

CONTACT

No. 1707 – Friday 7th November 2025

We hope everyone had a restful half-term holiday. We return in the month of November, which in the Catholic Church is a month in which we remember and pray for our dearly departed loved ones. In honour of this, on **Thursday 13th November 2025 at 6PM** we will have our annual Mass for the Deceased where we will pray for and honour our departed Loved ones. **If you wish to attend please use this form** or the seat reservation QR code below to book a seat and provide the names of the deceased you wish to pray for, these names will be added to our Book of Remembrance. If you are **unable** to attend but still wish to provide names of the dearly departed loved ones please use this form to provide names for the Book of Remembrance, the QR code for the names only will send you to the same form.

Seat Reservation and Names of the Dearly Departed for the Annual Mass for the Deceased



Names of the Dearly Departed



Tuesday 11th November is Armistice Day, the time we remember those who have died in war and conflict around the world. St Thomas More High School has a proud tradition of supporting the Royal British Legion Poppy appeal and poppies have been on sale in school. Ahead of our school Remembrance service on Tuesday, it would be lovely to see as many pupils as possible wearing a poppy. We will also hold a 2-minutes silence at 11am, joining the nation in marking those who have died serving our country.

Year 10 Study Skills Evening - Thank you to all students and families who attended yesterday's Yr. 10 Study Skills Evening. It was great to see so many people at this important evening.

Considerate Parking: Thank you for your support and understanding when learning our routines for dropping and collecting students at school, this half term is a busy one and extracurricular clubs and trips are numerous thanks to our dedicated staff. Please **do not use school carparks** for dropping off in the morning or picking up at the end of the school day. The closest collection point is behind the fire station. Cars that attempt to drive in at the end of the day cause congestion and are a hazard. Please remember that this exit is also the main pedestrian exit from the school. If using the local area to park, please be considerate to our neighbours and local community. **Please do not 'drive by' to try and drop off or pick up or use surrounding roads** which get congested. Thank you for your co-operation.



This week the STM Newspaper team delivered the first issue of **more**. A newspaper for students by students. If you missed the email, please scan or click the QR code to download your first issue! Thank you to all of those who have worked and contributed to making this a fantastic first publication. If you would like to provide an editorial contribution in future issues, please speak to Mrs Lewis.



Prayer of the Week

In the month of November we remember our departed loved ones, and so with that in mind we start the month with the 'Eternal rest' prayer;

Eternal rest grant unto them, O Lord,
And let perpetual light shine upon them
May they rest in peace.

And may their souls, and the souls of all the faithful departed,
Through the Mercy of God,
Rest in Peace
Amen

Dedication of the Lateran Basilica

John 2:13-22

Artwork: The cleansing of the Temple (1824) by Alexander Ivanov

This week we hear from the Holy Gospel according to St. John, breaking away from our readings from St. Luke's Gospel because this week we celebrate the dedication of the Lateran Basilica. The cathedral church of the Diocese of Rome, which serves the seat of the Pope. In the Church feast days of most Saints that happen to fall on a Sunday won't be celebrated, with the seasonal readings for that Sunday being used instead. So why do we celebrate a building this Sunday, the weekly day of obligation?



We can look at the Gospel of the day to see the reason why. The passage tells the famous story of our Lord Jesus Christ cleansing the Temple. He sees that the people are using the space in the Temple, the central place of worship for the Jewish people, as a place for trade. So Lord Jesus overturns tables, drives out the traders and the livestock they are trading, throws the money being exchanged to the floor, and then tells off those who were taking part in this trade. Those present are quite shocked and annoyed at these actions and asks Him why, they ask him what sign He will do to explain these actions. The Lord responds "destroy this temple, and in three days I will raise it up" they are confused, the Temple took many years to build so how can He build it back up in three days? The Gospel doesn't leave this to interpretation and outright says that the Temple Jesus Christ was referencing was His own body. The dwelling place of the Lord is no longer just a building of stone, but His own Body, and by extension His Body the Church at large.

The Lateran Basilica is more than just an old building, it stands as a symbol of the living Church, one built of 'living stones' (to quote St Peter). Each one of us is one of those stones. Just as Lord Jesus purified the Temple in Jerusalem, so too He wants to cleanse and renew the temples of our hearts. This feast isn't just about a building, it's about holiness, unity, and renewal.

