS 9+/S3/S4)

Students can join a four-day residential Army experience to build leadership, teamwork and resilience. A one-day version may be offered when training or accommodation limits availability.

APPLY FOR A PLACEMENT



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BASE BRITISH ARMY
SUPPORTING
EDUCATION

SPOTLIGHT ON

15 YEARS IN THE BRITISH ARMY: CHARLOTTE'S STORY

Bring real-life career stories into your classroom with Charlotte's inspiring journey through 15 years in the Army.

This engaging case study helps students explore progression, resilience and opportunity, giving them a relatable insight into where their own choices could lead.



LISTEN NOW



VIRTUAL ARMS & SERVICES SERIES: 7 CAREER STREAMS

SEPTEMBER

9

Results day doesn't define your future.

Join this session to explore the seven Army career streams, discover roles with no GCSE requirements, and find a path that matches your strengths and ambitions.



PARENTS

**FROM PERSISTENCE
TO PRIDE:**

**A FAMILY'S
JOURNEY TO
HARROGATE**



Ray shares how his son Max overcame early fitness challenges to join the Army.

Through determination, family support, and his own drive, Max kept going, improved his fitness, and reached his goal.

LISTEN TO HIS STORY



STUDENTS

RESULTS DAY

We understand that not every student finishes their exams knowing exactly what comes next. The Army offers more than many expect - it's not just about muddy boots. It's about building confidence, gaining qualifications, and finding a career that can go far.



RESULTS DAY

AUGUST
4
SQA

AUGUST
14
A-LEVEL

AUGUST
20
GCSE

YOUR STUDENTS ARE WAITING FOR THEIR RESULTS - NOW WHAT?

If they're ready to take on the world, a career as in the Army could be the next step. There are over 100 different roles available, some requiring no GCSE's - why not use the Role Finder to start your journey.

FIND YOUR ROLE



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SEARCH ARMY JOBS



BASE BRITISH
ARMY
SUPPORTING
EDUCATION

YOUTUBE SERIES - MYTH BUSTING: ARMY EDITION

ASK A RECRUITER: AGE TO JOIN

REGULAR SOLDIER SERIES: EPISODE 1

AGE TO JOIN - EPISODE 1



In episode one, we explain Army age requirements, when you can apply, and next steps. Learn about Harrogate training, parental consent, key deadlines, and plan your next move confidently.

ASK A RECRUITER: A QUICK GUIDE TO APPLYING

REGULAR SOLDIER SERIES: EPISODE 2

A QUICK GUIDE TO APPLYING - EPISODE 2



In episode two episode, we guide you through starting your Army application, staying in touch with your recruiter, and understanding timelines, support options, and next steps confidently.

ASK A RECRUITER: THE APPLICATION PROCESS EXPLAINED

REGULAR SOLDIER SERIES: EPISODE 3

APPLICATION PROCESS EXPLAINED: EPISODE 3



In episode three, we explain the Army joining process, from brief to Assessment Centre. Learn key steps, track your progress, and stay confident with support and tips.

HUBS

Find parent resources, step-by-step guidance and myth-busting information. Hear real stories on our Parent Perspectives Podcast, explore testimonials and watch expert-led webinars covering careers, applications and wellbeing.

PARENTS AND GUARDIANS



Boost careers education with Gatsby-aligned resources, posters, myth-busting guidance and workshops. Explore real stories, testimonials and expert-led webinars to help you spark meaningful, confident career conversations in class.

EDUCATORS



NEWSLETTER: REGISTER YOUR INTEREST

**PLEASE SHARE THIS
NEWSLETTER WITH
COLLEAGUES AND PARENTS**

REGISTER YOUR INTEREST



WHO MAY ALSO BENEFIT

Encouraging your wider team and families to register ensures everyone has access to the same dependable insights, tools and updates - helping them feel informed, confident and better equipped to support young people.

GET IN TOUCH

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SEARCH ARMY JOBS



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