

CONTACT

No. 1743 – Friday 9th October 2026



Yr. 7 Welcome Mass: takes place on **Thursday 15th October 2026 at 5.30pm**, we will celebrate together followed by refreshments. Full information has been sent out to year 7 parents this week. If you have not done so, please let us know if you will be attending using this [form](#).

GCSE Study Skills and 6th Form Open Evening: **Current Year 11 students** have been invited to a **personalised Sixth Form experience on Thursday 22nd October**. This evening will be tailored specifically to their journey ahead.

Free School Meals: [Application for FSM - St Thomas More High School](#) Due to government changes more families may now be eligible for free school meals. If you think you may be eligible, please complete your details on the link above.

2Johns Workshop for Parents: The link to the parent event delivered by the 2 Johns on Monday evening is available [here](#). All we request is that the session is not downloaded or stored in any format. The link will be valid for 28 days.



Lights Required for cyclists: With the darker evenings drawing in, it won't be too long before it is dark at the end of the school day. This is a reminder to all cyclists to ensure your bike is equipped with proper lights. Riding with front and rear lights is not just essential for your safety, but it's also a legal requirement to help you stay visible to others on the road. **Please check:**

Front Light: A white light on the front of your bike.

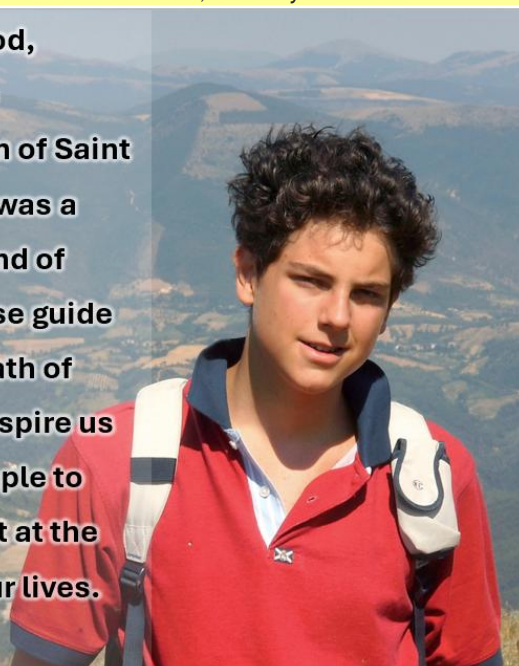
Rear Light: A red light on the back, plus a rear reflector if possible.

Visibility Gear: Consider reflective clothing or accessories to further increase visibility.

Prayer of the Week

In honour of St Carlo Acutis, feast day 12/10/2026

Almighty God,
through the
intercession of Saint
Carlo, who was a
faithful friend of
Jesus, please guide
us on the path of
holiness. Inspire us
by his example to
place Christ at the
centre of our lives.
AMEN



28th Sunday of Ordinary Time

Matthew 22:1-14

Artwork: Parable of the Royal Wedding (circa 1570) by Pieter Aertsen



This week we hear from the Gospel according to St Matthew, in this our Lord Jesus Christ shares another parable with the chief priests and elders; a king prepares a lavish banquet for his son's wedding, but the guests who were originally invited ignore the summons, they are too busy with work. In response the king tells his servants to go out into the streets and invite everyone they can until the wedding hall is completely full. When the king enters to greet all of the guests he sees that one man is not wearing a wedding garment. This guest gets cast out. Our Lord concludes by saying "for many are called, but few are chosen". This is the Parable of the Wedding Feast.

There are a few things going on here. Firstly the setting, this grand wedding feast, a place of joy and celebration, this represents the Kingdom of Heaven. The originally invited guests are a curious group, within the context of the story they were invited by the King ahead of the event, they had time to arrange for people to cover their work or whatever distractions would end up keeping them. It would be rude to miss a wedding you're expected at, especially as in this story the original guests are summoned when the food is in place so they are cancelling last minute, but it would be a massive act of rebellion to do this to a King. Something that many past rulers would punish severely for. These original guests accepted an invite and then made no effort to come. So the King invites new people at the last minute, people off the street, those who are seemingly unprepared. However when they arrive at the banquet most of these people are gracious and make sure they are dressed appropriately, they literally change – into a wedding garment (so changing clothes) in the Parable, but this is about changing and becoming suitable for the Kingdom, in the same way that you should wear appropriate clothing to a wedding. One of these new guests decides he won't change, a different insult to the King, and is thrown out of the banquet.

This parable is in part about people who accept an invite to God's Kingdom but then allow themselves to be distracted by Earthly things, and about those who expect to enter the Kingdom but refuse to change in any way.

On 12th October the Church celebrates St Carlo Acutis, a teenager who played Pokémon and Halo but still made sure he had time for worship and study, a young man who dressed up like spider-man and played football but clothed himself in a spiritual wedding garment through his love for Christ's real presence in the Eucharist. He was someone who faced similar modern distractions in a way other known saints didn't, but he still found that balance so that he could keep focused on God. This week we think about our invitation to the wedding feast and look to the life of St Carlo for inspiration as we think about what we need to change in our lives to ensure we don't miss the date of the wedding, or turn up unprepared.

- Max Morris, Lay Chaplain

Chaplaincy News

Adoration of the Blessed Sacrament: on request of students and staff alike Adoration of the Blessed Sacrament now occurs every Thursday during lunchtime from 13:45. Benediction will be advertised separately and will still occur as an afterschool event.

Talks on Catholic Social Teaching: Caritas Brentwood have organised a number of talks around Catholic Social teaching from Clergy, religious Sisters, and Parishioners who have lived experience in instances of extreme poverty, seeking refuge, and being on the 'outside' of society in a vulnerable state. The Scheduled talks are as follows:

Homelessness and the Cost of Living - Saturday, 17th October hosted by St Alban's Church, Elm Park 9:45am arrivals - 12:30pm departures

Refugees and People seeking asylum - Saturday, 14th November hosted by St Anne Line Church, South Woodford 12:45pm arrivals - 3:30pm departures

For full details or to book please visit

<https://www.eventbrite.com/cc/caritas-brentwood-events-4458423>



Our Assisi Catholic Trust Family

Schools	Parishes
 Our Lady of Lourdes Catholic Primary School and Nursery	Our Lady of Lourdes and St Joesph Msgr Kevin Hale
 St George's Catholic Primary School	St. George and The English Martyrs Fr. Brett
 Sacred Heart Catholic Primary School and Nursery	Sacred Heart of Jesus Fr. Graham
 St Helen's Catholic Primary School	Our Lady Helo of Christians and Saint Helen Fr. Alex
 St Joseph's Catholic Primary School	Our Lady of Canvey and English Martyrs Fr. Eamonn
 Holy Family Catholic Primary School	Holy Family and St Thomas More Fr. Eduard
 Our Lady of Ransom Catholic Primary School	Our Lady of Ransom Fr Paul
 St Teresa's Catholic Primary School	Catholic Church of St. Teresa and the Child Jesus Fr Viktor
 St Thomas More High School	St Peter's Fr. Jeff

Vacancies: Information for any vacancies in our Trust schools can be found on our [Assisi Catholic Trust Website](#)

Parent Reminders and Student Information



Term Dates: Please find the term dates [2026/2027](#)

Calendar for Parents: can be accessed [here](#).

Absence: If your child is unwell and unable to attend, please notify the school of the reason for the absence on the first day of an unplanned absence by 9am or as soon as practically possible by calling the school and selecting attendance or by emailing attendance@st-thomasmore.southend.sch.uk. If the absence lasts more than one day, please update the school daily. Attending a medical or dental appointment will be counted as authorised if the pupil's parent/carer notifies the school in advance of the appointment. We encourage parents/carers to make medical and dental appointments out of school hours where possible. Where this is not possible, the pupil should be out of school for the minimum amount of time necessary. You can request a leave of absence for exceptional circumstances by through MCAS or alternatively email attendance@st-thomasmore.southend.sch.uk or by collecting a form from Reception. Please keep medical evidence of absence e.g. appointment cards or letters, copies of prescriptions, pharmacy receipts etc in case you need them to provide more details on your child's return to school.

Student Medical Conditions: Please ensure school is made aware of any updates regarding students medical conditions, particularly if they can potentially have an impact on their time in school and require support. Please contact Mrs Walford mwalford@st-thomasmore.southend.sch.uk if you wish to discuss your case in detail.

Changes to Contact Details: If you move house, change your email address, mobile telephone number or work contact number, etc. **please remember you can make these changes via your child's MCAS account.**

Considerate Parking: Thank you for your support and understanding when learning our routines for dropping and collecting students at school, this half term is a busy one and extracurricular clubs and trips are numerous thanks to our dedicated staff. Please **do not use school carparks** for dropping off in the morning or picking up at the end of the school day. The closest collection point is behind the fire station. Cars that attempt to drive in at the end of the day cause congestion and are a hazard. Please remember that this exit is also the main pedestrian exit from the school. If using the local area to park, please be considerate to our neighbours and local community **by not parking on double yellow lines or blocking driveways. Please do not 'drive by' to try and drop off or pick up or use surrounding roads** which get congested. Thank you for your co-operation. **After school activities and fixtures:** if you are collecting your child from a fixture or activity after school, please do not park in the double bays at the front of the school and block other cars in.



Southend Educational Psychology Service

Upcoming Parent Coffee Mornings

Introduction to Barriers to School Attendance (Part 1)

Designed to support parents and carers of both primary and secondary-aged children, this session provides a clear introduction to Emotionally Based School Non-Attendance (EBSNA), including key facts, research, and current understanding. It explores common risk and protective factors, helping parents recognise what may make school attendance more difficult, as well as what can support a child's resilience. The session also highlights early signs to look out for when a child may be beginning to experience EBSNA. In addition, parents will be introduced to early intervention strategies, the role of multi-agency support, and a range of helpful services and resources available to support both children and families.

05/11/2026- 10am-11am, Online via Microsoft Teams
26/11/2026 - 10am-11am, Online via Microsoft Teams
21/01/2027- 10am-11am, Online via Microsoft Teams
03/02/2027 - 10am-11am, Civic Centre, Committee Room 3
20/04/2027 - 10am-11am, Online via Microsoft Teams
10/06/2027- 10am-11am, Civic Centre, Committee Room 3

If you are joining a session online, via Microsoft Teams, please email: EPTeam@southend.gov.uk for the meeting link.



Southend Educational Psychology Service

Upcoming Parent Coffee Mornings

Barriers to School Attendance (Part 2)

Our part two parent session to 'Barriers to School Attendance' equips parents with practical tools and early-intervention strategies to support their child's attendance from home. It helps families better understand the reasons behind emotionally based school Non-Attendance (EBSNA) and why consistent support is so important. The session is designed to build confidence and hope, offering clear, achievable steps parents can take to make a positive difference.

08/12/2026- 10am-11am, Civic Centre, Committee Room 6
09/02/2027- 10am-11am, Civic Centre, Committee Room 6
18/03/2027 - 10am-11am, Online via Microsoft Teams
06/05/2027- 10am-11am, Civic Centre, Committee Room 3
22/06/2026- 10am-11am, Online via Microsoft Teams

If you are joining a session online, via Microsoft Teams, please email: EPTeam@southend.gov.uk for the meeting link.

Spotlight on Wellbeing and Keeping Safe

Please don't forget that staff are here for you and your children, and you can get in touch with Mrs Walford via welfare@st-thomasmore.southend.sch.uk if you need some support. Parental factsheets on various topics are available on our website under the Safeguarding section, [Parent Fact Sheets \(st-thomasmore.southend.sch.uk\)](https://st-thomasmore.southend.sch.uk)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WHAT'S REAL ONLINE

Children are growing up in a digital world where seeing and hearing no longer mean they can always believe. One major emerging concern is what UNESCO describes as 'synthetic media': AI-generated audio, images or video, including deepfakes, that can convincingly imitate a person's voice or likeness. As these tools become easier to access, children may encounter manipulated content, cloned voices, and fabricated messages that appear or sound real. Parents and educators therefore need to help them question what they experience online, which can often feel harder when we're experiencing it for the first time, too.

WHAT ARE THE RISKS?

AI-GENERATED CONTENT

Artificial intelligence can now create realistic images, audio, video, and text in a very short time. Online, children may encounter fabricated news clips, AI 'influencers', fake screenshots, or entirely invented events without ever realising they are fake. The real challenge is that this content often looks polished and convincing. Parents and educators need to help children understand that professional-looking content is not automatically reliable and that all digital material should be questioned before it is trusted or shared.

VOICES CAN BE CLONED

AI tools can copy someone's voice using only a short audio sample. A child may receive a call or voice note that appears to come from a parent, friend, teacher, or trusted adult, but the audio is not genuine. These messages can be used to create panic, request money, obtain information, or pressure a child into secrecy. Hearing a familiar voice is no longer enough to confirm someone's identity, especially when a message is urgent or unusual.

DEEPAKES LOOK CONVINCING

'Deepfakes' use AI to alter or create images and videos that appear to show a real person doing or saying something that never happened. They are sometimes used to spread false information, embarrass someone, or target people through bullying and image-based abuse. Even when others know the content is fake, the emotional and reputational impact can still be significant – and, in some cases, potentially life threatening. Deepfakes therefore need to be treated as both a digital literacy and safeguarding concern.

ACCOUNTS MAY BE FAKE

Not every online profile represents the person it claims to be. Fake accounts may impersonate another pupil, a teacher, a family member, or someone connected to the school. They can be used for acts such as bullying, scams, grooming, or manipulation. A convincing photograph, username, or message history does not prove that an account is genuine. Children should be cautious when someone asks for their or someone else's personal information, images, passwords, money, or access to private conversations.

FALSE INFORMATION SPREADS

Misinformation is false or misleading information shared without necessarily intending harm, while disinformation is deliberately created to deceive others. Both types can spread quickly through social media, messaging apps, and video platforms. Their popularity, repetition, and confident presentation can make these false claims feel true. Children may also be more likely to trust content shared by friends, influencers, or familiar accounts, making source-checking and verification essential parts of developing their digital literacy.

ALGORITHMS INFLUENCE REALITY

Many online platforms, such as social media, are shaped by algorithms that recommend content based on what users view, like, search for, and share. This means children do not see a neutral or balanced version of the world. They may repeatedly encounter similar opinions, misleading claims, or increasingly extreme content. Over time, this repetition can make an opinion feel more common or credible than it really is, because the child may never see this opinion opposed or countered.

Advice for Parents & Educators

PAUSE, CHECK, COMPARE

Teach children not to accept content as true simply because it looks professional, sounds confident, or has been widely shared. Encourage them to pause, identify the original source, check the date, and compare the claim with another reliable source. Ask questions such as: Who created this? What evidence is provided? Could anything have been altered? What is the real motive? Regular, age-appropriate practice helps children develop the critical thinking needed to navigate their online worlds.

KEEP TALKING OPENLY

Create regular, non-judgemental conversations about what children see, hear, and experience online. Make sure you use parental controls where appropriate and understand each platform's age restrictions. Asking children about new platforms, influencers, unusual messages, or content they are unsure about can help open up valuable conversations. Avoid immediately blaming the child or removing their device, as this may discourage them from disclosing their concerns in the future.

VERIFY ANOTHER WAY

A familiar face, voice, or account is no longer enough to confirm someone's identity. If a message is unusual, urgent, or asks for secrecy, money, personal information, or immediate action, children should verify it through a separate route. They should be encouraged to call the person directly using a known number, speak to them face to face, or check with another trusted adult. Families can also agree a private 'code' phrase to help them authenticate genuine emergency messages from each other. This should be something random, non-personal, and known only to the family.

SAVE, REPORT, SUPPORT

When fake content, impersonation, or manipulation targets a child, take it seriously, even if the material is fabricated. Save relevant messages, usernames, links, and screenshots without sharing the content any further. Report it through the platform, follow safeguarding procedures, and escalate concerns involving threats, grooming, sexual content, coercion, or extortion. Remind children that creating or sharing this content, even as a so-called 'joke', can have serious consequences for them and others, and may be difficult to remove once shared online.

Meet Our Expert

Phillippa Wraithmell is an educator, author and digital transformation specialist with expertise in digital safeguarding, online safety, AI in education and whole-school digital strategy. She is the Founder and CEO of Eduruption and works with schools, organisations and policymakers to help create safer, more ethical and more effective digital learning environments for children and young people.

See full reference list on our website

#WakeUpWednesday

The National College

@wake_up_weds **/www.thenationalcollege** **@wake.up.wednesday** **@wake.up.weds**

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Departmental News



Our [Amazon Wishlist](#)! Friends, family and alumni can donate directly to the school library. We still accept preloved copies from home you may wish to donate, but student and departmental requests for library stock can be found here. The book wish list is chosen and updated by the Library team as texts that benefit the student's reading comprehension, engagement with the curriculum and foster an interest in reading.



This year, as a part of St Thomas More High School's celebrations for the National Year of Reading, we are inviting students in Year 7 & 8 to be involved in our upcoming Scholastic Book Fair. The Scholastic Book Fair offers a variety of texts for students to enjoy—young adult fiction, non-fiction, graphic novels, and more!—and will take place within school from **Wednesday 14th October – Wednesday 21st October**. Students will be brought down to the STM Library in their English set groups to participate. All students wanting to purchase from the fair will need to have a contactless payment applicable device or bring cash with them. This is a fantastic opportunity for students to access high-quality books and explore their love for reading, and we hope this opportunity will provide them ample time to find a novel that they can connect with.



Small steps make big progress!

EXTENDED LEARNING CLUB

Support • Practice • Improve • Succeed

TUESDAY

DAY

3:30

TIME

CR3

PLACE

- ✓ Complete your Extended Learning
- ✓ Get help with tricky topics
- ✓ Use computers (e.g. ActiveHub)
- ✓ Work in a calm and supportive space

Ask questions, build confidence and make progress!

BETTER PREPARATION

BRIGHTER IDEAS

A MORE CONFIDENT YOU

You've got this!

Invest time today for a brighter tomorrow!

LEARN • PRACTISE • IMPROVE • ACHIEVE

The STM Music Department's

Musician of the Month

September

Uche Year 7

Thank you to Uche for:

- Making an enthusiastic start to several ensemble groups.
- Being willing to try new things
- Encouraging other musicians to participate.

Year 8 Mountain Walking – Brecon Beacons: a fantastic effort from the Year 8 Mountain Walkers last weekend in the Brecon Beacons. Good weather was with us for both days. Based at the Libanus YHA near Brecon, the group covered 20km on day 1, traversing the main peaks of the Beacons. Starting from the Storey Arms over Corn Du 873m, Pen Y Fan 886m, Cribin 795m and Fan Y Big 719m and a ridge descent down to the village of Llanfrynach. Day two saw an ascent up Graig Cerrig 626m. The group were exemplary in their conduct, showed great stamina and determination throughout and were a real credit to the school. A big thank you to Dr Arnold, Mr Millham, Mr Heaton, Mr Felicien & Miss Rogers for giving up their weekend to make the trip such a great success. Well done G Mason.

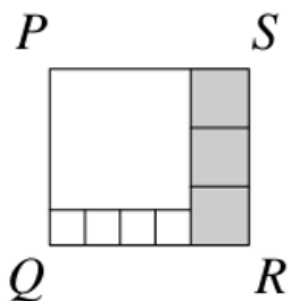


Making a Difference in Southend Youth Council: We are incredibly proud of the impact two of our Year 8 students are already making as members of Southend Youth Council. Both students have thrown themselves enthusiastically into the opportunities available to them and are making a real contribution to discussions, projects and initiatives that affect young people across Southend. A special mention goes to Eli, who has recently been elected as Environmental Officer. Eli has shown tremendous passion for environmental issues and has already contributed to a number of Youth Council projects, including a film project, as well as taking part in an environmental visit over the summer. His enthusiasm, commitment and willingness to get involved are fantastic examples of young people using their voice to make a positive difference. We are equally proud of Zane, who recently made an outstanding contribution to a Youth Council debate. He shared a thoughtful and well-considered point, drawing on what he has learned at school, and spoke passionately about the importance of people working together and the difference we can make when we act collectively. His contribution was met with a round of applause from the whole room – a particularly special moment and a wonderful recognition of the confidence and maturity he demonstrated. It is fantastic to see our students finding their voice, representing their peers and helping to shape the wider community. Their involvement in Southend Youth Council is a brilliant example of our students living out our values of Service, Compassion, Hope and Resilience, while demonstrating that young people can make a genuine difference in the world around them. We are extremely proud of them both and look forward to seeing what they achieve next! Mrs Lindsay

Year 7 Learn About Road Safety with Riot Act: On Tuesday 6 October 2026, our Year 7 pupils took part in an engaging and thought-provoking session delivered by Riot Act Theatre Group, in association with the Safer Essex Roads Partnership (SERP). The *What Went Down* performance explored important road safety issues, including distractions, peer pressure, peer influence and the consequences of our choices. The pupils were encouraged to think about how their decisions can affect not only themselves, but also their friends and the wider community. The performance was followed by an interactive workshop, giving students the opportunity to discuss the themes raised, share their thoughts and consider how they can make safer choices when travelling with friends. A huge thank you to Liam, Alfie and Esther for delivering such an engaging, powerful and memorable session for our students. Their energy and approach helped bring these important messages to life. Mrs Lindsay



The rectangle $PQRS$ is divided into eight squares: one large unshaded square, four small unshaded squares and three shaded squares, as shown in the diagram.
What fraction of the area of rectangle $PQRS$ is shaded?



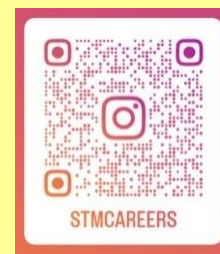
Maths Problem of the Week

Answer to last weeks problem: $\frac{1}{3}$ rd of the boys were left handed.



Alumni Information [can be found here](#).

Aspire: online resources for all things careers/universities and apprenticeships, great for those not sure of the opportunities after GCSE's (POST 16) and A levels (POST 18). Click to find out more [The Aspire Guide - Flipbook - Page 1 \(paperturn-view.com\)](#)



Southend Careers Service Events: a list of 6th Form and colleges open events for 2026/27 can be found on our website use the following [link](#) to take you there.

[Webinars & Workshops - Amazing Apprenticeships](#)

Where Next booklet is a useful tool for parent/carers to use to help support theirs and their child's understanding of what careers pathways and next steps they can actively support them taking

CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

Careers Newsletter can be found [here](#).

Year 11 Information

ST THOMAS MORE HIGH SCHOOL Y11 REVISION TIMETABLE 2026 - 2027

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 8:00AM - 8:30AM				
	ENGLISH (SETS 5 - 9) E4 RC		MATHS M2 MAR	ENGLISH E11 GDO
LUNCH 1.30PM - 2.25PM				
ENGLISH (SETS 6-9) E3 1.30-2PM		FOOD PREP MUS2 1.30-2PM SMN		
BUSINESS STUDIES BS1 1.35-2.05PM LMY (INVITE ONLY)	SCIENCE (COMBINED / TRIPLE) LAB7 1.30-2.05PM EJO	BUSINESS STUDIES BS1 1.35-2.05PM LMY	ENGLISH E8 1.30-2PM CHE	GEOGRAPHY G1 1.30-2PM JH
TECH TECH 2 1.30-2.25PM KBA	ART ART2 1.30-2.25PM KAY	MATHS (FOUNDATION) M5 1.30-2PM JSR	MUSIC MUS1 1.30-2.25PM LDIX	TECH TECH 2 1.30-2.25PM KBA
MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	ART AR2 1.30-2.25PM KAY	HISTORY (WEEK 2) H1 1.30-2PM XDO	RE (AFTER XMAS) T2 MARK CLINIC TMI
ENGLISH LIT (SETS 1-3) E8 1.35-2.05PM DTJ		ENGLISH E7 2-2.25PM DCO		
		COMPUTER SCIENCE CR5 1.40-2.20PM OCO		
		PE PE1 2-2.25PM JTB/NSP		
AFTER SCHOOL 3.30PM - 4.30PM				
CREATIVE MEDIA COURSEWORK CR2	SCIENCE LAB6 SJO	COMPUTER SCIENCE CR5 OCO		GEOGRAPHY G1 JH
MUSIC MUS1 LDIX				

Revision sessions are now up and running and year 11 have been made aware of the range of sessions on offer. It has been heartening to hear from both students and parents asking for advice on what sessions they should be attending; please do get in touch and we will support in any way we can. Starting is often the barrier that is hardest to overcome, and we have seen through the years the tangible benefits revision sessions have beyond just an improvement in grade. These include:

1. Confidence
2. Easing stress/anxiety
3. Feeling more productive

Our internal Sixth Form open evening is on the evening of Thursday 22nd October, it would be wonderful to see as many of you there as possible as it will help to frame year 11 in a way that will give parents and students the opportunity to have conversations with staff. Have a great week. Mr Dooley and Mr Sheridan.

(A full-size revision timetable is included at the bottom of the newsletter)

Sports News



PE Students of the Week: Two winners this week. First is Samuel from Year 7 for his man-of-the-match performance in Year 7 National Cup football this week. His goal line block that led to our equaliser to make it two all was absolutely sensational! Ehimare is our other winner, again for his performance on the football pitch where he bagged a hat trick in the Year 11 victory. Well done to both boys.



Year 7 Football: St Thomas More vs Orsett Heath: St Thomas More secured a phenomenal comeback victory against Orsett Heath, overturning a 2-0 deficit to win 3-2 thanks to a sensational hat-trick from Nathaniel!

The boys started brightly and created some excellent chances in the first half but were unable to find the back of the net. Despite their positive play, Orsett Heath took the lead, leaving St Thomas More 1-0 down at half-time.

The second half got off to the worst possible start when an unfortunate own goal doubled Orsett Heath's advantage to 2-0, leaving the boys with a mountain to climb. However, the team showed tremendous character, determination and belief to fight their way back into the game.

The comeback began with a phenomenal defensive block from Sam, who produced an outstanding piece of defending to prevent further danger. From there, St Thomas More quickly transitioned up the pitch, with Ola delivering an excellent cross into Nathaniel, who finished confidently to make it 2-1 and give the boys hope. With momentum building, Nathaniel struck again to bring St Thomas More level, setting up a thrilling finish. Both teams battled hard, but it was St Thomas More who produced the decisive moment in the closing stages. With



just five minutes remaining, a long throw into the Orsett Heath penalty area caused problems for the defence. Nathaniel was in the right place at the right time, keeping his composure to slot home his third goal of the afternoon and complete a remarkable hat-trick. From being 2-0 down, the boys had turned the game on its head to secure a brilliant 3-2 victory! This was a fantastic example of resilience, teamwork and never giving up. Sam's crucial defensive contribution, Ola's excellent delivery and Nathaniel's clinical finishing were key moments in a memorable comeback. **A brilliant win for the Year 7 boys, who showed that the game is never over until the final whistle!**

Fixtures

DATE	FIXTURE	TIME
Mon 12 Oct	Year 10 Rugby v Eastwood (A)	4pm — Return 5.30pm
	Year 8 Football v Sweyne (H)	2.45pm — Finish 4pm
Tue 13 Oct	U13 Basketball v Riverside (A)	Leave 2.45pm — Return 6pm
	U18 Basketball v New Hall (H)	2.45pm
Wed 14 Oct	Year 8 Football v Chelmer Valley (A)	Leave 1:45pm – 3pm kick-off – return 5:30/5:45pm
	Year 8 Rugby v Eastwood (A)	4pm — Return 5.30pm
Thu 15 Oct	Year 9 Football v Cecil Jones (H)	4pm
	Year 11 Football v Belfairs (A)	4pm — Return 5.45pm
	Badminton competition @ SHSB	TBC*
Fri 16 Oct	Thorpe Hall Relays	Year 7/8: Leave 8.45am; Return 11.20am Year 9/10: Leave 11.15am; Return 1.30pm
	Year 10 Football v Cecil Jones (A)	4pm — Return 5.45pm
Mon 19 Oct	U14 Basketball v Fitz (H)	3.45pm
	Year 11 Rugby v Eastwood (H)	3.45pm
Tue 20 Oct	Year 11 Football v Cecil (A)	4pm Return 6pm
	U18 Basketball v Riverside (H)	TBC
	Year 7 House Rugby	3.45pm Finish 5.15pm
Wed 21 Oct	No Fixtures	
Thu 22 Oct	No Fixtures	
Fri 23 Oct	No Fixtures	

Extra-Curricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)	- Group Prayer 8.15-8.30am (Chapel) - Library 8-8.40am - Music Rehearsal Room 8-8.35am (Music 1) - Beyblade 8-8.35am (Assembly Hall)
Breaktime	- Personal Prayer 11.10-11.25am (Chapel) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am	- Personal Prayer 11.10-11.25am (Chapel) - Music Rehearsal Room 11.10-11.25 (Music 1) - Library 11.10-11.25am
Lunchtime	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.00pm - Chess Club 1.30-2.25pm (RE3) - Anime and Manga Club 2-2.25pm (Library) max 30 students - Breakout and Games Club Years 7-11 1.35-2.25pm (RE1) - Liturgy Band 1.30-2.25pm (Mus 1) - Business Careers Years 11-13 1.30-2.25pm (BS2)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.25pm - History Club 1.30—2pm (RE3) - Latin Club Years 7-9 1.45-2.25pm (RE4) - Culture Club (Literature, Arts, Culture and Society) Years 9-13 1.30-2pm (E8) - Transformers Club Years 7-9 1.30-2.25pm (Lab 8) - Junior Rock Band Years 7-9 1.30-2.25pm (Music 1) - Jazz Band - By Audition 1.30-2.25pm (Music 2)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.25pm - The Caritas Team 1.30-2pm (E4) - Dungeons and Dragons 1.30-2.25pm Eat before attending! (Lab 2) - Computer Science Club Years 9-11 1.30—2.30pm (CR5) - Choir (Mus 1) - Philosophy Club Years 7-9 1.30-2pm (RE4)	- Adoration (guided prayer) 1.45-2.25pm (Chapel) - Library 1.30-2.25pm - Pokémon Club 1.30-2.25pm Eat before attending! (Lab 2) - Aviation Club 2-2.25pm (MFL3) - Cards Club 1.30-2.25pm (M2) - Folk Band 1.50pm (Music 1) - Classics Club Years 7-9 1.30-2pm (RE4) - Chess Club 1.30-2.25pm (RE3) - Guardians of the Garden 2-2.25pm (Garden) - Harry Potter Club Years 7-9 1.30-2pm (CR1) - Warhammer 1.40 – 2.20 (Lab 1) - Creative Writing Club – 2pm (E9)	- Personal Prayer 1.30-2.25pm (Chapel) - Library 1.30-2.00pm - Film Club Years 7-10 1.30-2.25pm (BS1) - Star Wars Club 2-2.25pm (Library) max 30 students - Cards Club 1.30-2.25pm (M2) - Bible Study 1.35-2.25pm (RE4) - Astronomy Year 10 1.30-2.25pm (M6) - Drama Club 1.50-2.25pm (H3) - Origami Club 2-2.25pm (RE3)
After School	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Computer Science Club Years 9-11 GCSE, BTEC & A-Level students 3.30-4.30pm (CR5) - Extended Learning Club 3.30-4.30pm (CR3) - Silver DofE 3.30-4.30pm (Eng 10)	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Morley's music lessons - Silver DofE 3.30-4.30pm (Eng 10)	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm - Lab Rats Years 7-8 3.40 – 4.20pm (Lab 1) - Adoration of the Blessed Sacrament (Holy Hour) 3.50-4.40pm (Chapel) - Senior Rock Band - By Audition 3.30 – 4.40pm (Music 1) - Morley's music lessons	- Group Prayer 3.30-3.40pm (Chapel) - Library 3.30-4pm

Note: Clubs with no mention of year groups are open to all year groups

PE Extracurricular Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.45 - 8.30 am	Sixth Form Gym (IFA) '5 Ball Basketball' Year 9-11 (RHE)	All Years Astro (RDY) All Years Badminton/Volleyball (SB) Year 9-11 Gym (LSH)	Sixth Form Gym (IFA) Yr7-10 Indoor Athletics (AAC) Sports Hall	Yr9-10 Track & Field Fitness Suite (AAC) Darts Club in PE1 (SB) Year 7 &8 Futsal (EK)	Sixth Form Gym (IFA) Yr7-10 MDR - Run Club Green Gate (AAC) Sixth Form Basketball (SB)
1.35 - 2.25pm	Year 7 Basketball (RDY) Year 11 Astro (NSP) Sixth Form Girls Gym (GRO)	Year 10 Astro (TH) Year 10 & 11 Basketball (SB/RHE)	Year 8 Astro (LSH) Year 8 & 9 Basketball (JTB/NSP)	Racket Sports (JH) Year 7 Astro (JTB)	Year 9 Astro (RDY) Sixth Form in Sports Hall (SB)
3.30 - 4.45pm	Year 7 Football Training (JTB) FIXTURES	Year 8 Football Training (LSH) FIXTURES	FIXTURES/MEETINGS	Year 9 Football Training (RDY) FIXTURES	Year 10 Football Training (MH/AH) FIXTURES



ST THOMAS MORE HIGH SCHOOL

Y11 REVISION TIMETABLE 2026 - 2027

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 8:00AM - 8:30AM				
	ENGLISH (SETS 5 - 9) E4 RC		MATHS M2 MAR	ENGLISH E11 GDO
LUNCH 1.30PM - 2.25PM				
ENGLISH (SETS 6-9) E3 1.30-2PM		FOOD PREP MUS2 1.30-2PM SMN		
BUSINESS STUDIES BS1 1.35-2.05PM LMY (INVITE ONLY)	SCIENCE (COMBINED / TRIPLE) LAB7 1.30-2.05PM EJO	BUSINESS STUDIES BS1 1.35-2.05PM LMY	ENGLISH E8 1.30-2PM CHE	GEOGRAPHY G1 1.30-2PM JH
TECH TECH 2 1.30-2.25PM KBA	ART ART2 1.30-2.25PM KAY	MATHS (FOUNDATION) M5 1.30-2PM JSR	MUSIC MUS1 1.30-2.25PM LDIX	TECH TECH 2 1.30-2.25PM KBA
MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	MEDIA STUDIES MS2 1.30-2PM LCA (INVITE ONLY)	ART AR2 1.30-2.25PM KAY	HISTORY (WEEK 2) H1 1.30-2PM KDO	RE (AFTER XMAS) 12 MARK CLINIC TMI
ENGLISH LIT (SETS 1-3) E8 1.35-2.05PM DTJ		ENGLISH E7 2-2.25PM DCO		
		COMPUTER SCIENCE CR5 1.40-2.20PM CCO		
		PE PE1 2-2.25PM JTB/NSP		
AFTER SCHOOL 3.30PM - 4.30PM				
CREATIVE IMEDIA COURSEWORK CR2	SCIENCE LAB6 SJO	COMPUTER SCIENCE CR5 CCO		GEOGRAPHY G1 JH
MUSIC MUS1 LDIX				