

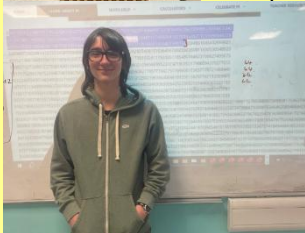
CONTACT

No. 1722 – Friday 13th March 2026

School Play – A Christmas Carol – Tickets now available: Tickets are now on sale for this year's school play – *A Christmas Carol*. Final performance this week will take place this evening, Friday 13th March. Doors open at 6.30pm and the performances begin at 7pm. [Tickets can be purchased here](#), or via the QR code on the flyer below. We look forward to seeing you there.



Pi Day - Friday 13th March 2026: Today we celebrated our annual Pi Day. During the day we had a Number non-uniform day, had activities in lessons and there were various activities taking place throughout the day. We also held our first Pi Day run so a big thank you to those who took part out in the cold! The cake entries this year were fantastic once again. A special mention to the pupils who wanted to do the Pi recitation competition this year even though it wasn't planned – Rupert managed 262 digits of pi which is amazing! So far we have raised over £800 for Southend hospital's Special Care Baby Unit. Winners of all the competitions will be announced next week...! Ms Clarke, Head of Maths Department.



Year 8 Options Process and Options Evening: Our Year 8 Options Process begins this half term, with Options Evening taking place on **THURSDAY 26th MARCH**. A letter was sent out outlining the format of the evening, along with further details of this important process, and we hope to see all year 8 parents/carers and students on 26th March. A copy of this letter can also be found here – [Year 8 Options Evening](#) If you have any questions regarding the options process, please do not hesitate to contact me: ahardiman@st-thomasmore.southend.sch.uk

End of Term Arrangements: a reminder that the school closes for the Easter break at **1:30pm on Friday 27th March 2026**. A letter will be emailed home to parents with information about the contract buses for those students who use them. Students return to school on **Monday 13th April 2026 timetable week 1**.

Manchester Marathon – Mr Higgins will be taking part in the Manchester Marathon on 19th April to raise money for the British Heart Foundation. This is a fantastic charity that funds life-saving research into heart and circulatory diseases, helping millions of people across the UK. He would greatly appreciate any support from our school community. If you are able to make a donation, it would mean a lot and help support the vital work the charity does. Thank you for your support! 🏃❤️ [Mr Higgins JustGiving Link](#)

COULD YOU BE A FOUNDATION TRUSTEE? [Assisi Catholic Trust](#) is currently seeking a foundation Trustee with experience or confidence in HR; to support the development of people strategy or experience to support our flourishing capital strategy covering buildings, digital infrastructure & technology and our asset management plan. If you, or someone you know, have these skills and a heart for supporting Catholic education, we would love to hear from you. Trustees play a vital role in ensuring strong oversight, value for money and long-term planning. If interested, please contact the school office and speak to Mrs Ackred for an informal discussion.

St. Thomas More Presents

A CHRISTMAS CAROL



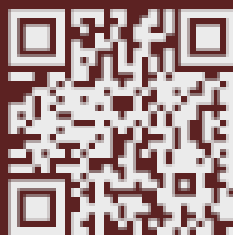
THURSDAY 12TH & FRIDAY 13TH MARCH

DOORS OPEN AT 6.30PM PERFORMANCE AT 7.00PM

ADMISSION*

£5

SCAN TO BUY



VIP TABLE*

£50

(6 max)

*PLUS BOOKING FEE

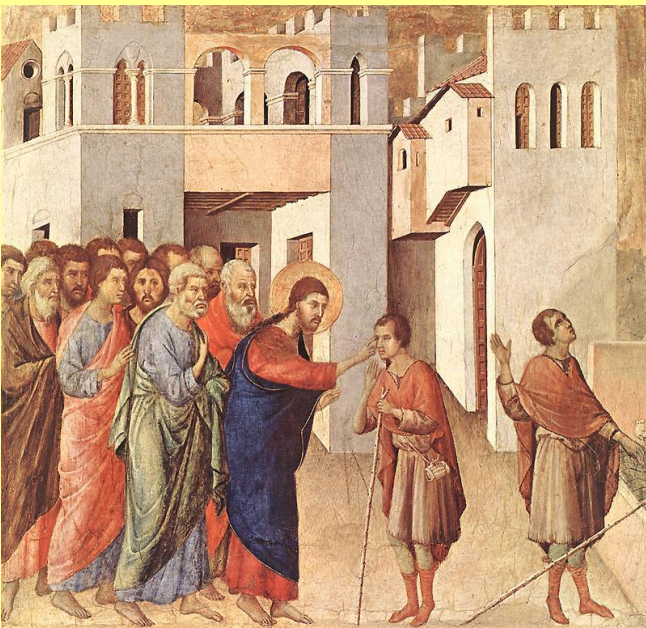
Prayer of the Week

Lord, shine Your light
into every hidden place of my heart.
Expose what needs healing
and strengthen what reflects your goodness
Guide my steps
as I continue this Lenten path.
AMEN

Laetare Sunday

John 9:1-41

Artwork: "Healing of the Blind Man" (1308-1311) by Duccio di Buoninsegna



This week we hear from the Holy Gospel according to St John. In this our Lord Jesus Christ heals a man who was blind from birth. While those around argue about who was to blame for his blindness and suffering, was it because this man sinned? Or was he being punished for someone else's sin? Though they are, in essence, asking a question many people have thought - "why do bad things happen?" - they are ignoring the gravity of the miracle in front of them.

Our Lord brings light to this man, both to his eyes but also to his faith, this man doesn't just see the world around him, he sees Jesus for who He really is. He can now see better than the spiritually blind leaders who are too busy questioning.

This Sunday is known as Laetare Sunday, a word that means "rejoice". We are rejoicing because Easter is nearly here. Though we are reflective and rightfully focus on the sacrifice of Christ during lent, we can't ignore or be blind to God's light. A light that is still there in our darkest moments, much as we know the light of the Resurrection is close to the darkness of the Crucifixion.

The Gospel should encourage us all to ask ourselves a question: *What am I still blind to?*

Are we blind to the talents our peers have? to what's troubling our friends? To an injustice around us? To the true Glory of God? Lent is a time to allow our Lord to open our eyes, to bring us closer through prayer, fasting, and almsgiving. We may not have every answer we want in life, but we can still witness simply and courageously with each of our actions and intentions. Working toward being able to say *I was blind, and now I see.*

Max
Morris, Lay Chaplain

Chaplaincy News



CAFOD Mother's Day Sale: Thank you to everyone who took part in and supported our Mother's Day event in aid of CAFOD. In this students either took part in a workshop to make pipe cleaner flower bouquets with chocolates and decorations or brought ones that were ready made by our CAFOD Young Leaders and Caritas team.

Please pray for the Confirmandi in our School: many students from year 9 and above are currently preparing to Confirm their faith at Pentecost. Please keep them all in your prayers as they learn and discern their faith through this process.

Want to understand more about the Catholic faith? Unsure why we stand, sit, or kneel during certain parts of Mass? Have questions about the wording of certain prayers? Whether you're Catholic or not it's easy to have questions about the Catholic faith, every Mass, service, prayer, and dedication is full of rich meaning, Biblical origin, or tradition. On the request of multiple students there will now be 10-minute drop-in sessions during most break times in the chapel. The notice board in the chapel will contain information on each day the group will meet during the week, as well as any topics that have been previously agreed on (or if it will be just a general Q&A style session). If you want to join or have a question that you want to put forward for a full 10-minute session, please speak to Max.

CAFOD's Big Lent Walk 2026! This Lent we are supporting CAFOD and joining other schools around the country to help support our global neighbours. To raise money, at St. Thomas More we're going to run the following events:

Year 8 Big Lent Walk held during RE lessons: 8A, 8G, 8P, 8S and 8V - Tuesday 17th March 2025. 8D - Wednesday 18th March 2026.

Year 9 Big Lent Walk held during a RE lesson: 9s5-9s8 Monday -16th March 2026. 9s1-9s4- Tuesday 17th March 2026.

Year 10 Big Lent Walk held during a RE lesson: 10s5-10s8- Monday 23rd March 2026. 10s1-10s4 -Tuesday 24th March 2026.

Year 12 will complete a Big Lent Walk to Southend Pier on Tuesday 24th March 2026. The CAFOD Young Leaders will write a letter to parents/carers nearer the time with more information. All pupils are asked to contribute a minimum of £2 to take part in their event. If they wish to raise more money, they can ask family and friends to sponsor them for the relevant event above. Please make your donation online via [MCAS](#). Pupils can use the CAFOD sponsor form which will be attached to a letter send to parents and carers.






Charity Keyrings: we would like to offer you the opportunity to purchase a house keyring, they are £1 each, with money going to charity. Please logon to [MCAS](#), click on the store icon and follow instructions for the house your child is in.

Diocesan News

Sacred Heart Church Community Warm Café – Every Friday 11am-2pm: Throughout winter, Sacred Heart Church (418 Southchurch Road, Southend-on-Sea, SS1 2QB) will be opening up the doors of their parish hall every Friday from 11am-2pm for their community warm café. Come along and enjoy a bowl of hot soup, refreshments, cakes & biscuits and a friendly chat. This is free of charge.


Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msqr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr. Gerry
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies:


St Thomas More: Cleaner - [Cleaner Vacancy](#)

St Joseph's Catholic Primary School and Nursery



70 YEARS OF OUR WONDERFUL SCHOOL!

Friday 20th March - community open evening from 3:30pm - 7:00pm.
Were you an ex-pupil, parent or staff member of St Joseph's?
All welcome! £1 entry suggested donation; pop-up museum and cafe; tours around the school



SACRED HEART PRIMARY SCHOOL

IS YOUR CHILD STARTING SCHOOL IN SEPTEMBER?




BOOK YOUR VISIT NOW

Come and see how we can support your child

A catholic school that welcomes all

☎ 01702 414200
✉ office@sacredheart.southend.sch.uk





Our Lady of Lourdes Catholic Primary School and Nursery

Our family friendly nursery welcomes children from 2 to 4 years old. Our experienced team provide opportunities for all children to learn through play inside and outside the classroom. We are pleased to offer spaces from September.

Please contact the school office to book your visit.

NURSERY SPACES AVAILABLE
September 2026

01702 414200
01702 414200

Parent Reminders and Student Information

Term Dates: Please find the [Term Dates 2025-26](#).

Term Dates: Please find the [Term Dates 2026-27](#)

Calendar for Parents: can be accessed [here](#).

Half-Term Holiday Ideas: If you are looking for free and cheap things do to with kids over the half-term break some useful ideas can be found [here](#).

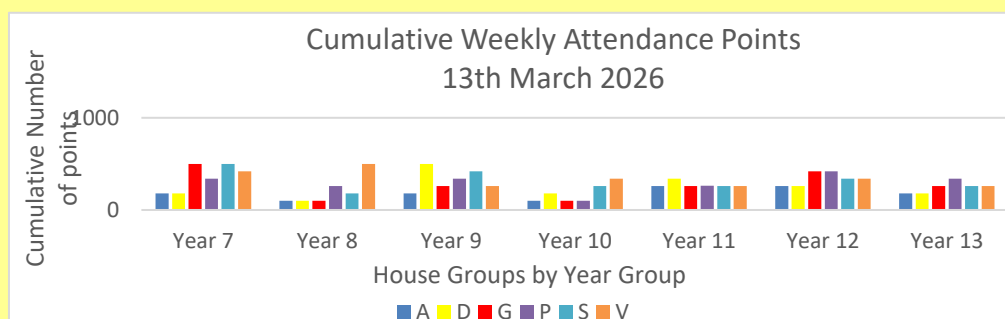


Parking: Despite persistent reminders, parents are still parking dangerously by the red gate exit at the end of each day. This is extremely dangerous as students, particularly those on cycles must swerve to get around illegally parked vehicles. We have contacted the Local Authority, and if it continues, we have been asked to record number plates of offending vehicles to pass on to the traffic department. Could you please co-operate for the safety of our students.

Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing attendance@st-thomasmore.southend.sch.uk

If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence eg appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.

House Attendance Points: The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

Severe Weather Procedures: In the event of severe weather, especially heavy snow, staff will conduct a risk assessment of the safety of the site before making any decision to close the school for the day.

We always hope to avoid that scenario but the health and safety of our students and staff must be weighed against any inconvenience caused by closure. If a decision is taken to close the school due to severe weather, an announcement will be posted on the website at approximately 7am on the morning of closure. We will also email parents via School Comms and post onto [Instagram](#). If the school is required to close for a second day work will be set via Teams as per our [Remote Learning Policy](#) and we encourage those preparing for public examinations to make use of the time revising at home. We will endeavour to ensure that the site is as safe as quickly as possible. Please can you ensure that your contact details, particularly your email, is updated on [MCAS](#) so you are able to receive these messages. We all hope that the cold weather will pass and that we will not be affected.

Changes to Contact Details: If you have moved house, changed your email address, mobile telephone number or work contact number, etc. over the summer holiday, **please remember you can make these changes via your child's [MCAS](#) account.**

16–19 Bursary Fund – Support for Sixth Form Students

The Government's **16–19 Bursary Fund** is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit: www.gov.uk/1619-bursary-fund If you have questions or need help with the application, please contact our Sixth Form office.

Supporting Your Young Person Through Exam Stress – Parent Webinar Opportunity: As we move further into the exam season, we know this can be a challenging time for many of our students and their families. To help you support your young person during this period, we're pleased to share details of two upcoming free webinars delivered by Kooth.

How You Can Support Your Child to Manage Exam Stress

Kooth is offering a free 45-minute webinar for parents, carers and family members. The session will be led by a member of their Community Engagement Team alongside a Kooth clinician.

The webinar will provide:

- Guidance on when to take action if you're concerned about your young person
- Practical strategies to help manage exam-related anxiety
- Information about how Kooth can offer additional support

The content is particularly relevant for families of students sitting GCSEs, A-Levels, Nationals or Highers, and is especially suited to those in sixth form preparing for A-Level examinations.

Webinar Date

- **16th March – 7:00pm** [How you can support your child to manage exam stress](#)

If you feel this would be helpful, we strongly encourage you to book a place on one of the above dates.

Supporting students' wellbeing during exam season is a shared effort, and we hope this opportunity provides reassurance, guidance and practical tools to help both you and your young person feel more confident during this time.

If you have any concerns about your child's wellbeing, please do not hesitate to contact the Sixth Form Pastoral Team.

Best wishes, **Sixth Form Pastoral Support Team**

ACHIEVEMENTS FOR CONTACT

HAS YOUR CHILD DONE SOMETHING OUTSIDE OF SCHOOL THAT DESERVES RECOGNITION?

WE WOULD LIKE TO CELEBRATE IN CONTACT

Send Information & Pictures to:
office@st-thomasmore.southend.sch.uk

Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://www.st-thomasmore.southend.sch.uk)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://www.nationalcollege.com).

What Parents & Educators Need to Know about STREAMING SERVICES

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

WHAT ARE THE RISKS?

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

See full reference list on our website

[@wake_up_weds](https://www.wake_up_weds.com) www.thenationalcollege.com [@wake.up.wednesday](https://www.wake.up.wednesday.com) [@wake.up.weds](https://www.wake.up.weds.com)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2026

Departmental News



Our [Amazon Wishlist](#)! Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

Does your child need somewhere quiet to study with access to a computer to complete extended learning? We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



Guardians of the Garden: Hello, we are the Guardians of the Garden, a club of students from St Thomas More High School. We are currently trying to fundraise money for our school wellbeing garden, which we believe will help create a quiet natural space for students to enjoy at lunch and breaktimes. We would be grateful for any donations, such as gardening equipment like shovels and rakes, soil, sensory flowers and plants such as fruit trees and lavender, and potentially benches and tables, to put in the garden. Ultimately, we think it would be an amazing opportunity to bring the school garden to life and to create a safe space for students and would be grateful to receive any donations. Thank you from the Guardians of the Garden.

The STM Music Department's Musician of the Month



January

Anaiah Yr 11



Thank you to Anaiah for:

- Being a constant support to the music department
- His contribution to our Southend Makes Music performance
- His diligence in preparing for his Yr 11 coursework
- Setting a brilliant example to other students.

The STM Music Department's Musician of the Month



February

Henry Yr 11



Thank you to Henry for:

- Being a constant support to the music department
- His contribution to our Southend Makes Music performance
- Supporting other students in the music department

MFL Department's Word and Idiomatic Expression of the Week:

Ser un hueso duro de roer

Literal translation in English: To be a hard bone to chew/gnaw.

When do we use it?: When something is difficult to work out (tough nut).

Example: *A fin de cuentas, ha sido un hueso duro de roer.*

At the end of the day, it has been a hard nut to crack.

Abeja

(ah-beh-hah)

Feminine Noun

English translation: (Bumble) Bee

Example: *Cientos de abejas salen de la colmena para ir en busca del polen.*

(Hundreds of bees leave the hive to go in search of pollen)



Alumnus of the Month: [March 2026](#).

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)



Connexions Events: a list of 6th Form and colleges open events for 2025/26 can be found [here](#).

[Webinars & Workshops - Amazing Apprenticeships](#)

[The Telegraph Media Literacy Programme 2026 :: Telegraph Media Group Jobs](#)

Where Next booklet is a useful tool for parent/carers to use to help support theirs and their child's understanding of what careers pathways and next steps they can actively support them taking

CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Alex has a pile of two pence coins. She swapped exactly half of them for the same number of 10p coins. Now she has £4.20. How much money did Alex have initially?"



Maths Problem of the

Week: There were 8 possible options.

Poetry Corner No. 92

Bright Star

Bright Star! would I were stedfast as thou art--
Not in lone splendour hung aloft the night,
And watching, with eternal lids apart,
Like nature's patient, sleepless Eremite,
The moving waters at their priestlike task
Of pure ablution round earth's human shores,
Or gazing on the new soft-fallen masque
Of snow upon the mountains and the moors--
No--yet still stedfast, still unchangeable,
Pillow'd upon my fair love's ripening breast,
To feel for ever its soft swell and fall,
Awake for ever in a sweet unrest,
Still, still to hear her tender-taken breath,
And so live ever--or else swoon to death.

John Keats

[A Short Analysis of John Keats's 'Bright star! Would I were steadfast as thou art' – Interesting Literature](#)
[Tom Hiddleston Reads "Bright Star" By John Keats](#)

Year 11 Revision



REVISION TIMETABLE 25/26

MON	TUE	WED	THU	FRI
8am – 8:30am (Speak to teacher for specific time)				
RCA - English E4	RC-English E4			GDO -English E1
	PGR-RE RE2			
	LDO-Music listening paper revision-H1			
1:30pm – 1:55pm (speak to teacher for specific time)				
DCO - Media and Film E7	Art-KBA AR3 (Week 2)	DCO - English E7	API - Physics Lab 2	JH-Geography G1 1.45-2.25pm
GRO-RE 2.00-2.25pm RE2	KDO-History H1	ZR- English (sets 7-9) E4	A8 - Product Design Tec 3	SEM-English E6
JH- Geography G1 1.45pm-2.25pm	LMY - Business BS1	CJC-Computer Science CR5	KDU- English E5	
KAY & KBA Art AR2 & AR3	AMB-Tech Tech 3		Art – KAY AR2	
			GRO- RE 1.40-2.20pm RE2 (week2)	
			MAR-Further Maths M2	
2pm – 2:25pm (speak to teacher for specific time)				
	API-Physics (double & triple) Lab 2	CJC-Computer Science CR5	MAR-Further Maths- M2	KBA-Art AR3
		SMN-Food Preparation and Nutrition revision/NEA catch up CR6		
After School (Speak to teacher for specific time)				
CWI- Spanish- CR3	FLE- Media and Film Coursework MS1	MLO - Maths (set 3) M7	TMI- RE (12mark Clinic) RE3	
	GWE-Geography-G3	GWE-Geography-G3		
	LDX- Music MUS1			
	LMY - Business BS1			
	CJC-Computer Science CR5			

Sports News



PE Student of the Week: Our winner this week is Finley from Year 9 for his man-of-the-match performance in our National Cup basketball match. Finley stole the show, hitting 40 of our 76 points. He then put in another great turn in our Essex Cup semi-final on Thursday. Well done Fin!

U14 Basketball: Two massive matches this week and two massive wins! First up was our National Cup last 16 game against All Saints which was a tight affair for the first half before we ran away with it in the second, winning 76-66. Finley was the difference with 40 points but I must mention Derrick from Year 7 for his fantastic defending and 3 point shooting.

Our second match was a very tight affair as we took on Gateway in the semi-final of the Essex Cup, looking to reach our third final in as many years. We started very slow and found ourselves 10 points down at one point. After a relaxed team talk, we took the game to our opponents and snuck ahead in the third quarter through disciplined defending and clever attacking play. A basket from Gabriel put us 3 up with 9 seconds left on the clock. Jeffrey then stole the ball from the restart and drew the foul to settle game for us. We now face Ormiston Park in the final next Monday.



U15 Rugby Sevens Festival: The U15 rugby sevens team finished runners up in the Bowl Competition at the Essex Rugby Sevens tournament this week. The boys started the morning with a narrow loss to Royal Liberty, despite some admirable play. The team grew into the tournament, and this showed with two excellent wins over Emerson Park and Hall Mead to finish runners up in the group. The boys showed excellent teamwork throughout the morning and played some excellent rugby. Well done to all boys involved.

Year 7 Football (Borough Cup) – Cecil Jones 0-6 STM:

The Year 7 football team progressed to the final of the Borough Cup with an emphatic 6-0 victory over Cecil Jones. After a close-fought opening to the game, the boys began to assert dominance and created a wealth of opportunities, with Maxwell breaking the deadlock with a smart finish midway through the first half. The boys continued to impose themselves onto the opposition and by half time, were 3 goals to the good after a brace from Amari, the first a poachers goal from a corner, and the second an excellent finish after a well worked team move. A second half hattrick from David, with a range of clever finishes, took the game beyond the opposition and secured STM's place in the final, which takes place next Saturday 21st March. Well done to all boys involved.



Fixtures

Date	Fixture
16/3/2026	Under 14 Basketball Essex Cup Final @ Westcliff High - 6pm tip off
17/3/2026	Year 7 House Basketball - 3:30pm-5pm
18/3/2026	No Fixtures
19/3/2026	Year 7 Jnr NBA v Marshalls Park/Eastbrook (AWAY) - Leave 1:30pm, return 5pm Year 9 Football v Southend High (HOME) 2pm kick off
20/3/2026	Year 7/8 Athletics @ Chase - Return 5:30pm
21/3/2026	SOS Cup Final @ STM 9:30am kick off
23/3/2026	Year 10 House Basketball - 3:30pm-5pm
24/3/2026	SEE Cup Finals @ STM - 4:15pm kick off Year 8/9 Rugby v Chase (HOME) TBC
25/3/2026	Year 9 Rugby @ Southend Rugby Club Under 14 Basketball v Ormiston (AWAY) TBC
26/3/2026	Year 7 'B' Football v Southchurch (AWAY) 4pm kick off - Return 5:30pm
27/3/2026	No Fixtures

PE Extracurricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Year 7-10 Basketball (RHE)	Year 8/9 Gym (JEN) Rackets Club (All Years) (RHE)	Year 10-13 Gym (SB) Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 11-13 Basketball (SB) Year 10-13 Gym (EK)
1.35 - 2.25pm	All Years Athletics - Back Field (JEN) Year 7 Basketball (JTB) Year 10 Astro (NSP)	Darts Clubs (All years) (SB) Year 10/11 Basketball (RHE/AWI) Year 9 Astro (JTB)	Year 8 Astro (JEN) Year 9 Basketball (SB) Year 9-11 Gym (NSP) Year 7-9 Rugby - Backfield (RHE)	Year 7 Astro (LSH) Year 11 Basketball (AWI)	Year 8 Basketball (JEN) Year 11 Astro (TH)
3.30 - 4.45pm	Year 7 Football - A + B Team (LSH) FIXTURES	Year 12/13 Basketball (SB) Yr7-9 Rugby (AAC & EwM) FIXTURES	Year 8 Football - A + B Team Training (JEN) FIXTURES	Badminton Club (All Years) (SB) FIXTURES	Week 1 - Year 9 'A' Team football training (MH/AH) Week 2 - Year 9 Open football training (MH/AH) Indoor Athletics (AAC) FIXTURES

Extracurricular Timetable – Spring

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)
Breaktime	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am
Lunchtime	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Chess Club 1.30-2.25pm (RE3) Anime and Manga Club 2-2.25pm (Library) Aviation Club 2-2.25pm (MFL3) Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4) Warhammer Club 1.40-2.20pm (Lab 1) KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm History Club 1.30—2pm (RE3) Liturgy Band 1.50pm (Music 1) Latin Club 1-2.25pm Years 7-9: invite only (RE1) Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3) Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm The Caritas Team 1.30-2pm (E4) Dungeons and Dragons 1.30-2.25pm (Lab 2) Computer Science Club Years 9-11 1.30–2.30pm (CR5) Minecraft Club Years 7-8 (CR4) Junior Rock Band 1.50pm (Music 1) Origami Club 2-2.25pm (RE3)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1) Classics Club 2-2.25pm Years 7-9: invite only (RE4) Chess Club 1.30-2.25pm (RE3) Guardians of the Garden 2-2.25pm Drama Club 1.50-2.25pm (H3) Accounting Club Years 11-13 1.30-2pm (BS2) Veritas Mentors 1.30-2.25pm (year 12 study room)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Choir 1.50pm (Music 1) Film Club Years 7-10 1.40-2.20pm (Yr. 12 Study Centre) Star Wars Club 2-2.25pm (Library) Bible Study 1.35-2.25pm (RE4) Cards Club 1.30-2.20pm (M2)
After School	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel) Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Silver Duke of Edinburgh 3.30-4.45pm (Lab 10) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups