

CONTACT

No. 1705 – Friday 17th October 2025

We have had a busy week of events in school this week and have included some of the highlights below, along with some reminders for upcoming events in the next few weeks.

Year 7 Welcome Mass: Last night we held one of the highlights of our school year, our annual Mass of welcome to Year 7 and their families. It was a wonderful celebration of the Eucharist as we held students and their families in prayer as they enter this new Chapter. In particular it was great to see so many Year 7's involved with the music, altar serving, reading and bringing up the offertory as well as the Year 7 Tutors all supporting our young people mark their first half term in secondary school. In preparation for this Mass during form time year 7 have been discussing putting their faith into action. We also collected a fantastic amount of donations for the SVP which will make a huge impact to those in need in our local community. Thank you so much to all of those families who donated to this great cause last night. A special thank you to Fr Jeff Woolnough for celebrating the Mass, to Max Morris, Mr Dixon, Ms Donoghue and students in older years for supporting the year 7s with the music, our site team and FOSTM team for the refreshments afterwards.



Parent Forum: Our next Parent Forum will take place on **Monday 20th October** between 4.00pm and 5.30pm. This is an open invitation for parents and carers to pop into school to share ideas, ask questions and discuss feedback with leaders about general aspects of school life. No appointment is necessary!

Internal 6th Form Open Evening and Study Skills: This important evening takes place this Wednesday (22nd October) for all students in year 11. The evening starts for students at 3.45pm and then parents and families are invited to join us at 4.30pm in the Assembly Hall. A reminder of the evenings key events can be found below:

3.45- 4.15pm	STUDENTS ONLY attend targeted POST 16 sessions
4.30 - 5pm	Study skills for PARENTS & STUDENTS - Parents, please enter through reception and sign in
5 - 5.15pm	Headteacher's address - Assembly Hall
5.15 – 6pm	St Thomas More Sixth Form Subject Fair – Sports Hall

Accessorise with Pink! – not a non-uniform Day – suggested donation of £1.50 via [School Gateway](#) raising money for **Breast Cancer Now - Thursday 23rd October**. *No accessories to be worn with messages or pictures on them which could be seen as inappropriate, disreputable or offensive, no earrings or other jewellery other than watches as per usual code of conduct. Items such as jumpers, socks, ties etc. worn should be appropriate for a school day. Hats/headwear must be removed on entering the school.*

Charity Talent Show in Support of Breast Cancer Now – Thursday 23rd October - Lunchtime

A reminder that the school will be hosting a Talent Show on 23rd October in support of St Vincent's House Charity Breast Cancer Now. This event will celebrate the wonderful talents of our students while raising funds for a very worthy cause. Please note that, due to limited space in the school hall, tickets will be allocated by ballot.

- Payment: £2 per ballot entry (payable via the [School Gateway](#))
- Deadline: Sunday 19th October

Thank you for your continued generosity and support. Kind regards, **St Vincent's House Captains**

Half Term Holiday - A reminder that we are nearing the end of the first half-term of the year and break for the **half-term holiday at 3.30pm next Thursday 23rd October 2025**.

Mass for Deceased: takes place on **Thursday 13th November at 6pm**, further information will be sent out shortly.

ACHIEVEMENTS FOR CONTACT



HAS YOUR CHILD DONE SOMETHING OUTSIDE OF SCHOOL THAT DESERVES RECOGNITION?

WE WOULD LIKE TO CELEBRATE IN CONTACT



Send Information & Pictures to:
office@st-thomasmore.southend.sch.uk

Prayer of the Week

Written by the students of 7V

We pray for all Year 7 students as they continue their journey at St Thomas More.

May they grow in confidence, friendship, and faith, and always feel supported by our school community.

AMEN

29th Sunday in Ordinary Time

Luke 18:1-8

Artwork: Praying Man (1902-1905) by Jacek Malczewski

This week we hear from the Holy Gospel according to St Luke. In this passage we hear the parable of the persistent widow. In this a widow keeps pleading with an unjust judge to grant her justice. Initially the judge refuses, he doesn't care about the people nor does he care about God. Eventually he relents and grants her justice, but he does this only to make his life easier, he wants the Widow to leave him alone, from his perspective she is just nagging and is an inconvenience. This is the first of two parables in Luke 18 that focus on prayer.

Our Lord, Jesus Christ, uses parables for a few different reasons, one of those reasons is to give us an insight into God's nature or how the Kingdom works. So if this parable is about prayer, is Lord Jesus telling us that praying is like nagging? is He suggesting we are an inconvenience to God when we pray?

Not at all. In fact this is the opposite. Our Lord is saying that even a heartless and selfish judge answers eventually, so how much more would a loving God respond to prayers? When prayers go unanswered it can be disheartening, but Lord Jesus is reminding us that God is listening and He is already working, even if we can't see it yet.

The opening line to this Gospel reading says that the Lord told them a parable so they "ought always to pray and not lose heart". Persistence in prayer is not about wearing God down, its about staying close to Him. This passage ends with Lord Jesus saying "when the Son of Man comes, will He find faith on Earth?" It's something to reflect on: When things get difficult, when life gets busy, will we abandon prayer? Will we no longer try to stay close to God?



Max Morris, Lay Chaplain

Chaplaincy News

Benediction: On Thursday 23rd October immediately after school we will have Adoration of the Blessed Sacrament, however on this occasion we will also have Benediction to conclude the prayerful period. Please come and join us for hymns, group prayer, incense, reflections, and a special blessing. It will be a fantastic way to conclude the first half term. If you have any questions about what Benediction or Adoration is, please speak to the Chaplain.



THE CARITAS TEAM

The CARITAS Team: Our new extracurricular lunchtime group '*The CARITAS Team*' continues to meet on a Wednesday lunchtime 1.30-2pm in E4. This new group combines our former CAFOD Team, SVP Group, and Guardians of the Garden into one unified team and new members are always welcome. The Caritas team would also be grateful for any donations of wool that you are able to give.

The YSVP: YSVP are doing their Christmas launch for food and goodies for those less fortunate. We are aiming to do some family boxes and it would be lovely if we could add some chocolate or sweets as well as the essentials. We are also hoping to put a pair of fluffy or Christmas socks into each box this year. Thank you for all of your previous contributions. Mrs Caten.

ST VINCENT'S CENTRE, SOUTHEND

QUIZ NIGHT

£5 PER HEAD

TERRACE BAR & RESTAURANT
1 Richmond Ave, Southend, SS1 1JE
(Just off the High street)

THURSDAY 13TH NOVEMBER 2025
ARRIVAL 7PM FOR A 7.30 START

Join us for a lively Quiz Night filled with excitement and challenges! There is a well stocked bar. Enjoy a night of fun with friends. Secure your spot now by registering and reserving a table.

REGISTER YOUR TEAM TODAY!
Please email nesperm@syp.org.uk

ST VINCENT'S CENTRE
INVITES YOU TO
Afternoon Tea










AT
THE ROSLIN BEACH HOTEL
MONDAY 8TH DECEMBER 2025

1:30PM
£37.50 PER PERSON
(ADVISE DIETARY REQUIREMENTS WHEN BOOKING)

To Book Contact Phone: 07549128877
Email: nesperm@syp.org.uk
Charity No: 1053992



Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msgr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr. Gerry
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies:

Holy Family Catholic Primary School, Benfleet – Headteacher (closing date extended to 10th November 2025) - [HFCPS Website - Job Vacancies](#)

St Thomas More High School, Westcliff – Cleaners - [Vacancies](#)

St Joseph's Catholic Primary School, Canvey Island - Learning Support Assistant - [St Joseph's Catholic Primary School and Nursery - Vacancies](#)

Parent Reminders and Student Information

Term Dates: Please find the [Term Dates 2025-26](#).

Calendar for Parents: can be accessed [here](#).

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

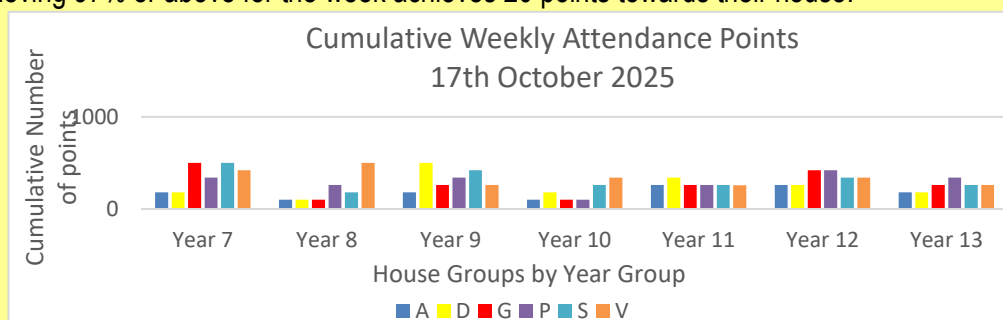
Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or

by emailing attendance@st-thomasmore.southend.sch.uk

If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence eg appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.



House Attendance Points: The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



Changes to Contact Details: If you have moved house, changed your email address, mobile telephone number or work contact number, etc. over the summer holiday, **please remember you can make these changes via your child's [School Gateway](#) account.**

Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

16–19 Bursary Fund – Support for Sixth Form Students

The Government's **16–19 Bursary Fund** is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit: www.gov.uk/1619-bursary-fund If you have questions or need help with the application, please contact our Sixth Form office.

Lights Required for cyclists: With the darker evenings drawing in, it won't be too long before it is dark at the end of the school day. This is a reminder to all cyclists to ensure your bike is equipped with proper lights. Riding with front and rear lights is not just essential for your safety, but it's also a legal requirement to help you stay visible to others on the road.

Please check:

- **Front Light:** A white light on the front of your bike.
- **Rear Light:** A red light on the back, plus a rear reflector if possible.
- **Visibility Gear:** Consider reflective clothing or accessories to further increase visibility.



Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](http://st-thomasmore.southend.sch.uk)

They're everywhere online, but do you really know what memes are saying? 😞 This week's #WakeUpWednesday guide explores the role of memes in youth culture - and why they're not always as harmless as they seem. From hidden messages to misinformation, we break it down 🍀📱

Plus, we share four simple ways parents and educators can guide young people to engage more safely with memes - encouraging empathy, critical thinking and healthier digital habits 🗨️🧠

What Parents & Educators Need to Know about MEMES

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

WHAT ARE THE RISKS?

- SPREADING MISINFORMATION**
While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.
- EXPOSURE TO INAPPROPRIATE CONTENT**
Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.
- MASKED MESSAGES**
Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and sometimes other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.
- HIDDEN HARMS & LOSING SENSITIVITY**
When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.
- PERMANENT DIGITAL FOOTPRINT**
Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

- ENCOURAGE OPEN CONVERSATIONS**
Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.
- TEACH DIGITAL LITERACY**
Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.
- MODEL HEALTHY BOUNDARIES**
Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.
- FOSTER EMPATHY ONLINE**
Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert
Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.

#WakeUpWednesday The National College

Departmental News



Our [Amazon Wishlist!](#) Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

Does your child need somewhere quiet to study with access to a computer to complete extended learning? We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



October TRIPLE Extended Learning Challenge for Art, DT and Food Tech: In this challenge we would like you to use skills learnt in Art, DT and Food Tech to complete a mini project. Your task is to Design and Make a food product and it's packaging – this month we are looking for a CUPCAKE! An example of finished packaging can be found here https://www.youtube.com/shorts/3cPQpRvku_4 . We would also like to see photos of the cupcakes too especially in the packaging! Here is a website for a cupcake recipe but feel free to use your own [Cupcake recipe | Good Food](#) – the cupcake can be any flavour of your choice!

If you send a photo (smnapper@st-thomasmore.southend.sch.uk) or bring in your finished product to show us and we will award you 3 MERITS and an Extended Learning Challenge Certificate. The A3 templates for the cupcake box are available from Mrs Napper in Food Tech.



Yr. 8 Hiking Trip Truleigh YHA - Well done to the Yr. 8's last weekend, who covered 9 miles on Friday between Ditchling Beacon to Truleigh Youth Hostel with a further 5 miles between Amberley to Washington. A great effort during which they showed great determination, stamina and spirit. The group got praise from the



Youth Hostel staff and members of the public for their good conduct. A special thank you to Mr Carey, Mr Douglas and Dr Arnold for giving up their time and making the trip a great success.



Aviation Club: The Global Innovators' Challenge Poster Competition: The Air League is holding a national poster competition for students aged 11–15. To take part, you'll need to design a creative and eye-catching A3 poster that shows how aviation is becoming more eco-friendly and sustainable.

Your poster should focus on one of these four exciting themes:

1. Sustainable Aviation Fuel (SAF): fuel made from renewable sources like plants, waste materials, or used cooking oil instead of traditional oil.
2. Electric Aircraft: planes powered by batteries instead of jet fuel.
3. Hydrogen Fuel: an energy source first discovered in 1839, now seen by many as a key part of zero-carbon flying.
4. Biomimicry: using nature-inspired designs to create innovative aviation technology.


Our school deadline for entries is Friday, 19th December 2025. Posters will be displayed at the Sustainable Skies World Summit at Farnborough Airport on 17–18 March 2026, where aviation experts will choose the winners.

🏆 **Top prize:** an exclusive flight experience day at a local airfield! If interested in taking part, please see Mr. Pereira and more info about the competition can be found here: [Global Innovators' Challenge – Poster Competition - Air League](#)



The STM Music Department's
Musician of the Month
October

Jacob Yr 7



Thank you to Jacob:

- Showing excellent independent practice skills.
- Playing piano for the Year 7 welcome mass.
- Supporting the music department, and the Catholic life of the school.

The STM Music Department's
Musician of the Month
September

Shay Yr 9



Thank you to Shay for:

- Continuing his commitment to the school choir
- Showing resilience by singing a solo under difficult circumstances.
- Supporting less experienced musicians.



Alumnus of the Month: [October 2025](#)

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)

Connexions Events: a list of 6th Form and colleges open events for 2025/26 can be found [here](#).
[Webinars & Workshops - Amazing Apprenticeships](#)



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Call Out for Mentors: Would you consider being an academic mentor for Sixth Form students wanting to specialise in your area of expertise? As well as meeting with me about how they're getting on in their subjects, we'd like to offer tailored advice for progressing towards careers and next steps with a bank of academic mentors: in-house staff, alumni and other members of the STM community. This would involve you meeting with them to chat about their Learning Journal (a live document that I'll have access to as well) and offering words of wisdom on Supercurriculum and applications. If you're happy to help, please email JOSBORNE@st-thomasmore.southend.sch.uk with your degree title or area of specialism that you'd be happy to give advice on. Thank you in advance for your support. Miss Osborne - Pupil Progress Mentor for More Able

NCA Inspires Year 9 Students with Careers Talk: This week, our Year 9 students had the exciting opportunity to hear from representatives of the **National Crime Agency (NCA)**, who visited to talk about the wide range of careers available within the organisation. Students learned how the NCA plays a crucial role in tackling serious and organised crime across the UK, and explored the diverse career paths that contribute to keeping our communities safe—from intelligence analysis and digital forensics to law enforcement and cybersecurity. The session sparked great interest and curiosity among students, who asked thoughtful questions about how to get involved in such vital work in the future. To build on this experience, students will take part in a **follow-up workshop on Thursday 23rd October**, where they'll have the chance to develop their skills further and take a closer look at what it's like to work for the NCA. This has been a fantastic opportunity for our Year 9s to connect classroom learning with real-world applications and consider how their interests and talents could lead to exciting careers in national security and crime prevention.



MFL Department's Word and Idiomatic Expression of the Week:

Ser más astuto que un zorro


Literal translation in English: To be cleverer than a fox
When do we use it?: To be cunning and sharp in practical matters
Example: Mi primo es más astuto que un Zorro.
(My cousin is as sly as a fox.)


Juguete


(hoo-geh-teh)
 Masculine Noun


In English: Toy
Example: Esta muñeca es el **juguete** favorito de mi hija.
(This doll is my daughter's favourite toy.)

language links

pleasure 

placer 

placate 
 make someone less angry or hostile

 Light Bulb Languages

Goldilocks eats three equal-sized bowls of porridge, one after the other. When she has eaten $\frac{3}{7}$ of the total amount of porridge, what fraction of the porridge in the second bowl has she eaten?



Maths Problem of the Week

Answer to last week's problem: $\frac{3}{8}$ ths

Poetry Corner No.79

Why Brownlee Left

Why Brownlee left, and where he went,
Is a mystery even now.

For if a man should have been content
It was him; two acres of barley,
One of potatoes, four bullocks,
A milker, a slated farmhouse.

He was last seen going out to plough
On a March morning, bright and early.
By noon Brownlee was famous;
They had found all abandoned, with
The last rig unbroken, his pair of black
Horses, like man and wife,
Shifting their weight from foot to
Foot, and gazing into the future.

Paul Muldoon

[Why Did Brownlee Leave? – A Look at Paul Muldoon's Rural Mystery – midholloway](#)

[Why Brownlee Left by Paul Muldoon, Miami Book Fair & SoFloPoJo - YouTube](#)

Yr. 11 Revision Timetable

As we approach the end of what has been a very busy half-term, I would just like to provide you all with an update on some key information as it pertains to year 11. Firstly, year 11 revision sessions are now up and running, you will find a copy of the timetable below. These have also been posted outside form rooms and a key meeting points around the school. I would urge all students to avail of these sessions and I would once again like to thank the staff of our school for giving up their time to run these sessions. Secondly, next Wednesday we are hosting our year 11 study skills and open evening, it is a very important evening for your child and I would urge everyone to attend. Thirdly, yesterday, Mr Hardiman and Mr West spoke with year 11 about uniform and whilst it is largely of a very high standard, there are still students who are not wearing school blazers or black school shoes; could I please ask for your support with this if your child is not coming in to school with full and correct school uniform. Finally, in an effort to diversify how your child revises for their upcoming examinations I would remind you that all students in year 11 have a MASSOLIT account for English literature, Dr. Frost for maths and Educake for science. Have a great week, Mr West and Mr Dooley.



REVISION TIMETABLE 25/26

MON	TUE	WED	THU	FRI
8am – 8:30am (speak to teacher for specific time)				
RCA - English E4	RC-English E4			GDO -English E1
	PGR-RE RE2			
	LDO-Music listening paper revision-H1			
1:30pm – 1:55pm (speak to teacher for specific time)				
DCO - Media and Film E7	Art-K&A AR3 (Week 2)	DCO - English E7	API - Physics Lab 2	JH-Geography G1 1.45-2.25pm
GRO-RE 2.00-2.25pm RE2	KDO-History H1	ZR- English (sets 7-9) E4	AB - Product Design Tec 3	SEM-English E6
JH- Geography G1 1.45pm-2.25pm	LMY - Business BS1	CJC-Computer Science CR5	KDU- English E5	
KAY & KBA Art AR2 & AR3	AMB-Tech Tech 3		Art – KAY AR2	
			GRO- RE 1.40-2.20pm RE2 (week2)	
			MAR-Further Maths M2	
2pm – 2:25pm (speak to teacher for specific time)				
	API-Physics (double & triple) Lab 2	CJC-Computer Science CR5	MAR-Further Maths- M2	KBA-Art AR3
		SMN-Food Preparation and Nutrition revision/NEA catch up CR6		
After School (speak to teacher for specific time)				
CWI- Spanish- CR3	FLE- Media and Film Coursework MS1	MLO - Maths (set 3) M7	TMI- RE (12mark Clinic) RE3	
	GWE-Geography-G3	GWE-Geography-G3		
	LDX- Music MUS1			
	LMY - Business BS1			
	CJC-Computer Science CR5			

Sports News



PE Students of the Week: We have two winners this week. First off, Aashkin has been recognised for his dedication to school sport. Not only did he perform superbly in the U15 rugby festival on Thursday, he then played for the U16 basketball team straight after and was one of the stars of the match. Manny from Year 9 has also been recognised for his efforts over the past few weeks for the basketball team. He has shown great maturity to lead the team to three important wins. Well done to both



boys.

Year 8 Football Vs KES: It was truly a game of two halves as STM's Year 8 team secured a 5-3 win over KES in the cup this week. STM dominated the first half with a strong and confident display. Goals from Chimandiya, who struck a superb volley, Kian, who calmly converted a penalty, and Mylo, who finished clinically, put STM 3-0 up and in control before half-time. KES pulled one back with an impressive 30-yard strike, but David quickly restored STM's advantage to make it 4-1. A couple of unfortunate own goals, one for each side, brought the score to 5-2, and although KES grabbed a late consolation goal, STM held firm to see out the game 5-3. Special mentions to Mylo for his 2 assists and a goal and to Caleb for an impressive header (first goal for the school) into his own net!

Under 18 ESFA Cup Round 2 - New Hall 0-8 STM 1st XI: The 1st XI squad progressed comfortably in their opening game of this season's National Cup with an emphatic 8-0 victory away to New Hall. Asserting early control and looking dangerous in attack, the team raced to a 5-0 lead by half time with some fine goals from Michael, Joel, Charlie, Divine, and Denzel. After such a dominant first half, the team eased off slightly in the second period as squad rotations were made to manage workloads. However, a late flurry of goals in the final 15 minutes, including another from Michael and a brace from Joel to complete his hat-trick, sealed the scoring and sent STM confidently into the next round. Well done to the whole squad, and a special mention to Year 11 students Joel, Divine, Charlie, Chris, and Denzel, who all made their 1st XI debuts. The team will now face KEGS in Round 3 after half term.



Under 18 Essex Cup - Harris Rainham 1-1 (2-3 pens) STM 1st XI: The 1st XI secured their second win in as many days, navigating a tricky Essex Cup tie against Harris Rainham with a penalty shootout victory. STM continued their usual pattern of dominating play, creating the better chances in the first half despite challenging pitch conditions. Dylan opened the scoring after 25 minutes, beating the offside trap and finishing confidently past the onrushing goalkeeper. In the second half, STM had opportunities to put the game to bed but couldn't convert, and a late push from Harris Rainham saw momentum shift as they equalised with a well taken goal. STM dominated extra time, creating numerous chances against a tiring opposition, but the winning goal remained elusive. A fine save from Hayden at the start of the shootout gave STM the advantage, and successful penalties from Frank, Michael, and Ollie sealed the win and booked a place in the next round, where they will host Robert Clack.

U15 Essex Rugby Festival: The year 10 rugby team attended the Essex rugby festival this week, playing some excellent rugby and remaining unbeaten in the 4 matches they played. The boys started off with a dominant 1-0 victory over Castle View, Harry scoring the only try of the game with a well-executed individual effort. The boys then earned an excellent 1-1 draw against local rivals Westcliff, defending cohesively as a team and being clinical in attack, Jesse finishing off a good team move in the corner. STM then beat Eastwood convincingly, scoring 3 tries in just 10 minutes through Sean, Tyshawn and Kyle. The boys rounded off the day with another excellent team performance against Coopers, battling back from a try



down to level the game through Sop and coming away disappointed that they did not convert their chances to win the game. All members of the squad contributed and they were a credit to the school on and off the pitch. Well done to all boys involved.

Year 9 Rugby Tournament Report – WRFC: The Year 9 rugby team represented the school superbly at the Essex U14 Rugby tournament, showing determination and teamwork throughout the day. The boys faced Castle View in their opening game, putting in a strong defensive effort but ultimately losing against tough opposition. A similar story followed against a very physical FitzWimarc side, where despite moments of excellent play, the team couldn't quite convert their chances into points. Momentum built in the third match against Becket Keys, with both sides crossing the line once to share a well-earned draw. The boys saved their best performance for last, producing an outstanding attacking display to defeat Newhall by four tries. There were several excellent contributions across the team, but Louis and Hayden stood out for their relentless work rate, strong tackling, and leadership on the pitch.

Year 9 Basketball v Becket Keys (Won 83-40): The tea started slowly in this, their first match as defending Essex Cup Champions. A lacklustre performance in the first quarter saw us only leading by a couple of points going into the second. They picked up the pace from then on, with some excellent man-to-man defending by Jeffrey restricting their best player from scoring. Some great offensive and defensive play from Wisdom as well as some well executed passes from Manny saw us build up a healthy lead that we didn't relinquish. Back to the National competitions after half term with fixtures against Woodlands and Westcliff

Fixtures

DATE	FIXTURE
20/10/2025	Year 8 Football v King John (HOME) 4pm
21/10/2025	Year 7 House Rugby - 3:30pm-5pm
22/10/2025	Year 7 Football v Westcliff (HOME) 4pm
23/10/2025	Year 7 Football v Southend High (AWAY) 4pm - return 5:15pm
24/10/2025	School Closed
3/11/2025	Year 8 Football v TBC
4/11/2025	Under 14 Basketball v Woodlands (AWAY) 4:15pm tip off - Leave 3:20pm, return 6:30pm
5/11/2025	1st XI Football v Robert Clack (HOME) 2pm kick off Year 8/9 Indoor Athletics @ Lee Valley - Leave 1:30pm, return 7pm
6/11/2025	House Cross Country - Period 1 Under 14 Basketball v Westcliff High (HOME) 4pm tip off
7/11/2025	Year 9 Football v Hall Mead (AWAY) 2pm kick off

PE Extra-curricular Timetable – Autumn Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Year 7-10 Basketball (RHE)	Year 8/9 Gym (JEN) Rackets Club (All Years) (RHE)	Year 10-13 Gym (SB) Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 11-13 Basketball (SB) Year 10-13 Gym (EK)
1.35 - 2.25pm	All Years Athletics - Back Field (JEN) Year 7 Basketball (JTB) Year 10 Astro (NSP)	Darts Clubs (All years) (SB) Year 10/11 Basketball (RHE/AWI) Year 9 Astro (JTB)	Year 8 Astro (JEN) Year 9 Basketball (SB) Year 9-11 Gym (NSP) Year 7-9 Rugby - Backfield (RHE)	Year 7 Astro (LSH) Year 11 Basketball (AWI)	Year 8 Basketball (JEN) Year 11 Astro (TH)
3.30 - 4.45pm	Year 7 Football - A + B Team (LSH) FIXTURES	Year 12/13 Basketball (SB) Yr7-9 Rugby (AAC & EwM) FIXTURES	Year 8 Football - A + B Team Training (JEN) FIXTURES	Badminton Club (All Years) (SB) FIXTURES	Week 1 - Year 9 'A' Team football training (MH/AH) Week 2 - Year 9 Open football training (MH/AH) Indoor Athletics (AAC) FIXTURES

Extracurricular Timetable – Autumn

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)
Breaktime	Personal Prayer 1.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 1.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am
Lunchtime	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Chess Club 1.30-2.25pm (RE3) Anime and Manga Club 2-2.25pm (Library) Aviation Club 2-2.25pm (MFL3) Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4) Drama Club 2-2.25pm (H3) Warhammer Club 1.40-2.20pm (Lab 1) KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4) Minecraft Club Years 7-8 (CR4)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm History Club 1.30—2pm (RE3) Liturgy Band 1.50pm (Music 1) Latin Club 1-2.25pm Years 7-9: invite only (RE1) Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm The Caritas Team 1.30-2pm (E4) Dungeons and Dragons 1.30-2.25pm (Lab 2) Computer Science Club Years 9-11 1.30–2.30pm (CR5) Junior Rock Band 1.50pm (Music 1)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1) Classics Club 2-2.25pm Years 7-9: invite only (RE4) Magic The Gathering Club 2-2.25pm (Library) Chess Club 1.30-2.25pm (RE3) Guardians of the Garden 2-2.25pm Accounting Club Years 11-13 1.30-2pm (BS2) Veritas Mentors 1.30-2.25pm (year 12 study room)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Choir 1.50pm (Music 1) Film Club Years 7-10 1.40-2.20pm (BS1) Star Wars Club 2-2.25pm (Library) Bible Study 1.35-2.25pm (RE4) Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5)
After School	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel) Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Silver Duke of Edinburgh 3.30-4.45pm (Lab 10) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups