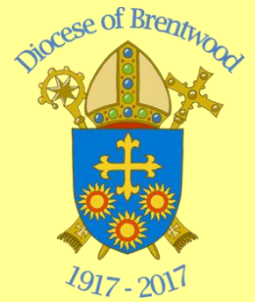


CONTACT

No. 1716 – Friday 23rd January 2026



Year 11 Parents Evening - Thank you to all those families who attended our Year 11 Parents Evening yesterday. It was lovely to see so many of you there to discuss how our year 11 students are progressing in this important year for them all.

Our next **Parent Forum** will take place on **Monday 26th January 2026** between 4.00pm and 5.30pm. This is an open invitation for parents and carers to pop into school to share ideas, ask questions and discuss feedback with leaders about general aspects of school life. No appointment is necessary!

Mental Health Week Non-Uniform: takes place on **Wednesday 4th February** we kindly ask for a minimum donation of £2 made payable by MCAS, the activation link will be sent to parents on Monday afternoon to register and make payment. **Non-uniform day rules apply:** No clothing to be worn with messages or pictures on them which could be seen as inappropriate, disreputable or offensive, no earrings or other jewellery other than watches as per usual code of conduct. Clothes worn should be appropriate for a school day. Hats or headwear must be removed on entering the school.

We are changing our Parent App! Please Read!

What you need to do:

1. Download the App on your phone today

Apple - [MyChildAtSchool \(MCAS\) - App Store](#)

Google Play -

[\[MyChildAtSchool%20\(MCAS\)\]MyChildAtSchool \(MCAS\) -](#)

[Google Play](#)

Please continue to use SchoolGateway until told otherwise

2. Wait until the **w/b 26th January** to sign up for your account!

Further information about signing up and the features of the new app to follow.

Year 8 Options – Save the Date – Thursday 26th March 2026 at 5pm: Just an early reminder that our Year 8 Options Process begins next half-term, with Options Evening taking place on **Thursday 26th March**. A letter will be sent out next half-term to explain the format of the evening, along with further details of this important process, and we hope to see all year 8 parents/carers and students on 26th March. Mrs Hardiman

WE NEED ONE MORE FOUNDATION TRUSTEE: [Assisi Catholic Trust](#) is currently seeking a foundation Trustee with experience or confidence in HR; to support the development

of people strategy or experience to support our flourishing capital strategy covering buildings, digital infrastructure & technology and our asset management plan. If you, or someone you know, have these skills and a heart for supporting Catholic education, we would love to hear from you. Trustees play a vital role in ensuring strong oversight, value for money and longterm planning. If interested, please contact the school office and speak to Mrs Ackred for an informal discussion.

my child at school.com

DOWNLOAD MCAS
Coming in January 2026

View everything in one place:

- Announcements & Messages
- Attendance & Timetable
- Achievements
- Academic Information
- Online Payments
- Bookings & Consent
- Contact Information
- Multi-Child Access

Google Play App Store

ASSISI CATHOLIC TRUST

Prayer of the Week

A prayer for students discerning leadership roles.

*Heavenly Father,
grant us wisdom and understanding to lead with integrity and compassion.
Fill us with Your Holy Spirit,
That our decisions may align with Your will,
Serving Your people with humility and love.
Strengthen our faith to navigate challenges,
And make us instruments of Your Peace and truth
In our families, with our friends, and for our school.
Amen*

3rd Sunday of Ordinary Time (Sunday of the Word of the Lord)

Matthew 4:12-23

Artwork: The calling of the Apostles Peter and Andrew (1308-1311) by Duccio di Buoninsegna



This week we hear from the Holy Gospel according to St Matthew. In this we have the famous account of Lord Jesus calling the Apostles Peter and Andrew.

In artwork, like the one chosen for this week, we often see these Apostles depicted as older men. This is an artistic choice to represent the wisdom we now associate with them, not a reflection of reality. The Apostles would've been younger than Jesus' Incarnate years, and it's very likely that most of them would've been teens and young adults. Our Lord saw something in these young men and called them to stop what they were doing, and make massive changes in their lives. All so that they could serve God, serve the people, teach their peers, and become shining examples to us all.

This is not a calling unique to the Apostles. We are all called to do these things. We are called to do things like this by God, but we can also receive that calling through others.

There are a lot of smaller callings that come to us in school, ones that influence what subjects we take, or what activities we take part in, or whether we want to be a leader in the school or not. We have to make decisions as to whether or not we drop what we don't need and focus on what we are being asked to do.

This week we pray for those undergoing exams, for those discerning leadership, and for everyone who feels they haven't got a calling, asking God to give them guidance.

Max Morris, Lay Chaplain

Chaplaincy News

St. Sebastians House Mass: *This week we celebrated Mass for St Sebastian, in honour of his feast day on 20th Jan. This meant that students from St Sebastians house from all years across the school joined us or assisted in the running of the Mass – as readers, prayer writers, or providing music. I would like to thank everyone that was involved and to Fr Jeff for celebrating Mass with us this week.*

Eucharistic Adoration: *We are now in a new year, and as we think of renewal it might be that you want to look to renew your prayer life. We offer daily group prayers (the Divine Office and shorter reflective prayers) in our chapel but every Thursday after school we also take part in Adoration as a group. This is a great time to reflect, pray, and come closer to the Lord in front of His real presence in the Eucharist. We do not currently have a date for our next Benediction Service, but it will be advertised shortly. If you are unsure about Adoration, what it means, why its important, or what to do during then please speak with Max – our Chaplain – who will be happy to answer any questions you have.*

The Miracles that continue to this day and Our Lady of Lourdes: *On Wednesday 11th February 2026 at 7PM there will a talk held at Sacred Heart Church hall (SS1 2QB) looking at how our Lord continues to interact with His people through incredible miracles around the world but with a focus on Our Lady of Lourdes – who is the Principal Patroness of our Diocese. This could be especially beneficial for anyone looking to join the Diocese on the annual pilgrimage in the summer. Though this is open and suitable for people of all ages in the deanery, the content will be more tailored to those 16 and over.*

Sacred Heart Church Community Warm Café – Every Friday 11am-2pm: *Throughout winter, Sacred Heart Church (418 Southchurch Road, Southend-on-Sea, SS1 2QB) will be opening up the doors of their parish hall every Friday from 11am-2pm for their community warm café. Come along and enjoy a bowl of hot soup, refreshments, cakes & biscuits and a friendly chat. This is free of charge.*

Diocesan News

ST JOHN BOSCO CHILDREN'S CAMP – AN AMAZING VOLUNTEER OPPORTUNITY FOR THIS SUMMER: *If you are in school year 12 or student age (or any age over 17!) you are very welcome to apply at www.boscocamp.co.uk. The application process includes references and a DBS check, which we can help with, as well as a training and support before and during Camp. The Camp provides over 100 children a week with a summer holiday – for many their only holiday. As a volunteer you use your skills in assisting with different sporting and fun activities, as well as the practical aspects of camp life. Volunteer for 25th July – 1st August or 1st – 8th August. The Camp is a special work of Caritas Diocese of Brentwood and also seeks financial donations – all information on the website.*

CARITAS BRENTWOOD: *You are invited to join Caritas Brentwood at our upcoming 'Responding to Homelessness' event on Saturday, January 24th 2026 (10am-12:30pm). The event will be hosted by St Francis of Assisi Catholic Parish in Stratford. It will offer practical support, shared insights and meaningful discussions with local organisations, including Your Place Anchor House, Rainham Foodbank and the Basildon Night Shelter, who are all working on the frontline of homelessness. For more information and to register for free, go to: www.caritasbrentwood.org/events.*

RETRouvaille MARRIAGE HELP: *Retrouvaille helps couples find hope and healing for their marriage. Next date: Thursday 12th February. www.retrouvaille.org.uk Tel: 07887 296983*










MARANATHA! COME LORD JESUS! *You are warmly welcomed to an evening of praise and worship, including mass and adoration. Friday 13th of February 2026 from 7:00pm to 9:00pm at The Blessed Sacrament Church, 116 Melbourne Avenue, CM12DU, Chelmsford. Bring your friends!*

TOUR OF THE RELICS OF ST. GERARD MAJELLA

Our diocese will host the relics of St. Gerard Majella at four locations in January 2026.

This is the start of a tour of England and Wales to mark his 300th anniversary. Come along and bring your intentions to this popular Saint.

Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msqr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr. Gerry
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies:

St Thomas More High School, Westcliff-on-Sea – Cleaners - [website](#)

St Joseph's Catholic Primary School, Canvey Island – Early Years

Practitioner – [website](#) and Early Years Apprentice (Level 3)

Holy Family Catholic Primary School, Benfleet – Headteacher - [website](#)

SACRED HEART PRIMARY SCHOOL

IS YOUR CHILD STARTING SCHOOL
IN SEPTEMBER?



BOOK YOUR VISIT NOW

A catholic school that welcomes all

☎ 01702 414200

✉ office@sacredheart.southend.sch.uk

Come and
see how we
can support
your child



Our Lady of Lourdes Catholic Primary School and Nursery

Our family friendly nursery welcomes children from 2 to 4 years old. Our experienced team provide opportunities for all children to learn through play inside and outside the classroom. We are pleased to offer spaces from September.

☎ 01702 475689

🌐 otoL.co.uk

Please contact the school office to book your visit.

**NURSERY SPACES AVAILABLE
September 2026**



Parent Reminders and Student Information

Term Dates: Please find the [Term Dates 2025-26](#).

Calendar for Parents: can be accessed [here](#).

Severe Weather Procedures: In the event of severe weather, especially heavy snow, staff will conduct a risk assessment of the safety of the site before making any decision to close the school for the day.

We always hope to avoid that scenario but the health and safety of our students and staff must be weighed against any inconvenience caused by closure. If a decision is taken to close the school due to severe weather, an announcement will be posted on the website at approximately 7am on the morning of closure. We will also email parents via School Comms and post onto [Instagram](#). If the school is required to close for a second day work will be set via Teams as per our [Remote Learning Policy](#) and we encourage those preparing for public examinations to make use of the time revising at home. We will endeavour to ensure that the site is as safe as quickly as possible. Please can you ensure that your contact details, particularly your email, is updated on [School Gateway](#) so you are able to receive these messages. We all hope that the cold weather will pass and that we will not be affected.

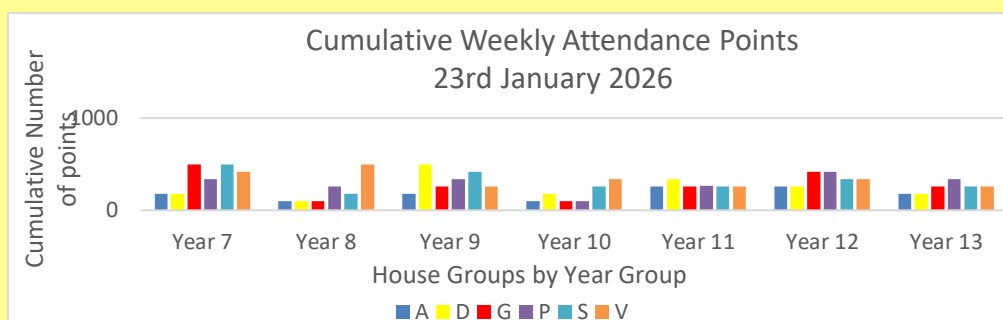


Parking: Despite persistent reminders, parents are still parking dangerously by the red gate exit at the end of each day. This is extremely dangerous as students, particularly those on cycles must swerve to get around illegally parked vehicles. We have contacted the Local Authority, and if it continues, we have been asked to record number plates of offending vehicles to pass on to the traffic department. Could you please co-operate for the safety of our students.

Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing attendance@st-thomasmore.southend.sch.uk

If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence eg appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.

House Attendance Points: The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



Changes to Contact Details: If you have moved house, changed your email address, mobile telephone number or work contact number, etc. over the summer holiday, **please remember you can make these changes via your child's [School Gateway](#) account.**

Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

16–19 Bursary Fund – Support for Sixth Form Students

The Government's **16–19 Bursary Fund** is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit: 🖱️ www.gov.uk/1619-bursary-fund If you have questions or need help with the application, please contact our Sixth Form office.

Lights Required for cyclists: With the darker evenings drawing in, it won't be too long before it is dark at the end of the school day. This is a reminder to all cyclists to ensure your bike is equipped with proper lights. Riding with front and rear lights is not just essential for your safety, but it's also a legal requirement to help you stay visible to others on the road.

Please check:

- **Front Light:** A white light on the front of your bike.
- **Rear Light:** A red light on the back, plus a rear reflector if possible.
- **Visibility Gear:** Consider reflective clothing or accessories to further increase visibility.



ACHIEVEMENTS FOR CONTACT

HAS YOUR CHILD DONE SOMETHING OUTSIDE OF SCHOOL THAT DESERVES RECOGNITION?

WE WOULD LIKE TO CELEBRATE IN CONTACT

Send Information & Pictures to:
office@st-thomasmore.southend.sch.uk

Previous attachment

THE VICTORIA CENTRE SOUTHEND

Southend-on-Sea City Council

IN CELEBRATION OF CHILDREN'S MENTAL HEALTH WEEK

YOUTH FEST

FREE ENTRY

SATURDAY 14TH FEBRUARY 2026
10AM - 4PM
THE VICTORIA SHOPPING CENTRE

CHILD & YOUTH SERVICES
ACTIVITIES & MUSIC
WELL-BEING

Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://www.st-thomasmore.southend.sch.uk)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ROBLOX

Roblox is an online platform where users can play and create games known as 'experiences' made by other users. Roblox has a large UK audience. ITV News has reported that millions of people in Britain use the platform regularly, with children forming a significant proportion of its users. The sheer scale of it makes it extremely difficult to moderate effectively, creating risks for unsupervised children.

WHAT ARE THE RISKS?

A PLATFORM RATHER THAN A GAME

Roblox differs from traditional video games in that it hosts millions of user-created experiences rather than a fixed set of developer-produced content. Each experience is self-rated by its creator rather than independently age-rated in advance, as is the case with PEGI-rated games. With millions of user-created experiences, moderation is largely automated which means that inappropriate content may reach younger players and have a harmful effect.

MATURE CONTENT

With much of Roblox's moderation automated through AI and creators self-certifying suitability, inappropriate content frequently appears on the platform. Some experiences may include content intended for older players. While Roblox has tools to restrict access based on age settings, these systems are not always perfect. Younger players are likely to encounter content you may deem unsuitable.

IN-GAME SPENDING

Roblox is free to play, but many experiences and cosmetics include optional purchases using Robux, the platform's virtual currency, to get advantages in games. This business model is common across online games, but reporting has highlighted cases where children have spent large amounts of money unintentionally or without understanding the real-world cost.

RISK OF ADDICTION

Roblox encourages repeated and extended play. Many experiences are made of short tasks, rewards, and progression systems that can prompt users to keep playing for longer periods of time. Some games also use reminders, daily rewards, or timed events to encourage frequent logins. These designs can make it difficult to stop playing. Spending long periods online may affect sleep, schoolwork, or other activities if boundaries are not in place.

COMMUNICATION WITH OTHER USERS

Roblox includes text and voice features that allow players to chat in shared game spaces. While the platform uses automated filters and moderation tools, media investigations have found that inappropriate and potentially harmful messages can still get through. There are risks that children could be targeted by groomers. In response, Roblox has announced changes to how chat works. The platform plans to use facial age-estimation technology to restrict chat access between adults and children they do not know.

Advice for Parents & Educators

USE PARENTAL CONTROLS

Roblox's parental controls provide an important starting point. Linking a child's account to an adult account allows parents to apply spending controls, limit communication features, and review recent activity. Regular supervision, use of parental controls, and conversations with children about what they see online can help reduce the risk of exposure to inappropriate content.

PLAY TOGETHER WHERE POSSIBLE

Playing Roblox with a child can help adults understand the types of experiences available, how monetisation works, and how children interact online. This shared engagement can also make it easier for children to raise concerns if something feels wrong. Parents and educators should monitor all games played on Roblox due to its self-rating nature.

CONSIDER LIMITING OR DISABLING CHAT

Although Roblox is introducing tighter age-based chat restrictions, some parents and educators may prefer to disable chat entirely for younger children. Children can still play games while communicating with friends they know through other supervised platforms.

ENCOURAGE OPEN CONVERSATIONS

Many Roblox experiences are creative and age appropriate, and for many children, the platform is an important way to socialise with friends. Rather than banning it outright, parents and educators should talk openly with children about online safety, spending, and how to respond to inappropriate behaviour.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.

#WakeUpWednesday

The National College

See full reference list on our website

[@wake_up_weds](https://twitter.com/wake_up_weds)
[/www.thenationalcollege](https://www.facebook.com/www.thenationalcollege)
[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)
[@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 21.01.2026



Our [Amazon Wishlist!](#) Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

Does your child need somewhere quiet to study with access to a computer to complete extended learning? We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



Alumnus of the Month: [January 2026.](#)

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)



Connexions Events: a list of 6th Form and colleges open events for 2025/26 can be found [here](#).

[Webinars & Workshops - Amazing Apprenticeships](#)

[The Telegraph Media Literacy Programme 2026 :: Telegraph Media Group Jobs](#)



CAREERS NEWSLETTER

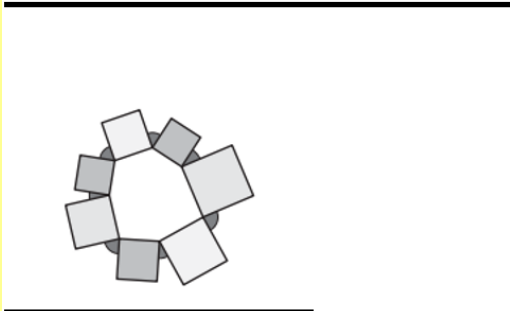
This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Seven squares are drawn on the sides of a heptagon so that they are outside the heptagon, as shown in the diagram.
What is the sum of the seven marked angles?

Maths Problem of the Week

Answer to last week's problem: 40cm



Poetry Corner No.88

Lying in a Hammock at William Duffy's Farm in Pine Island, Minnesota

Over my head, I see the bronze butterfly,
Asleep on the black trunk,
blowing like a leaf in green shadow.
Down the ravine behind the empty house,
The cowbells follow one another
Into the distances of the afternoon.
To my right,
In a field of sunlight between two pines,
The droppings of last year's horses
Blaze up into golden stones.
I lean back, as the evening darkens and
comes on.
A chicken hawk floats over, looking for
home.
I have wasted my life.

James Wright

[James Wright - James Wright Poems | Best Poems](#)

[5 Poems by James Wright](#)

MFL Department's Word and Idiomatic Expression of the Week:

Ser un hueso duro de roer

Literal translation in English: To be a hard bone to chew/gnaw.

When do we use it?: When something is difficult to work out (tough nut).

Example: *A fin de cuentas, ha sido un hueso duro de roer.*

At the end of the day, it has been a hard nut to crack.

Abeja

(ah-beh-hah)

Feminine Noun

English translation: (Bumble) Bee

Example: *Cientos de abejas salen de la colmena para ir en busca del polen.*

(Hundreds of bees leave the hive to go in search of pollen)



Onatti Spanish Play - Wednesday, 28th January 2026: Next week, we are welcoming Onatti theatre company into school to perform *Un Ensayo Desastroso* (A Disastrous Rehearsal) for Year 8 students and all those currently studying Spanish at GCSE and A Level. Set in a small-town Spanish theatre, the play follows the chaos of auditions for *Romeo y Julieta*, as the overly dramatic actress Verónica clashes with Cassy, an enthusiastic stage manager who secretly dreams of playing the lead. When the rest of the cast fails to appear, Cassy turns to

the audience to step in, resulting in a fast-paced, interactive, and hilarious rehearsal full of mishaps, theatrical meltdowns, and moments of unexpected brilliance.

Yr. 11 Revision Timetable

I would like to begin by thanking so many parents, guardians and students for their attendance at last night's parents evening. It was wonderful to see so many of you there. More importantly, I do hope you found your conversations worthwhile, constructive and the evening as a whole provided students with the direction and focus, they require in their different subject areas. I would also encourage students to put the advice and feedback from their teachers into action as they move through the rest of this term. If you were unable to attend last night and would like to discuss this further, then please do contact myself (Mr Dooley) or Mr West. I have updated the revision timetable which you can see below. The efficacy of these sessions can be seen by regular and consistent attendance. All students are welcome at these sessions, but, sporadic attendance lessens the long-term impact as it relates to exam so please do consider this in your conversations with your child. Have a lovely week. Mr Dooley and Mr West



REVISION TIMETABLE 25/26

MON	TUE	WED	THU	FRI
8am – 8:30am (Speak to teacher for specific time)				
	RC-English E4 JFE-English E7 (Week 1) PGR-RE RE2	ZR- English (sets 7-9) E4 JFE-English E7 (Week 2)	BS- Science Lab 2	GDO -English E1
	LDO-Music listening paper revision-H1			
1:30pm – 1:55pm (speak to teacher for specific time)				
DCO - Media and Film E7	Art-K&A AR3 (Week 2)	DCO - English E7	API - Physics Lab 2	JH-Geography G1 1.45-2.25pm
GRO-RE 2.00-2.25pm RE2	KDO-History H1		AB - Product Design Tec 3	SEM-English E6
JH- Geography G1 1.45pm-2.25pm	LMY - Business BS1	CJC-Computer Science CR5	KDU- English E5	DMA-Maths (Higher Tier grades 7-9) Studio
KAY & K&A Art AR2 & AR3 LSH/JEV GCSE PE 1.45-2.15pm PE1/CR8	AMB-Tech Tech 3		Art – KAY AR2	JS-Maths (foundation) M5 1.30pm
			GRO- RE 1.40-2.20pm RE2 (week2)	
			MAR-Further Maths M2	
2pm – 2:25pm (speak to teacher for specific time)				
	API-Physics (double & triple) Lab 2	CJC-Computer Science CR5	MAR-Further Maths- M2	K&A-Art AR3
		SMN-Food Preparation and Nutrition revision/NEA catch up CR6		
After School (Speak to teacher for specific time)				
CWI- Spanish-CR3	FLE- Media and Film Coursework MS1	MLO - Maths (set 3) M7	TMI- RE (12mark Clinic) RE3	JH- Geography G1 3.30pm-4.30pm
	GWE-Geography-G3	GWE-Geography-G3	AP- Spanish MFL 2	
	LDX- Music MUS1	CWI- Spanish MFL 2		
	LMY - Business BS1			
	CJC-Computer Science CR5			

Sports News

HOUSE SWIMMING COMPETITION – YEAR 7, 8 & 9 – WEDNESDAY 11TH FEBRUARY: *This year's STM house swimming competition will take place on Wednesday 11th February at Clements Hall, during the school day. If your son is either a club swimmer or swims very competently and feels he would like to register his interest in this event, please complete the following Microsoft Form: [STM House Swimming Competition 2026 – Fill in form](#). The deadline to register your sons interest is Friday 30th January.*

Year 9 Basketball v WHSB (Won 89-32): *Having played Westcliff earlier this season in a closely fought win, we entered this match expecting another tough battle. The first quarter was close, with us up by a couple of points. By the end of the second, it was over as a contest as the boys put in a dominant performance, scoring over thirty in the 10 minutes and allowing the opposition just two points. This dominance continued into the second half with all the boys getting valuable minutes and contributing with assists and baskets. We will still need to maintain our focus when we play Westcliff a third time in the Essex cup quarter final in a couple of weeks time.*



Corban Yr. 9 at Essex Cross Country Championships: *Having finished 17th out of 100 Yr8&9 runners, Corban has now been selected to represent Essex Schools in the Southeast County Championships on the 31st of January.*

Under 19 Essex Cup Quarter Final - 1st XI Football 2-3 Chigwell: *The 1st XI Football team fell to a 3–2 defeat in the Quarter Final of the Essex Cup. The team performed really well, gaining a good foothold in the game during the first half, and were unfortunate not to go into the break ahead after Deitrich's effort struck the crossbar. The strong first-half performance continued into the second half, and the team took a 1–0 lead with a poacher's goal from Michael B, after some excellent work from Rahim down the right wing. Chigwell responded quickly with a carbon copy of the STM goal. More quick goals followed as STM retook the lead for a second time when a loose ball in the box was bundled in by Bradley. Chigwell again responded swiftly, capitalising on some sloppy defending to get a shot away. The equaliser took the sting out of the STM attack, and Chigwell seized the momentum to go in front for the first time. This further deflated STM and, despite dominating possession in the latter stages, they struggled to create a clear opening that truly challenged Chigwell. A disappointing end to what had been a positive Essex Cup run for the 1st XI this season. Attention now turns to challenging for the league title in the Essex Schools & Colleges League.*