Christ's zeal for His Father's house calls us to examine what needs cleansing within us; distractions, selfishness, poor habits, or complacency that clouds our ability to witness. As we honour the physical building that represents the universal Church we remember the most beautiful temple that God desires to build in each of us. A heart renewed by grace, filled with prayer, and aflame with love for God and Neighbour. May God find a worthy dwelling place in each of us.

Max Morris, Lay Chaplain

Chaplaincy News



Youth Mass: This week students attended the Diocesan youth Mass at Brentwood Cathedral. With students from our school serving and bringing the gifts to the altar. The Youth Mass happens on the first Thursday of every month, in addition to Mass there is usually food and a keynote speech on an important topic to young people. If you're interested in coming to the next Youth Mass please speak to a member of the chaplaincy team.

The CARITAS Team: Our new extracurricular lunchtime group '*The CARITAS Team*' continues to meet on a Wednesday lunchtime 1.30-2pm in E4. This new group combines our former CAFOD Team, SVP Group, and Guardians of the Garden into one unified team and new members are always welcome. The Caritas team would also be grateful for any donations of wool that you are able to give.

The YSVP: YSVP are doing their Christmas launch for food and goodies for those less fortunate. We are aiming to do some family boxes and it would be lovely if we could add some chocolate or sweets as well as the essentials. We are also hoping to put a pair of fluffy or Christmas socks into each box this year. Thank you for all of your previous contributions. Mrs Caten.



DEI VERBUM 60 YEARS ON Saturday 22nd November 2025 11.00 – 14.00: Fr Nicholas King SJ will share his own personal insights - as a biblical scholar and translator - on the Second Vatican Council document on divine revelation, *Dei Verbum* (Pope Paul VI, 18 November 1965). How does the document come across today? Can it help us to read, study and pray the Scriptures in our time? The speaker will be present in-person at Christ the Eternal High Priest Catholic Church, Gidea Park RM2 6DH, but this free event is also live-streamed on www.whatgoodnews.org If you are attending in person please email gideapark@brcdt.org or sign-up using Eventbrite on the Margaret Beaufort Institute website <https://www.mbit.cam.ac.uk/> Coffee available 10.30 but please bring a packed lunch. Venue is five-minutes' walk from Gidea Park station (Elizabeth Line). Parking available and local eateries. Recording free to view on website later.

A DAY WITH MARY: Taking place at Westminster Cathedral on Saturday 8th November 2025 9.45am to 5.00pm. Further information is available at <https://www adaywithmary.org/> or <https://eventcatholic.com/>

BRENTWOOD CATHOLIC YOUTH SERVICE – CATECHIST TRAINING & RESOURCES DAY Saturday 8th November 2025: Open to all confirmation and first holy communion catechists, youth leaders, and children's liturgy coordinators in the Diocese of Brentwood. The day offers formation, practical workshops, inspiring speakers, and networking to support First Holy Communion and Confirmation programmes. Open to adults and young leaders (16+); full details and booking at www.bcys.net/events/catechists2025

Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msgr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr. Gerry
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies:

Holy Family Catholic Primary School, Benfleet – Headteacher (closing date extended to 10th November 2025) - [HFCPS Website - Job Vacancies](#)

St Thomas More High School, Westcliff – Cleaners - [Vacancies](#)

St Joseph's Catholic Primary School, Canvey Island - Learning Support Assistant - [St Joseph's Catholic Primary School and Nursery - Vacancies](#)

Parent Reminders and Student Information

Term Dates: Please find the [Term Dates 2025-26](#).

Calendar for Parents: can be accessed [here](#).



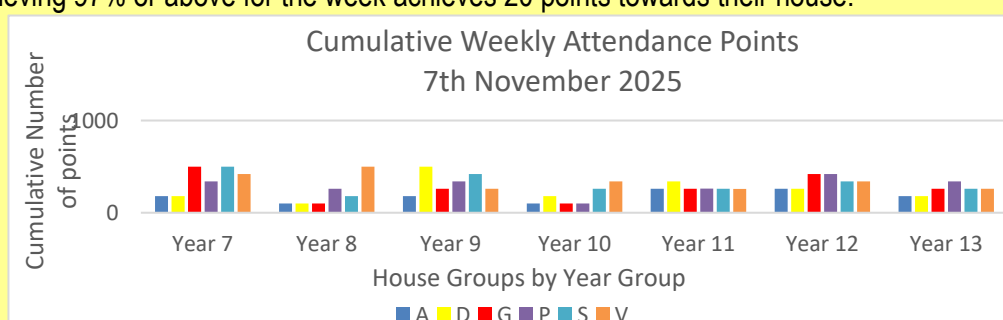
Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting

attendance or by emailing attendance@st-thomasmore.southend.sch.uk

If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence eg appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.



House Attendance Points: The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



Changes to Contact Details: If you have moved house, changed your email address, mobile telephone number or work contact number, etc. over the summer holiday, **please remember you can make these changes via your child's [School Gateway](#) account.**

Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

16–19 Bursary Fund – Support for Sixth Form Students

The Government's **16–19 Bursary Fund** is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit:

👉 www.gov.uk/1619-bursary-fund If you have questions or need help with the application, please contact our Sixth Form office.

Lights Required for cyclists: With the darker evenings drawing in, it won't be too long before it is dark at the end of the school day. This is a reminder to all cyclists to ensure your bike is equipped with proper lights. Riding with front and rear lights is not just essential for your safety, but it's also a legal requirement to help you stay visible to others on the road.

Please check:

- **Front Light:** A white light on the front of your bike.
- **Rear Light:** A red light on the back, plus a rear reflector if possible.
- **Visibility Gear:** Consider reflective clothing or accessories to further increase visibility.



ACHIEVEMENTS FOR CONTACT

HAS YOUR CHILD DONE SOMETHING OUTSIDE OF SCHOOL THAT DESERVES RECOGNITION?

WE WOULD LIKE TO CELEBRATE IN CONTACT

Send Information & Pictures to:
office@st-thomasmore.southend.sch.uk

Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://st-thomasmore.southend.sch.uk)

Enhancing Cybersecurity: Two-Step Verification - Stop! Think Fraud: Cybersecurity like many security functions is locked in a constant competition between offence and defence. Security firms construct a new verification method and soon after hackers discover a new way to overcome it. Of the many ways that hackers attempt to perform their craft, two stick out - extortion and fraud. The latter involves the deployment of confidence tricks to fool the computer user into wilfully opening a security window.

There are many things that the average computer user can do for themselves. One of those is configuring Two-Step Verification. The British government's Stop! Think Fraud internet safety campaign, has produced a guide on how to best utilise this method for enhanced IT security which you can find here:

<https://stophinkfraud.campaign.gov.uk/protect-yourself-from-fraud/protecting-against-online-fraud/turn-on-2-step-verification-2sv/>

Spotlight on Guiding Young Voices to Make a Difference: Adults can play a crucial role in helping young people speak up and support one another. This week's guide is packed with practical strategies to foster confidence, kindness, and connection in the face of unkind behaviour.

From encouraging inclusivity to spotting signs of distress, the guide highlights how small, everyday actions by young people and the adults around them can make a big difference. With tips on nurturing empathy, teaching allyship and validating children's experiences, it's a timely reminder that empowering young voices is key to positive change.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

- 1 CELEBRATE DIFFERENCES**
Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.
- 2 MODEL RESPECT**
Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modeling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.
- 3 SPOT THE SIGNS**
Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unexplained injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.
- 4 VALIDATE FEELINGS**
When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.
- 5 TEACH ALLYSHIP**
Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.
- 6 PROMOTE REPORTING**
Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.
- 7 ENCOURAGE KINDNESS**
Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.
- 8 USE YOUR VOICE**
Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.
- 9 BUILD COMMUNITY AND BELONGING**
Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.
- 10 SUSTAIN THE CONVERSATION**
Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert
Robert Allsup is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.

