

Uploading Work Experience on to Unifrog

2022



Log in, scroll down to

Recording what you've done

The image shows three distinct colored boxes arranged horizontally. The first box is pink and titled 'Activities', with a status indicator 'x Recorded at least 10' and a 'Go to tool >' button. The second box is purple and titled 'Competencies', with a status indicator 'x Completed all 12' and a 'Go to tool >' button. The third box is blue and titled 'Interactions', with a status indicator 'x Missing 17 Interaction types' and a 'Go to tool >' button. Two blue arrows originate from the text below: one points to the 'Go to tool >' button in the 'Activities' box, and the other points to the 'Go to tool >' button in the 'Competencies' box.

Category	Status	Action
Activities	x Recorded at least 10	Go to tool >
Competencies	x Completed all 12	Go to tool >
Interactions	x Missing 17 Interaction types	Go to tool >

Click on Activities then click on Competencies to upload your skills



Add activity

Record what you've done.

Enter the company
you went to



* Your role

eg 'Babysitter for 2 energetic siblings'

0 of 50 characters

What type of activity was it?

Each activity can only be associated with one type.

Check [how to define the different types](#) v

Scroll down and put
'Work Experience'



* Activity type

---- select an activity type ----



Description + achievements

Write like a boss by [following these 5 tips](#) v

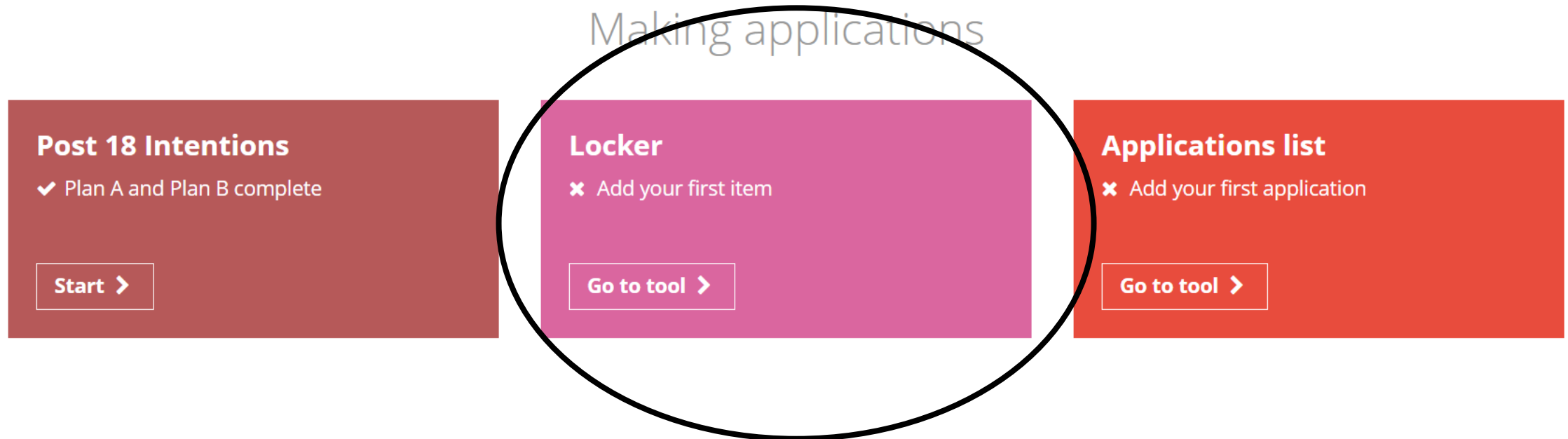
Write what tasks and
skill you learnt on the
day/week



* Description

eg 'Regularly look after younger siblings. Cook healthy dinner, ensure they do their homework.
At times their behaviour is challenging. Keep calm and firm.'

Upload your photograph



Label your photo as the company name and date i.e. Sealife Centre 29.03.22