Fixtures

Date	Fixture
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26/1/2026	<i>Year 11 Basketball v Shoebury (AWAY) 4:15pm tip off - return 6pm</i>
27/1/2026	<i>Year 9 'B' Basketball v Chase (AWAY) 4pm tip off - return 5:30pm Year 7 Basketball v Eastwood (AWAY) 4pm - return 5:45pm Year 8 Basketball v Eastwood (HOME) 4pm tip off Year 11 Football v Woodlands (AWAY) 4:15pm kick off - Leave 3:15pm, return 6pm</i>
28/1/2026	<i>1st XI Football v Beauchamps (HOME) 2pm kick off Year 11 Basketball v Eastwood (HOME) 4pm tip off Year 10 'B' Basketball v Chase (AWAY) 4pm tip off - return 5:45pm</i>
29/1/2026	<i>Year 8 'B' Basketball v Chase (HOME) 4pm tip off</i>
30/1/2026	<i>Under 14 Basketball v Great Baddow (HOME) 4:15pm tip off</i>
2/2/2026	<i>Year 11 Football v Castle View (HOME) 3:45pm kick off Year 7 Basketball v Gateway (HOME) 4pm tip off Under 13 Basketball v Shenfield (AWAY) 4pm tip off - Leave 2:45pm, return 7pm</i>
3/2/2026	<i>Year 9 Basketball v Shoebury (HOME) 4pm tip off Year 7 Borough Basketball Final v SHSB @ WHSB - 4pm tip off - return 6pm</i>
4/2/2026	<i>1st XI Football v Plume (HOME) 2pm Year 7 Basketball v Eastbrook (AWAY) - 2:30pm tip off - Leave 1:30pm, return 5pm Year 9 'B' Basketball v Eastwood (HOME) 4pm tip off</i>
5/2/2026	<i>Under 14 Basketball v Westcliff High (AWAY) 4pm tip off - return 6pm Year 7 Basketball v Appleton (AWAY) 4:15pm tip off - return 6:15pm Year 10 Basketball v Eastwood (HOME) 4pm tip off</i>
6/2/2026	<i>No Fixtures</i>

PE Extracurricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Year 7-10 Basketball (RHE)	Year 8/9 Gym (JEN) Rackets Club (All Years) (RHE)	Year 10-13 Gym (SB) Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 11-13 Basketball (SB) Year 10-13 Gym (EK)
1.35 - 2.25pm	All Years Athletics - Back Field (JEN) Year 7 Basketball (JTB) Year 10 Astro (NSP)	Darts Clubs (All years) (SB) Year 10/11 Basketball (RHE/AWI) Year 9 Astro (JTB)	Year 8 Astro (JEN) Year 9 Basketball (SB) Year 9-11 Gym (NSP) Year 7-9 Rugby - Backfield (RHE)	Year 7 Astro (LSH) Year 11 Basketball (AWI)	Year 8 Basketball (JEN) Year 11 Astro (TH)
3.30 - 4.45pm	Year 7 Football - A + B Team (LSH) FIXTURES	Year 12/13 Basketball (SB) Yr7-9 Rugby (AAC & EwM) FIXTURES	Year 8 Football - A + B Team Training (JEN) FIXTURES	Badminton Club (All Years) (SB) FIXTURES	Week 1 - Year 9 'A' Team football training (MH/AH) Week 2 - Year 9 Open football training (MH/AH) Indoor Athletics (AAC) FIXTURES

Extracurricular Timetable – Spring

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)
Breaktime	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am
Lunchtime	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Chess Club 1.30-2.25pm (RE3) Anime and Manga Club 2-2.25pm (Library) Aviation Club 2-2.25pm (MFL3) Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4) Warhammer Club 1.40-2.20pm (Lab 1) KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm History Club 1.30–2pm (RE3) Liturgy Band 1.50pm (Music 1) Latin Club 1-2.25pm Years 7-9: invite only (RE1) Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3) Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm The Caritas Team 1.30-2pm (E4) Dungeons and Dragons 1.30-2.25pm (Lab 2) Computer Science Club Years 9-11 1.30–2.30pm (CR5) Minecraft Club Years 7-8 (CR4) Junior Rock Band 1.50pm (Music 1) Origami Club 2-2.25pm (RE3)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1) Classics Club 2-2.25pm Years 7-9: invite only (RE4) Chess Club 1.30-2.25pm (RE3) Guardians of the Garden 2-2.25pm Drama Club 1.50-2.25pm (H3) Accounting Club Years 11-13 1.30-2pm (BS2) Veritas Mentors 1.30-2.25pm (year 12 study room)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Choir 1.50pm (Music 1) Film Club Years 7-10 1.40-2.20pm (Yr. 12 Study Centre) Star Wars Club 2-2.25pm (Library) Bible Study 1.35-2.25pm (RE4)
After School	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel) Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Silver Duke of Edinburgh 3.30-4.45pm (Lab 10) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups