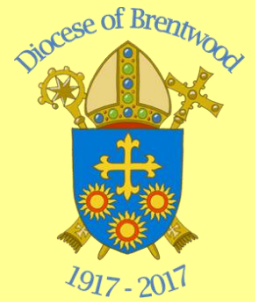


# CONTACT

No. 1727 – Friday 1<sup>st</sup> May 2026



**Year 8 & 9 Parents Evenings:** *thank you to all those families who attended our Year 8 & Year 9 parents' evenings. It was lovely to see so many of you there to discuss how students are progressing.*

**Year 9 Options Consolidation:** *All year 9 students should now have their Options Choices Form. If any students were unable to attend parents evening last night when these were given out, they can collect their Options Choices Form from the Data Office (by Lab 7). **The deadline for returning Year 9 Options Forms to the data office is Wednesday 6<sup>th</sup> May.** If you have any queries or concerns regarding the options process at any point, please do not hesitate to email me. My email address is: [ahardiman@st-thomasmore.southend.sch.uk](mailto:ahardiman@st-thomasmore.southend.sch.uk)*

**Year 11 Leaving Arrangements:** *Parents/carers of Yr. 11 should have received a letter informing them of the arrangements which have been made for **Friday 8<sup>th</sup> May**, the day on which Year 11 can begin their study leave. Also included in the letter are some other key reminders for the upcoming weeks and a number of important dates and procedural points for the forthcoming examination period. Please take time to read through these with your child.*

**COULD YOU BE A FOUNDATION TRUSTEE?** [Assisi Catholic Trust](#) is currently seeking a foundation Trustee with experience or confidence in HR; to support the development of people strategy or experience to support our flourishing capital strategy covering buildings, digital infrastructure & technology and our asset management plan. If you, or someone you know, have these skills and a heart for supporting Catholic education, we would love to hear from you. Trustees play a vital role in ensuring strong oversight, value for money and long-term planning. If interested, please contact the school office and speak to Mrs Ackred for an informal discussion.

## Prayer of the Week

*In honour of the month of Mary - The Hail Mary*

Hail Mary, full of Grace  
The Lord is with thee  
Blessed art thou among women  
And blessed is the fruit of thy womb, Jesus  
Holy Mary, mother of God  
Pray for us sinners  
Now and at the hour of our death  
Amen

# 5<sup>th</sup> Sunday of Easter

John 14:1-12

Artwork: 'the Risen Christ appears to Mary' (c.1690) Francesco Pittoni



*This week we hear from the Holy Gospel according to St John. In this passage our Lord Jesus Christ speaks to His disciples, He tells them 'I am the Way, the Truth, and the Life' and speaks to them about their place in the next life. A couple of the Apostles ask some clarifying questions or for Jesus to 'show [them] the Father' so that they can see the glory that they are being promised. Lord Jesus responds to this by making a profound statement 'how can you say "show us the Father"? Do you not believe that I am in the Father and the Father is in me?' Throughout this conversation Lord Jesus is telling His disciples some important facts about Himself, but also inviting them to trust in Him. To see who He is by His work and say yes to helping His ministry, even if they have yet to physically see what benefit it will give them in the future.*



*This Gospel is very fitting for our first weekend of May. This month, often referred to as 'the Month of Mary', is a time when Catholics will honour the Blessed Virgin and the important role she had in salvation history. This important role started with a 'yes' to God. When the archangel Gabriel visited Mary and told her of the plan God had, she said yes. She faithfully agreed even though she did not know everything that her role would entail. She didn't know of the pain, the sorrow, the great memories, the*

*love, or being in the glory of heaven. She was asked by God (through the archangel) to trust Him, and she did. The disciples in the Gospel this week are told to trust in God, which we know they do – even if some have a few doubts at first.*

*We are all called to trust and say yes to God. This week let's all reflect on what that means for us, what are we struggling to say yes to? and What is preventing us from completely trusting in Him?*

**- Max Morris, Lay Chaplain**

# Our Assisi Catholic Trust Family

Schools	Parishes
 <a href="#">Our Lady of Lourdes Catholic Primary School and Nursery</a>	<a href="#">Our Lady of Lourdes and St Joesph Msgr Kevin Hale</a>
 <a href="#">St George's Catholic Primary School</a>	<a href="#">St. George and The English Martyrs Fr. Brett</a>
 <a href="#">Sacred Heart Catholic Primary School and Nursery</a>	<a href="#">Sacred Heart of Jesus Fr. Graham</a>
 <a href="#">St Helen's Catholic Primary School</a>	<a href="#">Our Lady Helo of Christians and Saint Helen Fr. Alex</a>
 <a href="#">St Joseph's Catholic Primary School</a>	<a href="#">Our Lady of Canvey and English Martyrs Fr. Eamonn</a>
 <a href="#">Holy Family Catholic Primary School</a>	<a href="#">Holy Family and St Thomas More Fr. Eduard</a>
 <a href="#">Our Lady of Ransom Catholic Primary School</a>	<a href="#">Our Lady of Ransom Fr Paul</a>
 <a href="#">St Teresa's Catholic Primary School</a>	<a href="#">Catholic Church of St. Teresa and the Child Jesus Fr Viktor</a>
 <a href="#">St Thomas More High School</a>	<a href="#">St Peter's Fr. Jeff</a>

## Vacancies:

St Helen's Catholic Primary School – [website](#) - Deputy Headteacher; and Head of SEND and Inclusion

St Joseph's Catholic Primary School – [website](#) - EYFS Practitioner (Level 3) and Room Leader

## SACRED HEART PRIMARY SCHOOL

IS YOUR CHILD STARTING SCHOOL  
IN SEPTEMBER?



**BOOK YOUR VISIT NOW**

Come and  
see how we  
can support  
your child

*A catholic school that welcomes all*

☎ 01702 414200
✉ [office@sacredheart.southend.sch.uk](mailto:office@sacredheart.southend.sch.uk)





### Our Lady of Lourdes

Catholic Primary School and Nursery

Our Lady of Lourdes is a warm and welcoming school with high aspirations for every child in our care. We aim to provide a high quality education for every learner within our nurturing Catholic ethos.

We are proud of the diversity of our community and welcome families of all faiths or none to be part of our school family.

Please contact the school office to book your visit.

☎ 01702 475688
✉ [clot.co.uk](mailto:clot.co.uk)

📍 Manchester Dr. Leigh-on-Sea SS9 3HS





# Parent Reminders and Student Information

**National Thank a Teacher Day:** takes place this year on Wednesday 17<sup>th</sup> June. Parents and pupils can get involved by sending their own free personalised messages of thanks. There are a range of resources online including free personalised e-cards to send to a special teacher, support staff member or even a whole school team before National Thank a Teacher Day. [Thank a Teacher Form - Thank a Teacher](#)

**London To Bournemouth Run – Mr West** - On 2nd May, I'll be running approximately 105 miles (170km) from London to Bournemouth — the equivalent of 4 back-to-back marathons. I'm doing this to raise money for Movember, a charity that exists to change the face of men's health. They tackle three of the biggest issues facing men today:

- Prostate cancer – around 1 in 8 men will be diagnosed in their lifetime
- Testicular cancer – the most common cancer among young men globally
- Mental health & suicide prevention – one man dies by suicide every minute worldwide, with men accounting for 69% of all suicides

Since 2003, Movember has funded more than 1,250 men's health projects across 20+ countries, helping men live happier, healthier and longer lives. I'd be incredibly grateful if you could spare anything at all to support the cause.

👉 [Movember - Donate](#) If donating isn't possible right now, I would be hugely grateful if you're able to share the link with friends, family, or on socials. Thank you so much for your support. Mr West

**Term Dates:** Please find the [Term Dates 2025-26](#).

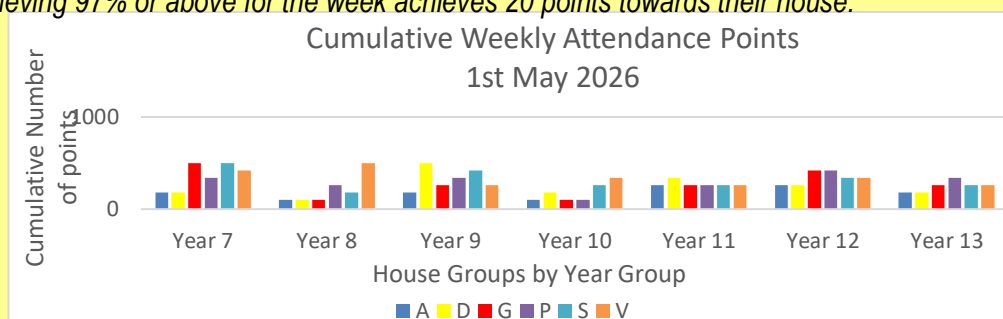
**Term Dates:** Please find the [Term Dates 2026-27](#)

**Calendar for Parents:** can be accessed [here](#).

**Absence:** If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing [attendance@st-thomasmore.southend.sch.uk](mailto:attendance@st-thomasmore.southend.sch.uk) If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email [attendance@st-thomasmore.southend.sch.uk](mailto:attendance@st-thomasmore.southend.sch.uk) or by collecting a form from Reception. Please keep medical evidence of absence e.g. appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.



**House Attendance Points:** The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



**Student Medical Conditions:** Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford [mwalford@st-thomasmore.southend.sch.uk](mailto:mwalford@st-thomasmore.southend.sch.uk) if you wish to discuss your case in detail.

**Changes to Contact Details:** If you have moved house, changed your email address, mobile telephone number or work contact number, etc. **please remember you can make these changes via your child's [MCAS](#) account.**

**Parking Reminder:** Despite persistent reminders, parents are still parking dangerously by the red gate exit at the end of each day. This is extremely dangerous as students, particularly those on cycles must swerve to get around illegally parked vehicles. We have contacted the Local Authority, and if it continues, we have been asked to record number plates of offending vehicles to pass on to the traffic department. Could you please co-operate for the safety of our students.

## 16–19 Bursary Fund – Support for Sixth Form Students

The Government's 16–19 Bursary Fund is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit: [www.gov.uk/1619-bursary-fund](http://www.gov.uk/1619-bursary-fund) If you have questions or need help with the application, please contact our Sixth Form office.

## Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via [welfare@st-thomasmore.southend.sch.uk](mailto:welfare@st-thomasmore.southend.sch.uk) if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](http://st-thomasmore.southend.sch.uk)

At The National College, our Wellbeing/Wednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, lists and tips, please visit [nationalcollege.com](http://nationalcollege.com).

### 10 Top Tips for Parents and Educators

# MANAGING EXAM STRESS

At some point in their education, most young people will encounter exam stress, which can affect their mental, emotional, and physical wellbeing. Mental health charity YoungMinds estimates that 39% of pupils experience exam-related stress. This highlights the importance of supporting young people to manage exam pressure effectively, maintain perspective, and protect their overall wellbeing during these periods.

- 1 PRACTISE WORKLOAD WISDOM**  
The build-up to exams can feel overwhelming, with competing demands on time and energy. Encourage young people to reflect on whether their workload is realistic and allows them time to rest and recharge. Support them in creating a manageable revision timetable that includes regular breaks and occasional days off. Remind them that plans can be adjusted if they feel overwhelmed, helping to reduce the pressure and prevent burnout.
- 2 CLEAR UP THE CLUTTER**  
A cluttered workspace can reduce focus and increase stress levels. Encourage young people to keep their study areas tidy and organised, with clearly arranged notes and materials. A calm, dedicated space can support concentration and create a more relaxed mindset. Adding colour, mind maps, or creative elements can also make revision feel less daunting and more manageable.
- 3 MASTER THE MATERIALS**  
Revision can feel particularly stressful if young people are unsure where to begin. Help them confirm key study topics and materials, ensuring they're using accurate and relevant resources. Reducing uncertainty can help them feel more in control of their learning. Reassure them that they don't need to know everything perfectly, as building their understanding over time is what matters most.
- 4 GET CREATIVE WITH NOTES**  
Writing out detailed notes, rather than relying only on bullet points, can strengthen their understanding and retention. Encourage young people to turn their notes into flashcards for regular review and repetition. Feeling familiar with their materials can boost their confidence and reduce anxiety during exams. This approach can help them feel more prepared and less likely to panic under pressure.
- 5 USE VISUAL MEMORY AIDS**  
Visual resources can make learning more effective and reduce their frustration when information feels difficult to grasp. Encourage the use of diagrams, videos, sticky notes, and colour coding to reinforce key ideas. Creating simple mnemonics can also make information easier to remember. Using a variety of methods can help prevent mental fatigue and keep revision feeling fresh and manageable.
- 6 BUILD A TECH TOOLKIT**  
Technology can be a valuable supporting tool during exam preparation when used in a balanced way. Educational websites, revision platforms, and subject-specific videos can help explain complicated topics clearly, reducing the risk of confusion or stress. Encourage young people to use these tools to support – rather than overwhelm – their learning, and to take regular breaks from their screens to protect their wellbeing.
- 7 KEEP REVISION ENJOYABLE**  
Revision is often more effective when it feels engaging and varied. Encourage young people to incorporate humour, real-life examples, or creative approaches into their learning. Mixing study methods, including light physical activity such as short walks, can also improve their mood and focus. Enjoyable revision experiences can help reduce stress and make the process feel more positive and sustainable.
- 8 USE ACTIVE STUDY METHODS**  
Active revision techniques can help young people feel more confident and in control of their learning. Strategies such as spaced repetition and active recall, including self-testing or explaining concepts aloud, can highlight both their strengths and areas for improvement. This clarity can reduce last-minute panic and support a calmer, more prepared approach to exams.
- 9 USE AI THOUGHTFULLY**  
AI tools can support revision by making learning more personalised and manageable. Young people can use them to generate practice questions, summarise information, or break down topics into simpler steps. Used carefully, these tools can reduce overwhelm and save time, reminding young people to check AI information with trusted sources to ensure its accuracy and build confidence in their understanding.
- 10 PRACTISE WITH ONLINE TOOLS**  
Online revision platforms can help young people test their knowledge and track their progress. Many offer quizzes, flashcards, and practice papers aligned with exam boards. Encourage regular self-testing – including timed activities – to build up familiarity with exam conditions. Becoming more comfortable with the format of exams can reduce anxiety and help young people approach them with greater confidence.

**Meet Our Expert**  
Minds Ahead design and deliver the UK's only special at postgraduate mental health qualifications. Winner of Social Enterprise UK's 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Glett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.

**WakeUp Wednesday**  
The National College

See full reference list on our website

[@wake\\_up\\_weds](https://www.instagram.com/wake_up_weds) [f /www.thenationalcollege](https://www.facebook.com/wakeupweds) [@wake.up.wednesday](https://www.youtube.com/channel/UC...) [@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.04.2026

Please remember there is also the opportunity to join the many parents/carers who have gained the National College Parents' Certificate in Online Safety which will give you further insights into how to navigate the online world with your son/daughter.

Please use the following link and select Parent/Carer as your role:

<https://nationalcollege.com/enrol/st-thomas-more-high-school>

The course, presented by Myleene Klass can be completed in your own time, in a total of under 45 minutes. Please select the link that is appropriate to your son/daughter's age:

<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-11-14>

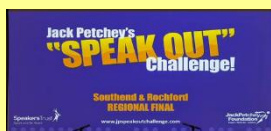
<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-14-18>

## Departmental News



**Our Amazon Wishlist!** Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

**Does your child need somewhere quiet to study with access to a computer to complete extended learning?** We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



**Jack Petchey Speak Out Challenge:** On Tuesday 28<sup>th</sup> April, Oliver took part in the Regional Final of the Jack Petchey Speak Out Challenge. With a powerful speech entitled "I am Irish", Oliver spoke with confidence, passion and consideration. Well done! An amazing achievement to reach the final 13 public speakers out of over 800 entrants. Miss Osborne.



**YGAM Gambling and Gaming Awareness Workshop – Year 10:** On Monday 27<sup>th</sup> April 2026, Year 10 students took part in an engaging and thought-provoking workshop delivered by Thomas Curtis from YGAM (Young Gamers and Gamblers Education Trust). The session focused on raising awareness of the risks associated with gambling and gaming, helping students better understand how these activities can impact wellbeing.



Thomas shared his own personal experiences, offering a powerful and honest insight into how gambling can become harmful if not recognised early. His story helped students see how easily habits can develop and the importance of staying in control. By speaking openly, he encouraged pupils to reflect on their own behaviours and make informed, responsible choices.



The workshop explored common pitfalls of gambling and gaming, including the influence of in-game purchases, loot boxes, and the pressures created by advertising and social media. Students learned how these features are designed to encourage continued spending and engagement, sometimes without people fully realising it.

Importantly, the session also highlighted the signs that someone may be struggling.



Changes in behaviour such as becoming withdrawn, secretive about spending, or unusually preoccupied with gaming or betting were discussed as potential warning signals. Students were reassured that support is available and that speaking up—either for themselves or a friend—is a positive and important step.

Guidance was provided on where to seek help, including trusted adults in school, family members, and specialist support organisations. The message was clear: no one has to deal with these challenges alone.

We would like to extend our thanks to Thomas Curtis for delivering such an impactful session, and to all staff who supported the event and helped with the organisation and setup on the day. Their efforts ensured the workshop ran smoothly and provided a valuable learning experience for our students. This workshop forms part of our ongoing commitment to supporting student wellbeing and equipping young people with the knowledge and skills to make safe, informed decisions.

#### Alumnus of the Month: [May 2026.](#)



**Aspire:** online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)



**Connexions Events:** a list of 6<sup>th</sup> Form and colleges open events for 2025/26 can be found [here](#).  
[Webinars & Workshops - Amazing Apprenticeships](#)  
[The Telegraph Media Literacy Programme 2026 :: Telegraph Media Group Jobs](#)

**Where Next booklet** is a useful tool for parent/carers to use to help support theirs and their child's understanding of what careers pathways and next steps they can actively support them taking

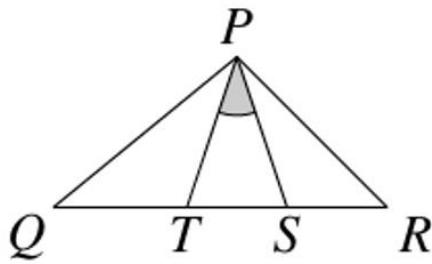
## CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are [underlined](#).

Careers Newsletter can be found [here](#).

In the triangle  $QPR$ ,  $\angle QPR = 100^\circ$ ,  $QP = QS$  and  $RP = RT$ .

What is the size of  $\angle TPS$ ?



**Maths Problem of the Week:**

Answer to the last problem –  $(x+1)(y+1) = 5$

## Year 11 Revision Timetable



### REVISION TIMETABLE 25/26

MON	TUE	WED	THU	FRI
8am – 8:30am (speak to teacher for specific time)				
RCA - English E4	RC-English E4			
	PGR-RE RE2			
	LDO-Music listening paper revision-H1			
1:30pm – 1:55pm (speak to teacher for specific time)				
DCO - Media and Film E7	Art-KBA AR3 (Week 2)	DCO - English E7	API - Physics Lab 2	JH-Geography G1 1.45-2.25pm
GRO-RE 2.00-2.25pm RE2	KDO-History H1	ZR- English (sets 7-9) E4	AB - Product Design Tec 3	SEM-English E6
JH- Geography G1 1.45pm-2.25pm	LMY - Business BS1	CJC-Computer Science CR5	KDU- English E5	
KAY & KBA Art AR2 & AR3	AMB-Tech Tech 3		Art – KAY AR2	
			GRO- RE 1.40-2.20pm RE2 (week2)	
			MAR-Further Maths M2	
2pm – 2:25pm (speak to teacher for specific time)				
	API-Physics (double & triple) Lab 2	CJC-Computer Science CR5	MAR-Further Maths- M2	KBA-Art AR3
		SMN-Food Preparation and Nutrition revision/NEA catch up CR6		
After School (speak to teacher for specific time)				
CWI- Spanish- CR3	FLE- Media and Film Coursework MS1	MLO - Maths (set 3) M7	TMI- RE (12mark Clinic) RE3	
	GWE-Geography-G3			
	LDX- Music MUS1			
	LMY - Business BS1			
	CJC-Computer Science CR5			



**PE Students of the week:** First is Archie from Year 9 who took part in the Southend Borough Athletics trials this week. He competed superbly against a strong field, winning his race. Second is Jacob from Year 7 for his efforts in both PE lessons and extra-curricular athletics sessions. Well done to both boys.



**Essex Athletics Championship Trials:** We were very proud to take the following students to the above trials, trying to be selected to represent Southend Schools at the Essex Athletics Championships. Charlie W 11.6 secs 2nd and Elliot B 11.8 secs 3rd in the 100m. Archie C 24.3 secs 1st and Henry M 24.6 secs 2nd in the 200m all four boys in Yr9. Sean C 10.97 secs 2nd in 100m and Lewis A 23.8 secs also 2nd in 200m, these two are even more impressive as they are both Yr10 running in and with Yr11 students. We await to see if they have been successful in selection for the Essex Championships and the opportunity to go to the English schools Championship in July.

## Sports Fixtures

Date	Fixture
4/5/2026	No fixtures
5/5/2026	No fixtures
6/5/2026	Under 14 Cricket Festival @ Robert Clack - 11am start - Leave 10am, return 3:30pm
7/5/2026	Year 7 Cricket v Thorpe Hall @ Garons - Start TBC SEND Tennis @ Great Baddow - Leave 9:30am, return 2:30pm
8/5/2026	No fixtures
11/5/2026	No fixtures
12/5/2026	National Athletics Round 1 @ Blackshots - Leave 8:30am, return 5pm
13/5/2026	Year 7/8 & 9/10 Tennis v Westcliff @ WLTC - 2pm start, Leave 1:30pm, return 4pm
14/5/2026	Under 15 Cricket v Thorpe Hall @ Garons - Start TBC
15/5/2026	No fixtures

## PE Extracurricular Timetable – Summer Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7.45 – 8.30 am</b>	Year 7-8 Strength and Conditioning (Gym) (JEN)	Year 8/9 Gym (JEN)	Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 10-13 Gym (EK)
<b>1.35 – 2.25pm</b>	Year 10 Cricket (JTB) Year 10 Astro (NSP) Hurdles & High Jump Astro Long & Triple Jump (AAC) GCSE PE Coursework catch-up (LSH)	Darts Clubs (All years) (SB) Year 9 Astro (JTB) Hurdles & High Jump Astro Throws Back Field (AAC) Long & Triple Jump (LSH)	Year 8 Astro (JEN) Year 9-11 Gym (NSP) Middle Distance (EK) Long & Triple Jump (SB)	Year 7 Astro (LSH) Hurdles & High Jump Astro (AAC)	Year 11 Astro (TH) Hurdles & High Jump Astro Throws Back Field (AAC)
<b>3.30 – 4.45pm</b>	<b>FIXTURES</b>	GCSE PE Coursework catch-up (SB) Year 7 Cricket (EK) <b>FIXTURES</b>	Tennis club (All years) (NSP) Year 8 & 9 Cricket (JEN, JTB)	<b>FIXTURES</b>	<b>FIXTURES</b>

## Extracurricular Timetable – Summer Term

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Before School</b>	Group Prayer 8.15-8.30am (Chapel)  Library 8-8.40am  Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel)  Library 8-8.40am  Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel)  Library 8-8.40am  Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel)  Library 8-8.40am  Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel)  Library 8-8.40am  Music Rehearsal Room 8-8.35am (Music 1)
<b>Breaktime</b>	Personal Prayer 11.10-11.25am (Chapel)  Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel)  Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel)  Library 11.10-11.25am	Personal Prayer 1.10-11.25am (Chapel)  Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel)  Library 11.10-11.25am
<b>Lunchtime</b>	Personal Prayer 1.30-2.25pm (Chapel)  Library 1.30-2.25pm  Chess Club 1.30-2.25pm (RE3)  Anime and Manga Club 2-2.25pm (Library)  Aviation Club 2-2.25pm (MFL3)  Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4)  Warhammer Club 1.40-2.20pm (Lab 1)  KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4)	Personal Prayer 1.30-2.25pm (Chapel)  Library 1.30-2.25pm  History Club 1.30—2pm (RE3)  Liturgy Band 1.50pm (Music 1)  Latin Club 1-2.25pm Years 7-9: invite only (RE1)  Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3)  Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5)  Transformers Club Years 7-9 1.30-2.25pm (Lab 8)	Personal Prayer 1.30-2.25pm (Chapel)  Library 1.30-2.25pm  The Caritas Team 1.30-2pm (E4)  Dungeons and Dragons 1.30-2.25pm (Lab 2)  Computer Science Club Years 9-11 1.30–2.30pm (CR5)  Junior Rock Band 1.50pm (Music 1)  Origami Club 2-2.25pm (RE3)	Personal Prayer 1.30-2.25pm (Chapel)  Library 1.30-2.25pm  Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1)  Classics Club 2-2.25pm Years 7-9: invite only (RE4)  Chess Club 1.30-2.25pm (RE3)  Guardians of the Garden 2-2.25pm  Drama Club 1.50-2.25pm (H3)  Harry Potter Club Years 7-9 1.30-2.25pm (E6)	Personal Prayer 1.30-2.25pm (Chapel)  Library 1.30-2.25pm  Choir 1.50pm (Music 1)  Film Club Years 7-10 1.40-2.20pm (BS1)  Star Wars Club 2-2.25pm (Library)  Cards Club 1.30-2.25pm (M2)  Bible Study 1.35-2.25pm (RE4)
<b>After School</b>	Group Prayer 3.30-3.40pm (Chapel)  Library 3.30-4pm  Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel)  Library 3.30-4pm  Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel)  Library 3.30-4pm  Silver Duke of Edinburgh 3.30-4.45pm (Lab 10)  Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel)  Library 3.30-4pm  Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel)  Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel)  Library 3.30-4pm  Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups