



CONTACT

No. 1745 – Friday 23rd October 2026



The first half term of this academic year has been a very busy one and we have been delighted with how well our new students in Year 7 and 12 have settled into our St Thomas More family. We wish you all a restful and safe break. We return to school on Monday 2nd November 2026 (Timetable Week 1). Please could I also remind parents to 'top up' lunch money accounts before the students come back to school on Monday 2nd November.

Open Days for Prospective Year 7: On Tuesday and Wednesday this week we held our open days for prospective Year 7 students; it was lovely to see new parents and students coming to tour our facilities and see how a school day at St Thomas More would look.

GCSE Study Skills & 6th Form Open Evening: Last night we held our internal GCSE Study Skills & 6th Form Open evening which was a fantastic evening. It was lovely to see so many of our year 11 students and their families getting important study skills advice and exploring their post-16 options and subject choices. Thank you to all those students and families who joined us on this important evening.

Early Warning – 19th November 2026: our **Yr. 10 study skills evening** takes place on Thursday 19th November 2026, a letter with full details of the evening will be sent out to parents/carers after the half-term break.

Friends of St Thomas More: is a charity run by volunteers made up of parents, staff, and friends of the school. We raise money throughout the year to support the school and most importantly our students, the fundraising is through a variety of events such as: Social Events, running our Preloved uniform shop, providing refreshments at school events and selling stationary packs.

What we've done so far - money raised through these events has enabled us to purchase several things to support the school and students such as: School Minibuses, Spanish dictionaries, Bibles, skateboard ramp for skateboarding club, additional computers for the 6th form study room, waterproofs for school walking trips, keyboards for the music department, athletic kits for PE department and 6th form common room.

How can you help - To ensure we can continue what we do we are now looking for additional volunteers to join our friendly team and help support the school community. We meet once every half term and help at school events by selling refreshments, preloved uniforms and more. You do not need to be available for every event — any time you can give is greatly appreciated, and every extra volunteer makes a difference! Our next meeting will be Tuesday 10th November at 6pm, please do come along and join us. There are also other ways you can support FOSTM: Join the FOSTM Facebook page, join our easy fundraising page, take part in the school lottery, attend our social events, donate preloved uniform, donate raffle prizes and attend a FOSTM meeting (once every half term).

Get in touch - If you would like any information of how to support or would like to join our friendly team, please speak with us or email us on FOSTM@st-thomasmore.southend.sch.uk

Get involved and make a difference!

Poppies: are available to purchase in school ahead of our Remembrance Services on 11th & 12th November 2026.

Free School Meals: [Application for FSM - St Thomas More High School](#) Due to government changes more families may now be eligible for free school meals. If you think you may be eligible, please complete your details on the link above.

Colder Weather: As the weather turns cooler and autumn settles in, we're beginning to experience chilly mornings and unpredictable conditions throughout the day. To ensure students stay comfortable and healthy, we kindly remind you to ensure your child comes to school with a warm coat or jacket each day, which is removed once in lessons. Dressing in layers is also a great way to adjust to the changing temperatures, and students should be prepared for outdoor activities during breaks or P.E. in cooler weather. Thank you for your support in keeping our students warm and ready for the season ahead!

Getting to and from school safely: With the darker evenings drawing in, it won't be too long before it is dark at the end of the school day. For those students that cycle to and from school, wearing high-visibility clothing and a helmet helps to ensure your safety. This is a reminder also to cyclists, to please ensure your bike is equipped with proper lights. Riding with front and rear lights is not just essential for your safety, but it's also a legal requirement to help you stay visible to others on the road. **Please check:**



Front Light: A white light on the front of your bike.

Rear Light: A red light on the back, plus a rear reflector if possible.

Visibility Gear: Consider reflective clothing or accessories to further increase visibility.

Prayer of the Week

Inspired by the teachings of St John Paul II (feast day: 22/10/2026)

Lord, fill young people with the courage
to open wide the doors of their hearts to You.
May they cast aside all fear, embrace their unique gifts,
and step forward in joyful faith to build a true community of love.
AMEN

30th Sunday of Ordinary Time Matthew 22:34-40

Artwork: Acts of Mercy (1915–1920) by Frederick Cayley Robinson

This week we hear more from the Gospel according to Matthew, once again the Pharisees have gathered to test our Lord Jesus Christ. One of them, an expert in religious law, asks Him “teacher, which is the great commandment in the Law?”. There were over 600 distinct laws that the Israelites were expected to follow, not including the 10 Commandments inscribed in stone by God. This is a massively loaded question. Our Lord cuts through the complexity with a two-part summary: love the Lord your God with all your heart, soul, and mind, and love your neighbour as yourself. Concluding the summary by saying that everything in scripture depends on these directives.

At the time, memorising and debating the 613 laws of the Torah was a mark of devout faith, if you could name every law or articulate interpretations on each of them then it was something that would set you apart within the community. It would be something to strive for, but not necessarily for the right reasons, were they doing it because they believed it would make them, their community, or the faith stronger? Or was it so that they could impress their colleagues and feel more important than others who didn't memorise or debate the laws? We know that the religious leaders at the time were very focused on the intricate details, not just because of the memorising of the law mentioned above, but also from other passages in the Gospels where they follow the law to an extreme that could cause people to suffer, such as objecting to healings on the Sabbath. It's, in part, because of this rigid nature that they clash with our Lord so frequently and often miss the bigger picture. Lord Jesus Christ reminds them (and us) that faith isn't a checklist of rules to blindly follow, it's an important guide to live as we are called to. Ensuring that our actions are lead by two things, love for God and love for each other. All of us have a primary vocation to love.



This week we have seen this vocation in action with the Caritas leadership programme, where some 6th form students have made plans and promises to dedicate some of their precious time to show love to the lowly in our community through school leadership and work with the SVP over the next half term. It reminds me of the first letter of St Paul to the Corinthians, in this (ch.13) he speaks about love, he lists many impressive things

that we can do for ourselves or others but stresses “if I do not have love, I am nothing”.

Over the half term break let’s think about how we show love to our neighbour, not friends or family, but those who are within our extended community, the ones whose name we don’t even know. Do we show that our love for God is alive in the way we treat His people?

- Max Morris, Lay Chaplain

Annual Mass for the Deceased

On Wednesday 11th November at 6PM we will have our annual Mass for the Deceased. This solemn occasion is to remember and pray for all our dearly departed loved ones, previous staff and students of the school, but also our family and friends. In addition to this throughout the whole month of November all Masses will be offered for those in our Remembrance book, if you wish to have names of your departed loved ones added to this book please use the appropriate form below. If you would like to join us in this Mass, please use this form here - [Seat Reservation for the Mass for the Deceased – Fill in form](#)

If you are unable to attend but would like to provide names of your departed loved ones to be added to our Remembrance Book, please use this form - [Names of the Dearly Departed 2026 – Fill in form](#)

Chaplaincy News

Weekly Mass: This Thursday we had a joint year 10 and 11 Mass to celebrate the feast of Pope St John Paul II, he was a beloved leader of our Church which was fitting as among the students attending were our current prefects and the students who will be eligible to apply for a prefect role in the coming months. Thank you to Fr Jeff and Fr Selvini for celebrating Mass with us this week. As always I want to thank the students and staff who assisted in this Mass by ushering, reading, serving, providing technical services, and of course a massive thank you to the liturgical band and choir.



Caritas Leadership Programme training day 1: On Wednesday we had our first training day for the new 6th form campaigning and fundraising programme run in collaboration with Caritas Brentwood. This was a full day of training where we covered the basics of campaigning and fundraising followed by planning for events and assemblies focused on the SVP.

Thank you to all the students who have joined the programme and to Maya (13V), one of our school captains, who lead her own workshop to inspire and guide these upcoming leaders.

November Youth Mass: On 05/11/2026 we will be attending the monthly youth Mass at Brentwood Cathedral. This Mass is especially important as it will mark the last youth Mass with Bishop Alan as our Bishop. We will be taking more students to this Mass as a result. We have a few places left and so if you are interested in this or future youth Mass events please speak to Max or Mr Griffin.

Adoration of the Blessed Sacrament: on request of students and staff alike Adoration of the Blessed Sacrament now occurs every Thursday during lunchtime from 13:45. Benediction will be advertised separately and will still occur as an afterschool event.

Talks on Catholic Social Teaching: Caritas Brentwood have organised a number of talks around Catholic Social teaching from Clergy, religious Sisters, and Parishioners who have lived experience in instances of extreme poverty, seeking refuge, and being on the 'outside' of society in a vulnerable state. The Scheduled talks are as follows:

Refugees and People seeking asylum - Saturday, 14th November hosted by St Anne Line Church, South Woodford
12:45pm arrivals - 3:30pm departures **For full details or to book please visit**

<https://www.eventbrite.com/cc/caritas-brentwood-events-4458423>



Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msqr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr Viktor
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies: Information for any vacancies in our Trust schools can be found on our [Assisi Catholic Trust Website](#)

- Holy Family Catholic Primary School - Deputy Headteacher;
- St Thomas More High School - Cleaner;
- St Joseph's Catholic Primary School - LSA;
- Our Lady of Ransom Catholic Primary School - SEN LSA; and
- St George's Catholic Primary School - Admin Assistant.

Our Lady Of Lourdes Primary School Fireworks Night: Join us for a fantastic evening of fireworks, fun and family entertainment at our school! Don't miss out on what promises to be a wonderful evening for the whole family! Book your tickets now and secure your place:

www.ticketsource.com/our-lady-of-lourdes-pta Please help us spread the word by sharing this event with family and friends. We can't wait to see you there!



Parent Reminders and Student Information



Term Dates: Please find the term dates [2026/2027](#)

Calendar for Parents: can be accessed [here](#).

Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing attendance@st-thomasmore.southend.sch.uk. If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through MCAS or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence e.g. appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.

Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

Changes to Contact Details: If you move house, change your email address, mobile telephone number or work contact number, etc. **please remember you can make these changes via your child's [MCAS](#) account.**

Considerate Parking: Thank you for your support and understanding when learning our routines for dropping and collecting students at school, this half term is a busy one and extracurricular clubs and trips are numerous thanks to our dedicated staff. Please **do not use school carparks** for dropping off in the morning or picking up at the end of the school day. The closest collection point is behind the fire station. Cars that attempt to drive in at the end of the day cause congestion and are a hazard. Please remember that this exit is also the main pedestrian exit from the school. If using the local area to park, please be considerate to our neighbours and local community **by not parking on double yellow lines or blocking driveways. Please do not 'drive by' to try and drop off or pick up or use surrounding roads** which get congested. Thank you for your co-operation. **After school activities and fixtures:** if you are collecting your child from a fixture or activity after school, please do not park in the double bays at the front of the school and block other cars in.

Respiratory illnesses and flu cases are currently on the rise. We encourage you to ensure your child receives their flu vaccination. You can choose between the quick and painless nasal spray vaccination or the injectable vaccine, which is porcine and gelatine-free. Vaccination not only helps protect your child from becoming seriously unwell but also helps protect vulnerable family members and the wider community. We currently have several community catch-up clinics available. Please use the link below to book an appointment. If you previously declined consent when we visited your child's school, you can still change your decision and book an appointment. Alternatively, please contact our office on 01245 984145, and a member of our team will be happy to arrange a clinic appointment for you.

<https://www.essexchildrensimmunisations.co.uk/Book-a-clinic-vaccination>

Please note that GP practices are not routinely providing flu vaccinations for healthy children in Reception through to Year 11. Thank you for your support in helping us protect children and communities against the flu. We hope you have a restful and well-deserved half-term break.

Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://st-thomasmore.southend.sch.uk)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about DEEPFAKES

A deepfake is a piece of artificial intelligence (AI) trickery designed to make you believe that a person has said or done something they haven't. AI models are able to use audio, video and photos of a subject to produce misleading mimics. Initially unsophisticated and easy to spot, deepfakes are improving every day. And with the spread of user-friendly AI, it's easier than ever for children to make their own, or be the unsuspecting target of them.

WHAT ARE THE RISKS?

A BULLYING RISK

AI has got easier to use and more widespread, making it a "gift" to bullies. Children can generate fake audio of peers saying damaging things, or pictures of them doing something embarrassing. More disturbingly, Metro recently highlighted cases where fake sexualised images of teens are spread through social media. Mainstream apps don't allow this usage, but with AI becoming widespread, easy-to-use sites without guardrails keep emerging for darker uses.

FAKED CELEBRITY ENDORSEMENTS

With the technology getting easier to use and public figures having lots of clips for training, celebrities are a frequent target. According to McAfee, the most deep faked celebrities are Taylor Swift, Scarlett Johansson, Jenna Ortega, Sydney Sweeney and Sabrina Carpenter, and their AI dopelgangers are usually pushing scams. Even YouTuber MrBeast has been deepfaked by scammers on TikTok. It can be used for propaganda too, making politicians appear to do or say things to improve or harm their reputation.

FAKE FAMILY SCAMS

With a few seconds of audio – from an Instagram reel or TikTok – scammers can clone a person's voice. They can then use this to scam relatives with phone calls asking for money or assistance. This is a widespread tactic for scammers, with the FBI reporting 22,000 such cases in 2025, defrauding victims out of \$893 million that year alone.

EXTORTION RISK

You might not be the one being tricked by a deepfake – you could also be the star of it. Blackmail videos are as old as film itself, but with deepfake technology you don't have to have done anything wrong to be a target. A deepfake video showing a person in an uncompromising position could make the victim pay up, even when the content never happened.

Advice for Parents & Educators

KEEP PROFILES PRIVATE

To make a convincing deepfake, you need a supply of images, audio or video of the subject. That means that most non-celebrity victims are targeted via social media where there's a ready-made repository of media to train a deepfake from. Most social media companies have privacy settings to prevent unauthorised access. Enable these to keep strangers and bullies away.

KNOW WHAT TO LOOK FOR

While deepfakes are getting harder to spot, there are still telltale signs to look out for. Deepfake creation can leave blurry edges and flickering textures, especially around hair and teeth. It can also look too sleek, with models often trained on professional video. Make sure the mouth shapes match the spoken words, too. As for audio, listen out for mispronounced phrases and a slightly unusual, robotic rhythm of speech.

USE RESEARCH AND COMMON SENSE

Even perfect deep fakes rely on trust, so think critically. If it's someone you know claiming to need help, then ask them to prove they're who they say they are with an inside joke. For public figures, try Googling the person along with a bit of the contentious speech in quotation marks. Also question why you're seeing the video. If it's a paid promotion, then ask yourself who's paying and why. If someone is sharing the clip, do they dislike the target?

TALK TO YOUR CHILDREN

As well as emphasising the need for privacy and to not trust everything they see online, it's important to ensure children realise why deepfakes are problematic in the first place. With deepfake technology getting more accessible and easy to use, children can start using the technology to make deepfakes of schoolmates, teachers or other adults. Ensure they're aware of the serious trouble the technology can cause, and the ethical problems of manipulating someone's image without consent.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of The Guardian, The Telegraph, The i, Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

#WakeUpWednesday

The National College

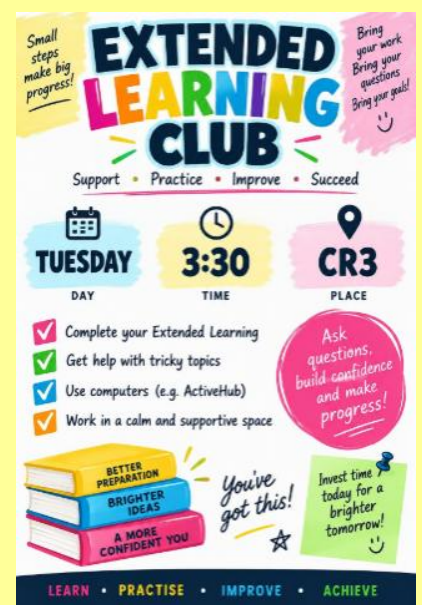
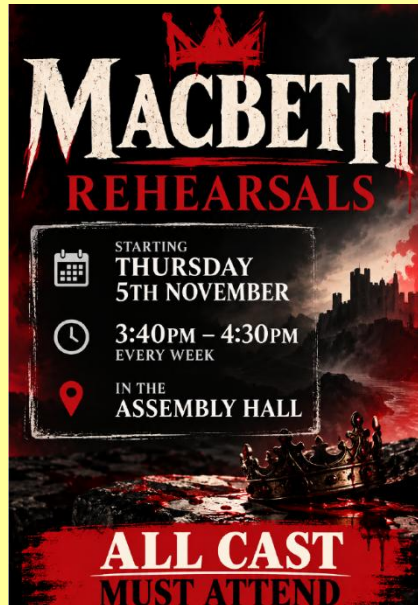
 @wake_up_weds  /www.thenationalcollege  @wake.up.wednesday  @wake.up.weds

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Departmental News



Our [Amazon Wishlist](#)! Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading.



Moot Competition (mock court): On Friday last week, four sixth form students competed in Round 1 of the Moot Competition (mock court) at Giles Wilson Solicitors. Facing professional judges, Lucy and Ella delivered 'articulate' arguments representing the defence. After a fantastic performance speaking for 15 minutes each, they won their case against Westcliff High School for Girls. A big shoutout also to Logan and Kasey for helping with preparation as reserves. We now wait to see if the students have been chosen to go through to Round 2. Well done! Mr Millham



British Airways Academy Trip - 20th October 2026: This week, Mrs Morrison and Mr Pereira took a group of students to British Airways' Global Learning Academy near Heathrow Airport where students had the rare opportunity to step into the world of professional aviation training, learn directly from industry experts and



experience some of the challenges faced by pilots and cabin crew. Throughout the day, the group worked alongside two qualified crew trainers and spoke to real BA pilots and cabin crew. It was a truly inspiring experience that gave everyone a fascinating insight into the world of aviation and the teamwork, training and expertise required to operate an aircraft safely. The action-packed day included exploring aircraft safety and emergency equipment, learning about pilot incapacitation, experiencing an A320 emergency slide descent, practising with a slide raft and tackling a smoke chamber and fire rig exercise. Students also took part in a cabin evacuation,



followed by a debrief highlighting the vital importance of teamwork, communication and staying calm under pressure. It was a truly exciting and inspiring experience, bringing learning to life and giving students a unique insight into the skills needed to keep passengers safe in the skies. A huge thank you to British Airways and their fantastic trainers for such a wonderful day. Who knows — we may have some future pilots and cabin crew among us!



CrimeStoppers.

0800 555 111

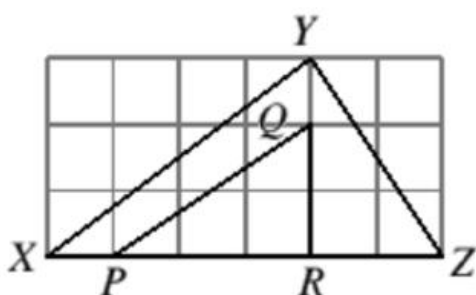
100% anonymous. Always.

Year 9 Hate Crime Awareness Assembly: Our Year 9 pupils took part in an informative and thought-provoking assembly delivered by **Stephen Parker from Essex Fire and Rescue Service**, focusing on hate crime and the importance of promoting respect, tolerance and inclusion within our communities. The assembly helped pupils develop their understanding of what

constitutes a hate crime, the impact that prejudice and discrimination can have on individuals and communities, and the importance of challenging hateful behaviour. Stephen highlighted the importance of **reporting hate crimes and incidents**, ensuring that those affected receive support and that unacceptable behaviour is not ignored or allowed to continue. Pupils were also reminded that their actions and online behaviour can have long-term consequences, particularly when considering future education and career opportunities. Employers may carry out social media checks as part of their recruitment process, and discriminatory, offensive or hateful content posted online could damage future employment prospects. The message was clear: **think carefully before you post, share or comment online**. Stephen also emphasised that if someone witnesses or experiences a hate crime but does not feel confident contacting the police directly, they can report information anonymously through **Crimestoppers**. Speaking up and reporting concerns can make a real difference, helping to protect individuals and communities. The session was a valuable opportunity to reinforce our school values and the importance of standing up for others, showing compassion and celebrating the differences that make our communities stronger. We would like to thank Stephen for delivering such an important session and for helping our pupils understand how they can play their part in creating a safer, kinder and more inclusive society.

How to report a hate crime anonymously If you have information about a hate crime but do not feel confident contacting the police directly, you can contact Crimestoppers, an independent charity that allows you to share information 100% anonymously. Telephone: 0800 555 111 (freephone, available 24 hours a day) Online: www.crimestoppers-uk.org Crimestoppers will not ask for your personal details. Remember, if you or someone else is in immediate danger, call 999.

Triangles XYZ and PQR are drawn on a square grid. What fraction of the area of triangle XYZ is the area of triangle PQR ?



Maths Problem of the Week

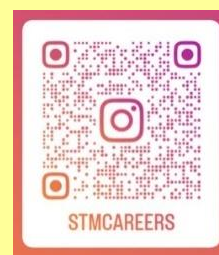
Answer to last weeks problem: 16 pieces.



Alumni Information [can be found here](#).

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)

Southend Careers Service Events: a list of 6th Form and colleges open events for 2026/27 can be found on our website use the following [link](#) to take you there.



[Webinars & Workshops - Amazing Apprenticeships](#)

Where Next booklet is a useful tool for parent/carers to use to help support theirs and their child's understanding of what careers pathways and next steps they can actively support them taking.

CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Poetry Corner No.111

What If This Road

by Sheenagh Pugh

What if this road, that has held no surprises
these many years, decided not to go
home after all; what if it could turn
left or right with no more ado
than a kite-tail? What if its tarry skin
were like a long, supple bolt of cloth,
that is shaken and rolled out, and takes
a new shape from the contours beneath?
And if it chose to lay itself down
in a new way; around a blind corner,
across hills you must climb without knowing
what's on the other side; who would not hanker
to be going, at all risks? Who wants to know
a story's end, or where a road will go?

[Susan Wokoma reads 'What if this road' by Sheenagh Pugh](#)

Sports News



PE Students of the Week: Our first winner this week is Amari from Year 8. Amari scored back-to-back hat tricks in the recent Year 8 football matches and was undoubtedly man-of-the-match in both games. Our second winner is Cormack from Year 9 for his outstanding performance in our U15 rugby match against Eastwood. Well done to both boys.



Thorpe Hall Cross Country Relays: Last week, the top four runners in Years 7,8, 9 and 10 went to Thorpe Hall for a Cross Country Relay Event. Each runner had to do one lap of the 1.2km course, with some races in some very wet and windy conditions. Particular mention to the

Year 7 team of Lenny, Bentley, Finley and Nathan, who secured medals for finishing as the 3rd placed school. We now turn our attention to House Cross Country after half term, which will inform selection for the Borough Cross Country Competition at Blenheim Park. Thank you to Mrs Hardiman for her help supporting the runners as well as Mr Sheridan and Mr Bass on the day. Well done to all boys involved.



Year 7 House Rugby: This week over 50 students

took part in the first House Sporting Competition this year, which saw Year 7 forms battling it out in House Rugby. In a round robin format, some excellent rugby, teamwork and camaraderie was on display, with some students playing for



the very first time. Davids came out on top, remaining unbeaten to secure top spot, closely followed by Georges in 2nd and Andrews in 3rd. We now turn our attention to the U12 Essex Rugby Festival which takes place after half term. Well done to all boys who took part.



U14 National Cup Basketball vs Fitzwimarc – Won 90-58: A really strong performance from the U14 combined year 8 and 9 team in the first fixture of the National Cup competition. We took a 26-10 lead into the second quarter with great plays from Dereck, Matthew and Drieden Carl. Even though we maintained our lead until half time we conceded a hefty 22 points in the second quarter. After the half we really started to pull away making some great stops defensively and added to our tally and went on to win the game comfortably. Thanks to Josh and Mr Bass for tabling and keeping the score board up to date. Mr Spillett/Mr Bell

Year 11 Football vs Cecil Jones – South East Essex Cup – Won 7-0: The year 11 team continued a great run of form and are now have played 4 and won 4 this year. Lots of changes to the team meant that some less familiar faces represented the school side in cup competition with Shay playing against his former school, alongside Josh and Alfie called up for appearances. It was Josh who opened the scoring on the left hand side with a neat finish past the Cecil keeper. Luis added a brace with 2 easy finishes from close range. Oliver added a similar close range follow up goal and then stunning strike from outside of the box to make it 6-0. Luchi added a 7th with the keeper spilling a shot at his feat which he neatly put away. Mr Spillett

Fixtures

DATE	FIXTURE	TIME
Mon 2 Nov	U16 Basketball v St Clere's (H)	2.15pm
Tue 3 Nov	Year 7 Basketball v Gateway (A)	Leave 2.30pm Return 5.30pm
	U15 Basketball v Royal Liberty (A)	Leave 1.15pm Return 5pm
Wed 4 Nov	Borough Badminton @ SHSB	Leave 3.30pm Return 5.15pm
Thu 5 Nov	House Cross Country	Year 7 & 8 - 8.40am - 9.20am Year 9 & 10 - 9.30am - 10.10am
	U14 Basketball v Shenfield (A)	Leave 3.10pm Return 6pm
Fri 6 Nov	Year 7 National Football v King John (H)	1.30pm kick off
	Year 8 Essex Cup Football v Cecil Jones (A)	Leave 3.30pm Return 5.30pm
	Year 11 National Cup Football v WHSB (H)	4pm
Mon 9 Nov	Year 7 Basketball v Riverside (H)	4pm
	U14 Basketball v King John (A)	Leave 3.30pm Return 5.45pm
Tue 10 Nov	U14 Rugby Festival @ WRFUC	Leave 1pm Return 4pm
	U15 Basketball v Chase (A)	4pm Return 5.45pm
	U18 Basketball v SHSB (A)	4pm Return 5.45pm
Wed 11 Nov	Borough Cross Country @ Blenheim Park	Leave 9.30am Return 12pm
	1st XI Football v King John (H)	2pm
Thu 12 Nov	Year 7 Basketball v Coopers (A)	Leave 2.30pm Return 5.45pm
Fri 13 Nov	No fixtures	

Extra-Curricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)
Breaktime	- Personal Prayer 11.10-11.25am (Chapel) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am
Lunchtime	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.00pm - Chess Club 1.30-2.25pm (RE3) - Anime and Manga Club 2-2.25pm (Library) max 30 students - Breakout and Games Club Years 7-11 1.35-2.25pm (RE1) - Liturgy Band 1.30-2.25pm (Mus 1) - Business Careers Years 11-13 1.30-2.25pm (BS2)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.25pm - History Club 1.30—2pm (RE3) - Latin Club Years 7-9 1.45-2.25pm (RE4) - Culture Club (Literature, Arts, Culture and Society) Years 9-13 1.30-2pm (E8) - Transformers Club Years 7-9 1.30-2.25pm (Lab 8) - Junior Rock Band Years 7-9 1.30-2.25pm (Music 1) - Jazz Band - By Audition 1.30-2.25pm (Music 2)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.25pm - The Caritas Team 1.30-2pm (E4) - Dungeons and Dragons 1.30-2.25pm Eat before attending! (Lab 2) - Computer Science Club Years 9-11 1.30—2.30pm (CR5) - Choir (Mus 1) - Philosophy Club Years 7-9 1.30-2pm (RE4)	- Adoration (guided prayer) 1.45-2.25pm (Chapel) - Library 1.30-2.25pm - Pokémon Club 1.30-2.25pm Eat before attending! (Lab 2) - Aviation Club 2-2.25pm (MFL3) - Cards Club 1.30-2.25pm (M2) - Folk Band 1.50pm (Music 1) - Classics Club Years 7-9 1.30-2pm (RE4) - Chess Club 1.30-2.25pm (RE3) - Guardians of the Garden 2-2.25pm (Garden) - Harry Potter Club Years 7-9 1.30-2pm (CR1) - Warhammer 1.40 – 2.20 (Lab 1) - Creative Writing Club – 2pm (E9)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.00pm - Film Club Years 7-10 1.30-2.25pm (BS1) - Star Wars Club 2-2.25pm (Library) max 30 students - Cards Club 1.30-2.25pm (M2) - Bible Study 1.35-2.25pm (RE4) - Astronomy Year 10 1.30-2.25pm (M6) - Drama Club 1.50-2.25pm (H3) - Origami Club 2-2.25pm (RE3)
After School	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Computer Science Club Years 9-11 GCSE, BTEC & A-Level students 3.30-4.30pm (CR5) - Extended Learning Club 3.30-4.30pm (CR3) - Silver DofE 3.30-4.30pm (Eng 10)	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Morley's music lessons - Silver DofE 3.30-4.30pm (Eng 10)	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Lab Rats Years 7-8 3.40 – 4.20pm (Lab 1) - Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) - Senior Rock Band - By Audition 3.30 – 4.40pm (Music 1) - Morley's music lessons	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm

Note: Clubs with no mention of year groups are open to all year groups

PE Extracurricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Sixth Form Gym (IFA) '5 Ball Basketball' Year 9-11 (RHE)	All Years Astro (RDY) All Years Badminton/Volleyball (SB) Year 9-11 Gym (LSH)	Sixth Form Gym (IFA) Yr7-10 Indoor Athletics (AAC) Sports Hall	Yr9-10 Track & Field Fitness Suite (AAC) Darts Club in PE1 (SB) Year 7 &8 Futsal (EK)	Sixth Form Gym (IFA) Yr7-10 MDR - Run Club Green Gate (AAC) Sixth Form Basketball (SB)
1.35 - 2.25pm	Year 7 Basketball (RDY) Year 11 Astro (NSP) Sixth Form Girls Gym (GRO)	Year 10 Astro (TH) Year 10 & 11 Basketball (SB/RHE)	Year 8 Astro (LSH) Year 8 & 9 Basketball (JTB/NSP)	Racket Sports (JH) Year 7 Astro (JTB)	Year 9 Astro (RDY) Sixth Form in Sports Hall (SB)
3.30 - 4.45pm	Year 7 Football Training (JTB) FIXTURES	Year 8 Football Training (LSH) FIXTURES	FIXTURES/MEETINGS	Year 9 Football Training (RDY) FIXTURES	Year 10 Football Training (MH/AH) FIXTURES



ST THOMAS MORE HIGH SCHOOL

Y11 REVISION TIMETABLE 2026 - 2027

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 8:00AM - 8:30AM				
	ENGLISH (SETS 5 - 9) E4 RC		MATHS M2 MAR	ENGLISH E11 GDO
LUNCH 1.30PM - 2.25PM				
ENGLISH (SETS 6-9) E3 1.30-2PM		FOOD PREP MUS2 1.30-2PM SMN		
BUSINESS STUDIES BS1 1.35-2.05PM LMY (INVITE ONLY)	SCIENCE (COMBINED / TRIPLE) LAB7 1.30-2.05PM EJO	BUSINESS STUDIES BS1 1.35-2.05PM LMY	ENGLISH E8 1.30-2PM CHE	GEOGRAPHY G1 1.30-2PM JH
TECH TECH 2 1.30-2.25PM KBA	ART ART2 1.30-2.25PM KAY	MATHS (FOUNDATION) M5 1.30-2PM JSR	MUSIC MUS1 1.30-2.25PM LDIX	TECH TECH 2 1.30-2.25PM KBA
MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	ART AR2 1.30-2.25PM KAY	HISTORY (WEEK 2) H1 1.30-2PM KDO	RE (AFTER XMAS) 12 MARK CLINIC TMI
ENGLISH LIT (SETS 1-3) E8 1.35-2.05PM DTJ		ENGLISH E7 2-2.25PM DCO		
		COMPUTER SCIENCE CR5 1.40-2.20PM CCO		
		PE PE1 2-2.25PM JTB/NSP		
AFTER SCHOOL 3.30PM - 4.30PM				
CREATIVE IMEDIA COURSEWORK CR2	SCIENCE LAB6 SJO	COMPUTER SCIENCE CR5 CCO		GEOGRAPHY G1 JH
MUSIC MUS1 LDIX				