

CONTACT

No. 1731 – Friday 5th June 2026

Early Closure on St Thomas More Day 26th June – parents should have received a letter via email informing them of the arrangements for St Thomas More Day which is celebrated on Friday 26th June. Our Feast Day Mass will take place in the morning, followed by house mini-sports (PE kits will be needed if your child is taking part in the mini-sports). **The celebrations will finish at approximately 1:20pm, after this time, students will be dismissed for an early finish.** To date, the school contract buses have informed us that they will be collecting the pupils at their usual departure time so we encourage you to make alternative arrangements for your child to travel home as the school site will be closing at 1:30pm. If you are unable to make alternative travel arrangements, then you **must** let us know by calling the school on 01702 344933 or by emailing: office@st-thomasmore.southend.sch.uk giving your child's full name and form. If we do not hear from you, your son will leave at 1:30pm along with the rest of the school. We hope for very warm and sunny weather, in which case could you please ensure your child has a hat, sun cream and a water bottle to replenish during the day. Our students, as always, are ambassadors for the school and we therefore expect the highest standards of behaviour. Should, however, behaviour in school at any time on this day give us cause for concern, we reserve the right to withdraw them from activities.

Summer Uniform and Shirt Sleeve Order: A reminder that throughout the summer students are still required to wear their blazer to school unless we experience very hot weather. If hot weather is forecast, then we will contact parents to let them know if students are not required to wear a blazer to school. If this is the case and students choose not to wear their blazer, this should not be replaced by a coat, jacket or hoodie.

COULD YOU BE A FOUNDATION TRUSTEE? [Assisi Catholic Trust](#) is currently seeking a foundation Trustee with experience or confidence in HR; to support the development of people strategy or experience to support our flourishing capital strategy covering buildings, digital infrastructure & technology and our asset management plan. If you, or someone you know, have these skills and a heart for supporting Catholic education, we would love to hear from you. Trustees play a vital role in ensuring strong oversight, value for money and long-term planning. If interested, please contact the school office and speak to Mrs Ackred for an informal discussion.



Prayer of the Week

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the wicked foe, defend me.
At the hour of my death, call me
and bid me come to you
That with your saints I may praise you
For ever and ever. Amen.

Corpus Christi

John 6:51-58

Artwork: Eucharist in a Garland (~1635) by Jan Anton van der Baren



This weekend we celebrate the Solemnity of Corpus Christi (the Most Holy Body and Blood of Christ) with a passage from the Holy Gospel of St John, its a famous segment often referred to as 'The Bread of Life Discourse'. In this our Lord Jesus Christ has just completed a public miracle, the feeding of the 5000, He is now surrounded by another crowd who are willing to listen to Him in hopes that they will get free food. Lord Jesus doesn't seem to give them what they want. They are hungry, He promises true food – the Bread of Life, when they ask for it He says that the Bread is His Body. The crowd is perplexed, some of them offended, but Lord Jesus doesn't clarify as He does with other symbolic phases, He doubles down – the Bread of life is His Body and people should eat this Bread for eternal life. Some leave and are no longer His disciples.

There are times in our lives when someone says or does something that we don't like and we think that they are being unreasonable. When our guardians won't let us go out with friends, when our teachers give us more work to do, when our friends discourage us from playing a game we want to. All of these can seem unreasonable in the moment, but they all have a positive intention when you reflect on it. Those who were listening to Christ in the bread of life discourse likely felt similar. They wanted to eat bread and fish, but instead they are told that they should eat His Body instead. Why couldn't He just provide more fish for them? It's as we grow wiser that we can put aside the initial negative reaction and see the positive someone is trying to provide for us. Appearances can be deceiving, not everyone is trying to burden you – they might just want the best for you. And after Consecration, it might appear to be ordinary bread – but it is in fact the true presence of God – Body, Soul, and Divinity.

- Max Morris, Lay Chaplain

Chaplaincy News

Our Lady of Lourdes Primary school Retreat: This week we had the whole of year 6 from Our Lady of Lourdes primary school at St Thomas More for a day retreat run by most of our school leadership team in collaboration with the Chaplaincy department. This was an incredible day for all involved with the first half of the day being dedicated to our individual gifts and talents and the second half to calming nerves around starting secondary school. A massive thank you and congratulations to those who put this retreat together.

Youth Mass: This week we took a fantastic group of students to the monthly Youth Mass at Brentwood Cathedral, on arrival we had a pleasant surprise as we bumped in to a few St Thomas More alumni who have continued the tradition of attending the Youth Mass. Next month the Mass will be celebrated by Bishop Alan, as our Bishop is retiring this could be the last Youth Mass he celebrates. If you wish to be part of the next month's group please speak to Max, our lay chaplain.



Year 10 Mass: This week Fr Jeff celebrated Mass for our year 10 students. Our prayers this week were especially directed to our students sitting exams. Fr Jeff reminded us in his homily that we are in a very privileged place in this school, explaining that as we hold the true presence of God during Mass and in our Chapel we are truly close to the Kingdom of Heaven in a way not many other schools are. Thank you to all the students and staff who assisted in the Mass.



School Pilgrimage to Fátima, Portugal (Friday, 22nd May - Monday, 25th May 2026) Recently, Mr Griffin, Ms Rogers, Mrs Fleming and Mr Pereira took a group of 40 students on pilgrimage to Fátima, Portugal which offered opportunities for prayer, reflection, and learning, while also allowing students to



experience the richness of Portuguese culture. Students visited the childhood homes of the three Fatima visionaries, Saints Francisco and Jacinta Marto and Sr. Lucia, where they reflected on the humble lives and simple upbringings of the shepherd children and learned more about the story of the Fatima apparitions. We were reminded that God often works through ordinary people and that even children can play an important role in sharing His message with the



world. The group attended Mass in the beautiful Basilica of Our Lady of the Rosary, visited the Chapel of the Apparitions, built on the site where Our Lady appeared to the three shepherd children in 1917, and joined pilgrims from around the world for an International Outdoor Mass which was celebrated in several languages. A particularly meaningful experience was praying the Stations of the Cross along the Via Sacra, following the route once walked by the three visionaries as they tended their sheep. Students took turns reading each station and its accompanying reflection. The group also visited the Life of Christ Museum which told the story of Christ from the New Testament through wax figures, the Fatima

Wax Museum which told the story of Fatima as a place of pilgrimage, and the Basilica Museum, where they learned more about the history of Fatima and saw the bullet that wounded Pope St John Paul II in 1981. The Pope later credited Our Lady of Fatima with saving his life. Students had the opportunity to receive the Sacrament of Reconciliation and light candles for their own prayer intentions. One of the highlights of the pilgrimage was the evening Torchlight Procession, where students joined pilgrims from across the world in praying the Rosary in several languages and singing *Ave Maria* while processing with candles around the shrine. Processing with the statue of Our Lady around the shrine's vast square was a powerful and moving experience that will remain with many for years to come. As a lasting reminder of the pilgrimage, students chose to bring back an image of Our Lady of Fatima for the school chapel, along with a statue of St Carlo Acutis. Throughout the trip, students were excellent ambassadors for the school, demonstrating respect, maturity and reverence while embracing the opportunity to deepen their faith. One student said the pilgrimage had "brought me closer to God", while another expressed a wish to return to Fatima with their family. It was a memorable and enriching experience that will remain with our students for many years to come.



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Loving Father,

We thank You for bringing the students and staff of St Thomas More High School safely home from their pilgrimage to Fatima. We are grateful for the blessings, friendships, and moments of faith experienced during the journey. May the lessons learned and the memories made continue to strengthen our faith and draw us closer to You.

Through the intercession of Our Lady of Fatima, guide and protect us always.

Amen.

Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msgr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr Viktor
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies:

- St Helen's Catholic Primary School – [St. Helen's Catholic Primary School :: Staff Vacancies](#) - Head of SEND and Inclusion; and Cleaner.
- St Joseph's Catholic Primary School - [St Joseph's Catholic Primary School and Nursery - Vacancies](#) - Early Years Practitioner (Level 3) and Room Leader; LSA; and Breakfast Club Supervisor.
- Our Lady of Lourdes, KS2 Teacher - [Our Lady of Lourdes Catholic Primary School - Working at OLOL](#)
- Sacred Heart – Headteacher vacancy, Headteacher – [Sacred Heart Catholic Primary School - Vacancies](#)

SACRED HEART PRIMARY SCHOOL

IS YOUR CHILD STARTING SCHOOL
IN SEPTEMBER?



BOOK YOUR VISIT NOW

A catholic school that welcomes all

☎ 01702 414200
✉ office@sacredheart.southend.sch.uk

Come and see how we can support your child





Our Lady of Lourdes

Catholic Primary School and Nursery




Our Lady of Lourdes is a warm and welcoming school with high aspirations for every child in our care. We aim to provide a high quality education for every learner within our nurturing Catholic ethos.

We are proud of the diversity of our community and welcome families of all faiths or none to be part of our school family.

Please contact the school office to book your visit.

☎ 01702 475689
✉ olol.co.uk

Manchester Dr. Leigh-on-Sea S59 3HS



Parent Reminders and Student Information

Water bottles: with the summer weather nearing, please ensure your child brings a refillable bottle to school, there will not be cups available from the canteen.

Term Dates: Please find the [Term Dates 2025-26](#).

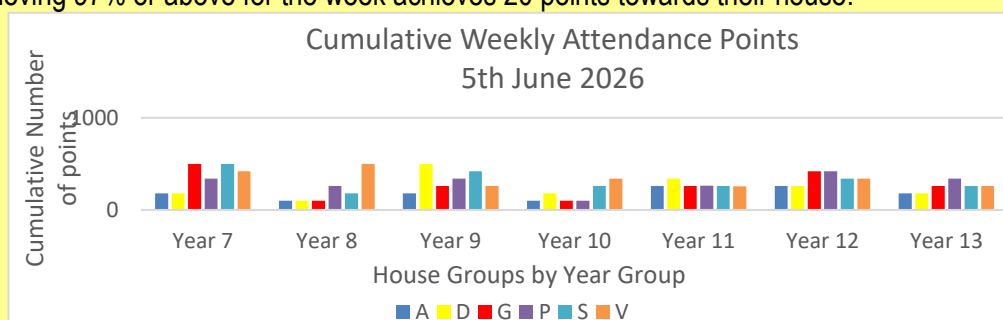
Term Dates: Please find the [Term Dates 2026-27](#)

Calendar for Parents: can be accessed [here](#).



Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing attendance@st-thomasmore.southend.sch.uk If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through school gateway or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence e.g. appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.

House Attendance Points: The form with the highest attendance in the year group gets 100 points each week and every form achieving 97% or above for the week achieves 20 points towards their house.



Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

Changes to Contact Details: If you have moved house, changed your email address, mobile telephone number or work contact number, etc. **please remember you can make these changes via your child's MCAS account.**

Parking Reminder: Despite persistent reminders, parents are still parking dangerously by the red gate exit at the end of each day. This is extremely dangerous as students, particularly those on cycles must swerve to get around illegally parked vehicles. We have contacted the Local Authority, and if it continues, we have been asked to record number plates of offending vehicles to pass on to the traffic department. Could you please co-operate for the safety of our students.

16–19 Bursary Fund – Support for Sixth Form Students

The Government's **16–19 Bursary Fund** is available to help students stay in education by covering costs such as travel, meals, books, equipment, and trips. There are two types of bursaries:

- **Vulnerable Student Bursary** – up to £1,200 for young people in care, care leavers, or those receiving certain benefits.
- **Discretionary Bursary** – for students facing financial hardship, awarded by the school based on household income and individual need.

To apply, parents/students should complete the bursary application form (available from the Sixth Form office or school website) and provide supporting evidence. For full details and eligibility, visit: www.gov.uk/1619-bursary-fund If you have questions or need help with the application, please contact our Sixth Form office.

Southend SEND Information Day – 16 June: Southend SEND Independent Forum (SSIF) and the SEND Local Offer Team are thrilled to invite you to our 2nd Southend SEND Information Day! Whether you're a parent carer or a professional, this is the place to be on 16 June. We're bringing together local support services, expert teams, and a lineup of informative talks, all under one roof. We know how vital it is to have clear, accessible information. That's why we've organised a packed day full of:

- Direct access to local support services.
- Informative talks on key topics.
- A space to connect with other parent carers and professionals.

Save the date: 16 June from 9.30 to 2.30pm
Venue: Southend Civic Centre, Victoria Avenue, Southend-on-Sea, Essex, SS2 6ER
Pre-register now: www.livewellsouthend.com/SENDInformationDay




Southend SEND Information Day
Pre-register now!
www.livewellsouthend.com/SENDLocalOffer

Over 65 stalls • Opportunity for parent carers to connect with services
• 3 information sessions • Network opportunity for professionals

Tuesday 16 June 2026
9.30am to 2.30pm

Southend Civic Centre,
Victoria Avenue, SS2 6ER

Southend-on-Sea City Council



Essex County Council
Libraries

Volunteer

for the
Summer Reading Challenge 2026!

Make friends!

Boost your CV!

Help your local community!

Closing date 22 June

Apply online at libraries.essex.gov.uk
Open to age 14+



Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://st-thomasmore.southend.sch.uk)

New resources about online hate and misogyny on the 'Kids online safety' website: Together with the Department for Science, Innovation and Technology (DSIT), the Department for Education has published new resources on the ['Kids online safety' website](https://www.kidsos.gov.uk/) to help parents and carers understand and get support dealing with online misogyny. This [new section](#) is designed to help families and give them more confidence in talking to their children about what they're doing and experiencing online.

The updated content includes:

- what misogyny is
- why you should talk to your child about misogyny
- spotting the signs of misogyny
- how you can support your son or daughter

Please remember there is also the opportunity to join the many parents/carers who have gained the National College Parents' Certificate in Online Safety which will give you further insights into how to navigate the online world with your son/daughter.

Please use the following link and select Parent/Carer as your role:

<https://nationalcollege.com/enrol/st-thomas-more-high-school>

The course, presented by Myleene Klass can be completed in your own time, in a total of under 45 minutes. Please select the link that is appropriate to your son/daughter's age:

<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-11-14>

<https://nationalcollege.com/courses/os-for-parents-carers-of-children-aged-14-18>

At The National College, our [WakeUpWednesday](#) guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guidance, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS

ALLERGIES AND ANAPHYLAXIS

- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an adrenaline device, injected into the outer upper thigh or using an inhaled device.
- Anaphylaxis is a medical emergency and a threat to life.

WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.

TWO DOSES: 0.15 mg or 0.3 mg

TOP 14 FOOD ALLERGENS:

(However, be aware people can be allergic to anything.)

CELERY	FISH	CRUSTACEANS	EGGS	MILK
SOYA	LUPIN	CEREALS	TREE NUTS	SESAME
MUSTARD	MOLLUSCS	PEANUTS	SULPHITES	

NON-FOOD ALLERGENS:

POLLEN	PET HAIR/DANDER	INSECT VENOM	MEDICATION/DRUGS
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ANAPHYLAXIS SYMPTOMS

AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.

BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.

CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.

In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

LINKS TO FURTHER RESOURCES - Scan the QR codes to find out more

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Meet Our Expert
Anaphylaxis UK is the only UK-wide charity supporting safety for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. While there is no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with serious allergies.

[@wake_up_weds](https://twitter.com/wake_up_weds) www.thenationalcollege.com [@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday) [@wake.up.weds](https://www.facebook.com/wake.up.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.05.2025

Departmental News



Our [Amazon Wishlist!](#) Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading. If students have overdue library books, you should have received an overdue notice and may be charged an overdue fee per book via Gateway. To have the overdue notice removed, students can return the book, pay the fee, or replace the missing book with a new copy.

Does your child need somewhere quiet to study with access to a computer to complete extended learning? We currently have two Study Clubs available: Study Club: Monday 3.30-4.30pm in CR3 overseen by Mrs Williams (open to all years). Veritas Mentors: Thursday 1.30-2.25pm in the Year 12 study room. The Veritas mentors idea is based on the plan on having an extended learning support group run by sixth form students who will be on hand to offer support if needed (open to key stage 3 students). Mrs Napper (Enrichment Coordinator)



Caritas Team - COMING SOON: This summer, the school will hold a summer fête in the garden. The garden is open every Thursday at lunchtime and we are working to have it open on more days. What will be in the summer fête? We will have fresh lemonade at the ready, delicious cakes and hook-a-duck! If you have anything you would like to add to the garden, please do! All contributions are appreciated. Where is the garden? It's near the astro on the field. Be sure to bring money to purchase said cakes, lemonade and have a go at the hook-a-duck, which will include prizes if you win! Please be mindful to respect the garden as it is a safe space for many students and an area for surrounding nature.



Alumnus of the Month: [June 2026.](#)

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)

Connexions Events: a list of 6th Form and colleges open events for 2025/26 can be found [here](#).

[Webinars & Workshops - Amazing Apprenticeships](#)

[The Telegraph Media Literacy Programme 2026 :: Telegraph Media Group Jobs](#)

Where Next [booklet](#) is a useful tool for parent/carers to use to help support theirs and their child's understanding of what careers pathways and next steps they can actively support them taking



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Maths Problem of the Week:

Answer to the last problem: 25 fudges

In a school, one fifth of the students have blue eyes. One tenth of the left-handed students have blue eyes. One quarter of the right-handed students have blue eyes. What fraction of the students are left-handed?



YEAR 10 & YEAR 12 SUMMER ASSESSMENT OPPORTUNITY TIMETABLE

All students in year 10 and 12 have been emailed with details of their upcoming examinations. Please find a summary timetable below.

WEEK 1		MORNING – 9:00		YEAR		AFTERNOON – 13:00	
MONDAY 15 TH JUNE	10	<i>No assessments due to Public Exams taking place</i>		10	<i>No assessments due to Public Exams taking place</i>		
	12			12	Sociology - 2hrs		
TUESDAY 16 TH JUNE	10	PE – 1hr45mins		10	Music – 1hr15mins Spanish – 1hr30mins		
	12	Physics – 2hr30mins		12	Chemistry Paper 1 – 1hr30mins English Language – 2hr30mins		
WEDNESDAY 17 TH JUNE	10	English Language – 1hr45mins		10	Science Paper 1 – 1hr40mins		
	12	English Literature – 2hr30mins Biology Paper 1 – 1hr30mins		12	History Paper 1 – 1hr30mins		
THURSDAY 18 TH JUNE	10	Maths (Non-Calc) – 1hr30mins		10	Media Studies – 1hr30mins		
	12	Geography (Human) – 1hr45mins Chemistry Paper 2 – 1hr30mins		12	Business Studies – 2hr		
FRIDAY 19 TH JUNE	10	Creative iMedia – 1hr30mins		10	Food Prep & Nutrition – 1hr45mins Spanish – 1hr30mins		
	12	Film Studies – 2hr30mins Politics – 2hr		12	Psychology – 2hr		
WEEK 2		MORNING – 9:00		YEAR		AFTERNOON – 13:00	
MONDAY 22 ND JUNE	10	English Literature – 2hr15mins		10	Geography – 1hr30mins		
	12	Geography (Physical) – 1hr45mins		12	Maths (Pure) – 2hr		
TUESDAY 23 RD JUNE	10	RE - 1hr45mins		10	Computer Science – 1hr30mins		
	12	Computer Science – 1hr15mins		12	History Paper 2 – 1hr30mins		
WEDNESDAY 24 TH JUNE	10	Science Paper 2 – 1hr40mins		10	History – 1hr30mins		
	12	Media Studies – 2hr15mins RE – 2hr30mins		12	Maths (Applied) – 1hr15mins		
THURSDAY 25 TH JUNE	10	Maths (Calc) – 1hr30mins		10	Business Studies - 1hr30mins		
	12	Spanish – (2hr30mins)		12	Biology Paper 2 – 1hr30mins		
FRIDAY 26 TH JUNE	ST THOMAS MORE DAY						

Poetry Corner No.99

The Moment

The moment when, after many years
of hard work and a long voyage
you stand in the centre of your room,
house, half-acre, square mile, island, country,
knowing at last how you got there,
and say, I own this,

is the same moment when the trees unloose
their soft arms from around you,
the birds take back their language,
the cliffs fissure and collapse,
the air moves back from you like a wave
and you can't breathe.

No, they whisper. You own nothing.
You were a visitor, time after time
climbing the hill, planting the flag, proclaiming.
We never belonged to you.
You never found us.
It was always the other way round.

Margaret Atwood

[The Moment read by Margaret Atwood](#)

Sports News



Year 9 '3 v 3' basketball: Two teams represented STM this week in an outdoor '3 v 3' basketball tournament at New Hall. The team made up of Leroy, Wisdom, Ralph and Jeffrey came in 5th after losing just one pool game. The other team of Manny, Fin, Gabriel and Mandela made it to the final but fell just short of winning. A great time was had by all, made better by the free drinks and biscuits on offer! The Year 7 and 8 teams are playing next week so check back to see how we get on!



Year 7 Basketball: The Year 7 boys secured a dominant 55-19 victory over St Columba's College to book their place at the Jr NBA Finals Day at Norwich University. From the opening tip, the boys controlled the game with their intensity, pace, and teamwork. Their quick ball movement and direct attacking play proved too much for the opposition, allowing them to build a comfortable lead and maintain control throughout the contest. Derick was the standout performer, delivering a superb individual display and scoring 36 points. His attacking threat and finishing ability were key factors in the team's success. It was an excellent all-round team performance, with the boys showing their quality to win and progress to the Jr NBA Finals Day.

Essex Athletics Championships: Congratulations to Joel (Yr11) Sean & Lewis (Yr10) and Charlie, Archie & Henry (Yr9) who have been selected to represent Southend Schools and participate at the Essex Athletics Championships at Chelmsford next Saturday.

Sports Fixtures

Date	Fixture
8/6/2026	Under 15 Cricket T20 v Thorpe Hall (AWAY) 1:45pm start – leave 1:20pm, return 5pm
9/6/2026	National Athletics A Final @ Blackshots - Leave 8am, return 5pm Jnr NBA Finals @ Sportspark Uni of East Anglia (LEAVE 7AM / RETURN 5.15pm)
10/6/2026	Year 7&8 3v3 Basketball @ New Hall - Leave 1:30pm, return 6:30pm 1 st XI Football v Chase (HOME) 2pm kick off
11/6/2026	Year 8 Cricket v Southend High (HOME) 4pm start
12/6/2026	No Fixtures
15/6/2026	Borough Athletics Heats - Leave 3pm, return 6:15pm
16/6/2026	Year 7 Cricket v Southend High (AWAY) 4pm start - return 6:15pm
17/6/2026	No Fixtures
18/6/2026	No Fixtures
19/6/2026	Borough Athletics Finals @ Garons - Leave 8am, return 5pm

PE Extracurricular Timetable – Summer Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 – 8.30 am	Year 7-8 Strength and Conditioning (Gym) (JEN)	Year 8/9 Gym (JEN)	Year 7-10 Indoor Athletics (AAC)	Darts Club (All years) (SB) Year 8/9 Futsal (JEN) Year 10-13 Gym (LSH)	Year 10-13 Gym (EK)
1.35 – 2.25pm	Year 10 Cricket (JTB) Year 10 Astro (NSP) Hurdles & High Jump Astro Long & Triple Jump (AAC) GCSE PE Coursework catch-up (LSH)	Darts Clubs (All years) (SB) Year 9 Astro (JTB) Hurdles & High Jump Astro Throws Back Field (AAC) Long & Triple Jump (LSH)	Year 8 Astro (JEN) Year 9-11 Gym (NSP) Middle Distance (EK) Long & Triple Jump (SB)	Year 7 Astro (LSH) Hurdles & High Jump Astro (AAC)	Year 11 Astro (TH) Hurdles & High Jump Astro Throws Back Field (AAC)
3.30 – 4.45pm	FIXTURES	GCSE PE Coursework catch-up (SB) Year 7 Cricket (EK) FIXTURES	Tennis club (All years) (NSP) Year 8 & 9 Cricket (JEN, JTB)	FIXTURES	FIXTURES

Extracurricular Timetable – Summer Term

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)	Group Prayer 8.15-8.30am (Chapel) Library 8-8.40am Music Rehearsal Room 8-8.35am (Music 1)
Breaktime	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 1.10-11.25am (Chapel) Library 11.10-11.25am	Personal Prayer 11.10-11.25am (Chapel) Library 11.10-11.25am
Lunchtime	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Chess Club 1.30-2.25pm (RE3) Anime and Manga Club 2-2.25pm (Library) Aviation Club 2-2.25pm (MFL3) Chaplaincy Games Club Years 7-11 1.35-2.25pm (RE4) Warhammer Club 1.40-2.20pm (Lab 1) KS3 Maths Support Club Years 7-8 1:45 – 2:15pm (Tech 4)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm History Club 1.30—2pm (RE3) Liturgy Band 1.50pm (Music 1) Latin Club 1-2.25pm Years 7-9: invite only (RE1) Culture Club (Literature, Arts, Culture and Society) Years 10-13 1.30-2pm (E3) Labrats Years 7-8 1.40-2.25pm (Week 1 Lab 1/ Week 2 Lab 5) Transformers Club Years 7-9 1.30-2.25pm (Lab 8)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm The Caritas Team 1.30-2pm (E4) Dungeons and Dragons 1.30-2.25pm (Lab 2) Computer Science Club Years 9-11 1.30–2.30pm (CR5) Junior Rock Band 1.50pm (Music 1) Origami Club 2-2.25pm (RE3)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Pokémon Club 1.30-2.25pm (Lab 2) Folk Band 1.50pm (Music 1) Classics Club 2-2.25pm Years 7-9: invite only (RE4) Chess Club 1.30-2.25pm (RE3) Guardians of the Garden 2-2.25pm Drama Club 1.50-2.25pm (H3) Harry Potter Club Years 7-9 1.30-2.25pm (E6)	Personal Prayer 1.30-2.25pm (Chapel) Library 1.30-2.25pm Choir 1.50pm (Music 1) Film Club Years 7-10 1.40-2.20pm (BS1) Star Wars Club 2-2.25pm (Library) Cards Club 1.30-2.25pm (M2) Bible Study 1.35-2.25pm (RE4)
After School	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Study Club 3.30-4.30pm (CR3)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Computer Science Club Years 9-11 3.30-4.30pm (CR5)	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Silver Duke of Edinburgh 3.30-4.45pm (Lab 10) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) Morley's music lessons	Group Prayer 3.30-3.40pm (Chapel) Library 3.30-4pm Senior Rock Band 3.30-4.30pm (Music 1)

Note: Clubs with no mention of year groups are open to all year groups