#WakeUpWednesday
The National College

See full reference list on our website.
@wake_up_weds | www.thenationalcollege | @wake.up.wednesday | @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.11.2025

Departmental News



Our [Amazon Wishlist!](#) Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

Charity Gaming Week last half-term ran by 7V raised over £110 for 'Breast Cancer Now'. Thank you to everyone that came and donated – Mr. Cockell
contribution in future issues, please speak to Mrs Lewis

Does your child need somewhere quiet to study with access to a computer to complete extended learning? We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



St Thomas More presents.....

The Great House Christmas Bake-Off

Bake a Christmas themed product – it can either be sweet or savoury (but needs to be suitable to be eaten cold) Bake it at home and bring your product in for judging on **Monday 14th December**. Drop off to the Food Tech room before school and collect after school labelled with your name, form and we ask you to provide the ingredients list with your entry (No nuts to be used in the recipe). Judging will be based on taste, appearance, complexity and theme. Happy Baking 😊 Mrs Napper (Teacher of Food Preparation and Nutrition/Enrichment Coordinator)



Alumnus of the Month: [October 2025](#)

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)

Connexions Events: a list of 6th Form and colleges open events for 2025/26 can be found [here](#).
[Webinars & Workshops - Amazing Apprenticeships](#)

CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).



Aviation Club: The Global Innovators' Challenge Poster Competition: The Air League is holding a national poster competition for students aged 11–15. To take part, you'll need to design a creative and eye-catching A3 poster that shows how aviation is becoming more eco-friendly and sustainable.

Your poster should focus on one of these four exciting themes:

1. Sustainable Aviation Fuel (SAF): fuel made from renewable sources like plants, waste materials, or used cooking oil instead of traditional oil.
2. Electric Aircraft: planes powered by batteries instead of jet fuel.
3. Hydrogen Fuel: an energy source first discovered in 1839, now seen by many as a key part of zero-carbon flying.
4. Biomimicry: using nature-inspired designs to create innovative aviation technology.

Our school deadline for entries is Friday, 19th December 2025. Posters will be displayed at the Sustainable Skies World Summit at Farnborough Airport on 17–18 March 2026, where aviation experts will choose the winners.

🏆 Top prize: an exclusive flight experience day at a local airfield! If interested in taking part, please see Mr. Pereira and more info about the competition can be found here: [Global Innovators' Challenge – Poster Competition - Air League](#)



The price of a train ticket increased by 5% and then decreased by 20% in a special offer. It was then £4 less expensive than its original price. What was the original price of the ticket?



Maths Problem of the Week

Answer to last week's problem: 9P

Poetry Corner No.80

Auguries of innocence (1803)

To see a World in a Grain of Sand,
And a Heaven in a Wild Flower,
Hold Infinity in the palm of your hand
And Eternity in an hour.

A Robin Redbreast in a Cage
Puts all Heaven in a Rage.
A dove house fill'd with doves and pigeons
[Shudders](#) Hell thro' all its regions.
A dog starv'd at his Master's Gate
Predicts the ruin of the State.
A Horse misused upon the Road
Calls to Heaven for Human blood.
Each outcry of the hunted Hare
A fibre from the Brain does tear.
A Skylark wounded in the wing,
A Cherubim does cease to sing.
The Game Cock clip'd and arm'd for fight
Does the Rising Sun affright.
Every Wolf's and Lion's howl
Raises from Hell a Human Soul.

William Blake

[Poetry: "Auguries of Innocence" by William Blake \(read by Michael Sheen\)](#)

Yr. 11 Revision Timetable

Welcome back to Year 11, I do hope you all had a peaceful and restful half term. Our attention now turns towards the assessment opportunity which commence on the 17th of November. My advice to all students is to build in some 'timed responses' to questions as one issue that students often tend to struggle with is time management. I would also advise students to speak with teachers, Mr West or myself if they are uncertain about anything or just want a conversation about their study habits. The revision timetable can be seen below, please do take the time to look over it as there have been some changes and additions to sessions being offered by staff. Have a wonderful week, Mr West and Mr Dooley



REVISION TIMETABLE 25/26

MON	TUE	WED	THU	FRI
8am – 8:30am (Speak to teacher for specific time)				
	RC-English E4	ZR- English (sets 7-9) E4	BS- Science Lab 2	GDO -English E1
	PGR-RE RE2			
	LDO-Music listening paper revision-H1			
1:30pm – 1:55pm (speak to teacher for specific time)				
DCO - Media and Film E7	Art-KBA AR3 (Week 2)	DCO - English E7	API - Physics Lab 2	JH-Geography G1 1.45-2.25pm
GRO-RE 2.00-2.25pm RE2	KDO-History H1		AB - Product Design Tec 3	SEM-English E6
JH- Geography G1 1.45pm-2.25pm	LMY - Business BS1	CJC-Computer Science CR5	KDU- English E5	DMA-Maths (Higher Tier grades 7-9) Studio
KAY & KBA Art AR2 & AR3	AMB-Tech Tech 3		Art – KAY AR2	JS-Maths (foundation) M5 1.30pm
			GRO- RE 1.40-2.20pm RE2 (week2)	
			MAR-Further Maths M2	
2pm – 2:25pm (speak to teacher for specific time)				
	API-Physics (double & triple) Lab 2	CJC-Computer Science CR5	MAR-Further Maths- M2	KBA-Art AR3
		SMN-Food Preparation and Nutrition revision/NEA catch up CR6		
After School (Speak to teacher for specific time)				
CWI- Spanish- CR3	FLE- Media and Film Coursework MS1	MLO - Maths (set 3) M7	TMI- RE (12mark Clinic) RE3	
	GWE-Geography-G3	GWE-Geography-G3		
	LDX- Music MUS1			
	LMY - Business BS1			
	CJC-Computer Science CR5			

Sports News

Year 7 SOS Cup – SHSB 1-6 STM: The Year 7 football team rounded off an amazing first half term of football with an emphatic 6-1 win away at Southend, making it 7 wins from 7. STM started on the front foot and took the lead within 5 minutes when Maxwell finished smartly from close range. David then doubled STM's lead moments later with a powerful drive and finish after winning possession high up the pitch. SHSB halved the deficit to get back into the game shortly after when a long ball was not cleared, leaving the striker 1 vs 1 from close range. STM recovered well to push the lead back out to two when Maxwell secured his brace with a back post finish. The boys dominated the second half and three more goals, a flicked volley from a corner from Amari, as well as two excellent finishes from David securing his hattrick, rounded off an excellent victory. The boys must now maintain the high standards they have set when more difficult games come between now and Christmas. Well done to all boys involved.



Under 19 Essex Cup - 1st XI Football 8-2 Robert Clack: The 1st XI maintained their unbeaten start to the season, with a comprehensive victory at home to Robert Clack in the Essex Cup. Goals from Moni (2), Endi, Frank, Dan T-B, Dylan and Rahim (2), on his return to action after a long injury completed the victory. We will now host Woodbridge in the next round to be played the end of the month. Next week's cup action switches to the ESFA National Cup with a tough away game against KEGS.

Yr. 8&9 Indoor Athletics: A select number of our Yr8&9 athletes competed in the first of 3 R1 fixtures on Wednesday this week. This is predominantly a Yr9 schools cup competition, but good to expose talented Yr 8 into. Aubrey and Jeffrey hurdled well both should qualify, Elliot won his 60m heat, Matthew took 2nd (excellent as a yr8) Malachi and Henry both took 2nd in their 200m events. Ralph and Lucianno (having not run competitively at 300m before) also finished 2nd in their heats. Corban and Kian both continue to impress in 800m races. Matthew and Posi both jumped close to 4m50cm in LJ. Gabriel and David both threw close to 10m with 4kg shot. Louis and Charlie both went over 1.4 & 1.45m in HJ respectively. Both relay teams showed their pace with 2nd place finishes again impressive efforts from the yr8 runners taking on their yr9 counterparts. Next round Semifinal in 2 weeks time, details to follow. Mr Ackred

Fixtures

DATE	FIXTURE
10/11/2025	Year 10/11 Badminton @ SHSB - return 5:30pm Year 7 football v Brentwood School (AWAY) 1:30pm kick off – leave 12:30pm, return 3:45pm
10/11/2025	Year 10 Basketball v WHSB (AWAY) 4pm tip off - return 6pm
12/11/2025	1st XI Football v KEGS (AWAY) - 2pm kick off - Leave 1pm, return 4:30pm Borough Cross Country @ Blenheim Park – leave 9:30am, return 12:15pm
13/11/2025	Year 7-9 Badminton @ SHSB - return 5:30pm Under 18 Basketball v Barking Abbey (HOME) 3:45pm tip off Under 15 Basketball v KEGS (AWAY) 4pm tip off - Leave 2:45pm, return 6:15pm
14/11/2025	Year 9 Football v Fitz (AWAY) 2:15pm kick off – leave 1:30pm, return 3:45pm
11/17/2025	Under 15 Basketball v KEGS (AWAY) 4pm tip off - Leave 2:45pm, return 6:15pm
11/18/2025	Under 16 Basketball v Shoebury (AWAY) 4:15pm tip off
11/19/2025	1st XI Football v FITC (AWAY) 1:30pm kick off - Leave 12:15pm, return 4:30pm Year 9 Basketball v Fitz (AWAY) 3:10 tip off - Leave 2:30pm, return 5:30pm
11/20/2025	Year 7 Rugby Festival @ Brentwood School - Leave 10:15am, return 4:30pm Year 7 Football v Belfairs (HOME) 4pm kick off
11/21/2025	Year 11 Football v Coopers (HOME) 3:45pm kick off

PE Extra-curricular Timetable – Autumn Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Year 7-10 Basketball (RHE)	Year 8/9 Gym (JEN) Rackets Club (All Years) (RHE)	Year 10-13 Gym (SB) Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 11-13 Basketball (SB) Year 10-13 Gym (EK)
1.35 - 2.25pm	All Years Athletics - Back Field (JEN) Year 7 Basketball (JTB) Year 10 Astro (NSP)	Darts Clubs (All years) (SB) Year 10/11 Basketball (RHE/AWI) Year 9 Astro (JTB)	Year 8 Astro (JEN) Year 9 Basketball (SB) Year 9-11 Gym (NSP) Year 7-9 Rugby - Backfield (RHE)	Year 7 Astro (LSH) Year 11 Basketball (AWI)	Year 8 Basketball (JEN) Year 11 Astro (TH)
3.30 - 4.45pm	Year 7 Football - A + B Team (LSH) FIXTURES	Year 12/13 Basketball (SB) Yr7-9 Rugby (AAC & EwM) FIXTURES	Year 8 Football - A + B Team Training (JEN) FIXTURES	Badminton Club (All Years) (SB) FIXTURES	Week 1 - Year 9 'A' Team football training (MH/AH) Week 2 - Year 9 Open football training (MH/AH) Indoor Athletics (AAC) FIXTURES

Extracurricular Timetable – Autumn

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)
Breaktime	Personal Prayer 1.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 1.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am
Lunchtime	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Chess Club 1.30-2.25pm (RE3) Anime and Manga Club 2-2.25pm (Library) Aviation Club 2-2.25pm (MFL3) Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4) Drama Club 2-2.25pm (H3) Warhammer Club 1.40-2.20pm (Lab 1) KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4) Minecraft Club Years 7-8 (CR4)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm History Club 1.30—2pm (RE3) Liturgy Band 1.50pm (Music 1) Latin Club 1-2.25pm Years 7-9: invite only (RE1) Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm The Caritas Team 1.30-2pm (E4) Dungeons and Dragons 1.30-2.25pm (Lab 2) Computer Science Club Years 9-11 1.30–2.30pm (CR5) Junior Rock Band 1.50pm (Music 1)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1) Classics Club 2-2.25pm Years 7-9: invite only (RE4) Magic The Gathering Club 2-2.25pm (Library) Chess Club 1.30-2.25pm (RE3) Guardians of the Garden 2-2.25pm Accounting Club Years 11-13 1.30-2pm (BS2) Veritas Mentors 1.30-2.25pm (year 12 study room)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Choir 1.50pm (Music 1) Film Club Years 7-10 1.40-2.20pm (BS1) Star Wars Club 2-2.25pm (Library) Bible Study 1.35-2.25pm (RE4) Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5)
After School	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel) Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Silver Duke of Edinburgh 3.30-4.45pm (Lab 10) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups